Welcome to the final newsletter for the term. This is a good time to reflect and breathe out. This term has been a time of renewal. For every student it has been the first time they are in their current class. This is the first time I have been an Acting Director, first time Tim has been an Acting EA. The College of Teachers has grown in membership and is revitalised in their collective work towards our visions. We are also lucky to have a new and totally energised PAFA Executive. The school’s AGM has been held. There are two new Board Members and the association’s membership has grown. It has been an extremely busy start to the year with many improvements to the school grounds, including the new playground outside the hall and the terracing around the basketball court. I would like to thank all the teaching and support staff for their ongoing dedication and commitment to the education and growth of our wonderful students. I would also like to thank the Administration staff for holding it all together and going the extra mile during this time of change as we eagerly await the appointment of a new Director. The staff and students have been working tirelessly on preparations for the Autumn Festival. Have a safe and restful break over the holidays. I look forward to seeing you all again next term.

Zsofia Kennedy
Acting Director

**DATES TO REMEMBER**

- **Friday 4 April**
  Term 1 ends

- **3 Weeks Easter School holidays**

- **Term 2 starts**
  Monday 28 April

- **Monday 12 & Tuesday 13 May**
  School Photos

- **Saturday 24 May**
  Bush Dance

- **Saturday 31 May**
  Working Bee
ADMINISTRATION NEWS
Lost Property
Don’t forget to check the lost property baskets, outside classroom and on the Administration verandah. Any items left after the end of Term 1 will be donated to charity.
Joan, Judy & Mercedes

FAREWELLS
At the end of this term we sadly farewell Eric from the High School and Nyree and Luca from the Primary School. We wish them all the very best for the future.

PRIMARY SCHOOL NEWS
What a great way to finish Term 1 with the Dragon Play Festival and shared community lunch. Thank you to Alan for Directing, the Festival Committee, the Teachers, Class Contacts and all the many helpers. The wonderful hammering, playing, singing, acting and drama that accompanies this festival during Autumn each year is truly a sight to behold. Thank you also for supporting Communify in donating food items which were picked up on Thursday.

At swimming last week I did hear that there was a carnival atmosphere boosted by a number of parents who attended to watch and participate; thank you Meghan for the wonderful work with all the classes. Last Sunday the Moreton Bay Birali Steiner School celebrated its Open Day and it was fantastic to see a number of parents and children from Samford supporting this event, your support is really appreciated.

The Woolworths Earn and Learn package arrived recently and the Primary Faculty unpacked the resources which included some science equipment and Math resources. These will be catalogued and made available to the teachers next term. Thanks to parents for collecting stickers and contributing to this project. Now that Term 1 is complete I would like to wish everyone a restful holiday and peaceful Easter. See you next term.

Chris Jack
Education Administrator

CLASS 7 NEWS
“Children are deepening connections with themselves and the outside world.” We began the year in the realm of King Arthur where the 13 year old child is seeking worthy role models and finding them through the honourable and courageous deeds of the knights. Each child created their own coat of arms, divided it into four, each quarter representing a special part of their own history and life; where they came from, and who they are becoming. It served as a wonderful sharing and good to know we have Swiss royalty and lineage to ‘knights of old’ living in our class. Some of the creativity and artistic work was lovely.
Our second Main Lesson was Mathematics in Man and Nature. The children revisited a few geometrical forms and then discovered through the work of Fibonacci that there is real maths living in the world around them. We constructed Fibonacci spirals, Archimedean spirals, equiangular spirals, all created with mathematical precision and beauty.

We then began to measure our bodies only to discover the laws of the golden ratio living in us, a topic that will be taken up again in the High School and further developed. We are currently finishing a Biology Main Lesson focused on ‘our bodies’. The emphasis has been on how best to look after and nurture our bodies both physically and emotionally. Can I control my breath, my heart rate? Can I make a difference to my shape, skin, and quality of life through what I think, eat and do? How attractive can teeth brushing be……well, we tested ‘activated charcoal’ which is well worth a go……and a good look for Halloween too. Much mystery lies within, and we pondered how amazing our rhythmical and digestion systems really are.

Part of this Main Lesson included preparing a 3 course meal for their parents. They had to cater for parent allergies, and intolerances and lifestyle choices. They had to have one course gluten free and use fresh produce as much as possible. No processed, packet or canned foods. Some children managed their meals with 100% natural, fresh ingredients, some were completely sugar free. There was a homemade chocolate dessert using cacao and coconut oil, seafood entrees that had their own homemade tartare and hundred island dressing sauces, poached pear in spices, iced lemon drinks, layered mousse and salads. It was an outstanding evening; 27 students in the Garden Kitchen, cooking up a storm and they did it magnificently. There will be a recipe book to follow.

Not to mention our special journey with our buddies. Both classes have delighted in sharing time together, playing games, going for walks, making Easter eggs together…and here my lot are measuring their buddies so we can see how much they will have grown by the end of the year!

Lindsey Gallon
**HIGH SCHOOL NEWS**

The last week of Term 1 came so quickly, it sure has been a busy and productive one.

Class 8 are completing their Platonic Solids Maths Main Lesson this week. Class 9 have been away for one week hiking the Bunya Mountains and returned last night. Class 10 have been participating in a Wilderness First Aid Course run by Gareth. It involved 4 days of theory broken up with crazy scenarios involving fake blood ….they were pretty gory looking and I sure am glad I was notified first of the fake blood! Class 11 are completing a chemistry Main Lesson - looking at Elements and Class 12 have been completing their thought provoking History Symptomatology Main Lesson with Dave Rule.

On Thursday the High School students all participated in Games of Courage - all year levels, including Class 7, participate in different games around the High School. They learn to work as teams and to trust their team mates.

Thank you to all who contributed to the Autumn Harvest. “Communify” collected the food donations for distribution on Thursday and were very grateful.

We thank all parents and students for their continued dedication and hard work. Enjoy the 3 week break. The High School office will be attended most of the holidays, however if unattended the Primary School office staff should be available to assist.

Mercedes Logan
on behalf of the High School

**INTERESTING ARTICLES**

**The Sorcerer’s Apprentice: Mind over Machinery** By Douglas Gerwin, PhD

This week we would like to highlight the article written on the Waldorf Today website. It discusses “When Is Technology a Tool? When a Crutch? The Role of Technology in Education”. An interesting read. If you would like to read the full article, please click on this link: [http://www.waldorftoday.com/2013/01/the-sorcerer-s-apprentice-mind-over-machinery/](http://www.waldorftoday.com/2013/01/the-sorcerer-s-apprentice-mind-over-machinery/)
PAFA NEWS
Thank you everyone for your wonderful support throughout Term 1 as we get settled into the routine. We’ve all had a blast and hope to see you all well-rested in Term 2. Remember to check out Friday Foodies on the first Friday at the Hub. Have a wonderful holiday and Easter break from your PAFA executives: Imogen Cusack, Amy Curran, Amy Vella and Angelina Phipson.

IGA Community Key Tags
We distributed the IGA Community Key Tags this week. At the moment we only have enough for one per family. In Term 2 we will have more at the office to pick up if you would like to share amongst your friends and family. Present your barcoded key tag every time you shop at the Drake Supermarket in the Village and a percentage of your shopping will go towards the school!

PAFA AGM
In Week 8 we had our AGM for 2014. It was a lovely well-attended meeting and it was wonderful to see the executives of 2013 again. Thank you to everyone for coming along. For a copy of the minutes, please click on the link within the newsletter email or you could pick one up from the office.

Friday Foodies
In Term 2 we will be hosting a weekly market selling coffee/tea, baked goods, a selection of seasonal locally grown produce, a small variety of seedlings and second hand children books. Friday Foodies will be held at the Hub every Friday from 3-4pm starting in Week 1. So come along and relax with a hot drink and some cake while you catch up with the other parents after a long week.

Please contact us if you are interested in helping us with set-up/pack-up, would like to have a table to sell your own home grown produce or to offer your second hand books for sale by emailing:
info@svsspafa.org.au

There is so much going on now! Please throw us a line if you want to be part of the action!!
Imogen (PAFA President) and Amy (PAFA Vice President)

CLASSIFIEDS
Please note: All Classified Advertisements are submitted by individuals for the community benefit. They do not in any way express the views, opinions, endorsement or policy of the school and should not be relied upon as such.

There is a flat $2 charge for each advertisement and payment is required prior to inclusion.

For Rent
One bed self-contained accommodation in Samford Village. Newly renovated accommodation: one bedroom/open plan kitchen/lounge/separate bathroom/toilet/laundry/ side patio and front porch. Suit professional single or couple. Please no smoking and healthy lifestyle preferred. $260 per week plus bills.

Call Janet 0417 143 981 or email:
jb_maplecottage@yahoo.com.au

House for Rent
Beautiful 5 bedroom Queenslander on 5 acres in Camp Mountain. Round the corner from the Steiner School. Available from August 2014 to January 2015. Cathy 0422 516 075

Samford Community Bank Branch®
Here for you in Samford
By banking with us you are enabling incredible things to happen in your community. We can help you with all your financial needs including personal and business banking. We can also look after all your insurance needs.
Please contact us on 07 3289 6710 or visit us at Shop 10, 19 Main Street Samford.
Art and Emotional Wellbeing Classes for Children
Art based sessions focused on nurturing creativity and positive self-awareness and self-esteem. To start Term 2 or for enquiries for children aged 6-12 years, please contact Sonja Hart: mob-0428026808 email: sonjashart@hotmail.com

Kundalini Yoga and Meditation Classes
The one stop wellness session!
Now at The Gap with Vicki Murtagh. Offering a range of weekly adult classes to suit all ages and abilities – the perfect way to decrease stress in your life. Specialised workshops and events also available.
Go to the website for more information www.brisbanekundaliniyoga.com 0424 707 818 / 0401 442 177.

What do you love about the Samford Valley?
Whatever it is we would like to invite you to share and Celebrate Samford Now!
Animating Spaces - Samford Now is part of a state wide multi-arts initiative designed to revitalise and celebrate significant or unusual spaces within regional communities through locally-driven arts activities and events. Watch this space to find out more about workshops & events or explore the website http://samfordnow.weebly.com/ to find out how to participate. Expressions of Interest are being called for artists, stall holders and volunteers.
http://samfordnow.weebly.com/artists-eoi.html For more info please call Vanessa 0497 106 476

Dental Wellness

Sunshadow Slippers
Sunshadow Slippers available at Foot Health Clinic, Samford. Australian made, natural fibres, hand-painted, washable and biodegradable. Various colours, patterns and sizes. Cnr Mt Glorious Rd and Mary Ring Drive, Samford. Ph: 3289 6050.

Kate Sharp Creative Arts Therapy
MA (creative arts therapy) Grad Dip Art Therapy & Couns MIECAT
Member ACA. Using the Arts, Sandplay & Story to help support times of difficulty & change, to help bring nourishment and equilibrium. Suitable for adults, teenagers & children. E katshar@gotalk.net.au W www.katesharpartstherapy.com Ph: 3289 7227 mb: 0402 884 205.

Sustainable Storytelling
Available for children's birthday parties. Show includes stories and songs written especially for your child, based on astrology and using environmentally friendly puppets. These stories are designed to remind your child of who they are and why they chose to be born upon this earth, in a beautiful, gentle, age-appropriate way. Suitable for ages 6 and under. $100 for half hour show. Includes written copy of story for birthday child. Please call Emma Forsberg on 0400 826 991, or e-mail emma.forsberg1@bigpond.com. Emma is also available for performances at Family Day Care, Child Care Centres and functions.

Astrology Readings and Healings
Astrology is a tool or blueprint which is used to tell us who we are, where we have come from in the past and our life's purpose. A reading can be particular helpful during times of change or trauma, as it can help us find a new direction. Healings help remove emotional and spiritual blockages which can create disease in the physical body. Deep Memory Process sessions (past-life regression) also available for clearing karmic patterns which are being repeated during this life-time.
1 hr session: $50.00
Please call Asa Yanagi on 0414 615 899 for appointments or inquiries.
Yoga Classes Samford
For all: feel good, improve your posture, get flexible and calm your mind. Yoga Chi Gung, Okido Yoga (New!), Iyengar Yoga, Beginners Yoga Classes Mon and Wed 6pm, Childrens classes with new teacher Kelly now running Thursdays. Space for hire at reasonable rates. All enquiries to Camille 3289 2237/ 0421 106 441/ info@sattvayoga.net.au

Birthday Sale - 25% off selected designer fabrics!
To celebrate our first birthday we are having our first-ever sale. Over the coming weeks, selected designers' ranges, including Amy Butler, Lotta Jansdotter, Anna Maria Horner and Tula Pink, will be on sale at 25% off. Don't miss this opportunity to stock up on some quality fabrics from leading international designers at discount prices. Stocks are limited, don't miss out! www.fingertipfabrics.com is an online shop, however if you would like to arrange a private visit to the shop, please contact Helen on 0488 473 550 or helen@fingertipfabrics.com

SHAFT - School Holiday Activities for Teenagers this April School Holidays. This is a council subsidised program for High School students (grades 7-12) in the Moreton Bay region, designed to show them what adventures, experiences and discoveries they can find in their own back yards.

We have put together some of the hottest activities just for you, want to hear the line-up? Grand Prix Go Karting, Parkour, Slacklining, Surfing, Ten Pin Bowling, Wakeboarding the Aqua Fun Park. That’s not even all of them. Don’t worry, we got you covered, Council has subsidised every activity making it super affordable for you, ranging from $2 to $30 (depending on the activity).

But, you must make a booking to secure your spot. Bookings are available from 9am Tuesday 18 March, 2014. Head online to www.moretonbay.qld.gov.au/shaft to make your booking or call 5433 2052 to secure your place. Spaces are limited, so get in fast and get amongst it!

House for Sale
Queenslander 3 levels, wrap around verandahs on 2 levels, 4 large bedrooms, 3 bathrooms, timber kitchen, under cover parking, work shop, storage room under house, 1.5 hectares /dam, salt water pool, hill top position, magnificent views, breezes, abundant bird life, easy walk to Steiner School. Ph: M 0427 591 567  H  3289 2881

NetSetGo Netball
The Samford Netball Club is running an 8 Week Developmental Program. Net Set Go is a fun filled netball program for children aged 5 to 10. It is designed and accredited by Netball Australia for young players. When: 29th April to 17th June 2014 Where: Samford Netball Courts at the Samford Parklands Mt Samson Rd, Samford Time: 4:00pm to 5:00pm (Tuesday Afternoons) Cost: $80 per Player Each Player will receive a Netball Pack Register online: http://samfordnetball.org.au/wsphome.aspx Parents also need to complete the Membership Form which can be obtained by emailing coaching@samfordnetball.org.au Further Enquiries Phone: 0428 648 154