HIGH SCHOOL NEWS
Class 9 Canoe Camp
Last Monday Class 9 began their journey down the Brisbane River from a place named Twin Bridges, just down the road from Wivenhoe Dam. After a few hours practicing our strokes, playing some canoe games and stowing our backpacks, we set off. It wasn’t too long before the first inevitable capsize, and it is a good thing that the river at this point is usually not much more than knee deep.

Thoughtfully packed bags, lined with two or three garbage bags, are remarkably water resistant as was shown by the way our luggage merrily floated off downstream while we struggled to right our overturned vessels.

In its infancy the Brisbane River is little more than a small stream flanked by scrubby bush and cow paddocks. Jumping fish, vibrant birdlife and bending greenery are the natural signatures of this riparian adventure. Enduring the odd rain shower, making steady strokes against a headwind, setting up wing tarps on the

3 weeks for Easter School Holidays
Just a reminder that the school holidays between Term 1 & 2 are for 3 weeks. Term 1 finishes on Friday 4 April and Term 2 starts on Monday 28 April. Our school has an extra week’s holiday after the State Schools return. This 3rd week includes the public holidays on Monday 21 April (Easter Monday) and Friday 25 April (Anzac Day).

Joan & Judy
bank and cooking with friends over a small fuel stove is the work that satisfies us. Writing poetry inspired by the landscape we find ourselves in is our artistic endeavour.

On Wednesday, after portage around the Kholo Weir in the bus, we put in at Kookaburra Park, just next to the Bremmer River and waited for the tide to come in. Paddling against the tide can be hard work and so after some more poetry writing we set off. Most of the cow paddocks gave way to large house blocks and we made a mad dash over the cables of the Moggill ferry. We camped that night on the notorious “Prison Island” at Wacol. We were packed up and on the water again by five the next morning, as shown in the photo, in an effort once again to work with the tides.

Finally the large rural estates gave way to the noise and smell of traffic crossing the bridges at Jindalee and Indooroopilly. After our stay at Pamphlett Sea Scouts opposite the Saint Lucia Golf Course, we were on the home stretch and passed a multitude of rowers, City Cats, skyscrapers and gawking city dwellers until we finally ended our passage in the crosshatched shade of the grey and hulking Story Bridge.

Dave Rule

Call for Seedling Trays
Dear School Community,
The Gardening Program would like to sincerely invite you to donate any old seedling trays that you have accumulated over the years to the school. Part of our work in the garden is plant propagation and we would dearly love for students to be able to take seedlings home and to have some to sell at the markets next term.

We would welcome any donations of four, six or eight part seedling punnets. In fact, any style is fine and any number are welcome. Please leave in the green house at the back of the Garden Kitchen.

Thanks in anticipation.

Dave Rule

ADMINISTRATION NEWS

Farwell
Farewell to the Roberts Family - Karen and Daniel are heading to Darwin with the intention to return in 2016. Thank you for your participation in our community, we wish a smooth transition and look forward to welcoming you back.

Mercedes Logan
Enrolments Officer & High School Administration

PRIMARY SCHOOL NEWS

The RSEGB Inc AGM on Thursday evening was well attended and all the reports indicated that the school is in a strong position. The Board is to be congratulated on this excellent achievement, all done in their ‘spare’ time. Of special note Stephen Havas was honoured with a RSEGB Life Membership for his and his family’s ongoing contribution to the school. Craig Flowers stood down and chose not to restand. The school is especially grateful for the many hours Craig devoted in his position of Secretary. Amanda Bradley and Fiona Garnes both stood down and were re-elected; they shared that they valued this involvement with the school. Continuity is very important and Fiona continues in the role of Vice-President. Karen Dunshea continues as President, Rob Hewitt as Treasurer and Johnathan Horton as Non-Executive Director. I would like to welcome the new Board members, Michael Ryan as Secretary and Alan Drysdale as the anthroposophical representative. I wish them well for the year ahead.

This weekend sees the Steiner Education Australia (SEA) Delegates meeting at the Cape Byron Rudolf Steiner School with representatives from all over Australia gathering to discuss various matters such as the curriculum and teacher training, as well as elect the Executive.
You may remember Samford hosted a delegates meeting in August last year. There was also a regional meeting of the Early Childhood Association, organised by Marilou, at Periwinkle in Byron Bay last Saturday which hosted about fifty participants from South East Queensland and Northern New South Wales. While Samford consolidates and grows, it is very encouraging that more and more people are being drawn to this form of education.

Next Wednesday the Preschool are celebrating with their Autumn Festival and I expect there will be very excited children anticipating this special event around the Autumn Equinox. Festival preparations are well under way in the Primary and High School with songs and melodies we haven’t heard for a year filtering through the trees each morning. The Class 5 Indian Banquet was a huge success on Wednesday evening with children and parents enjoying a night together eating Indian Cuisine and enjoying the entertaining Class 5 presentations.

At Whole School Faculty, Jenny McDonald shared her work in Learning Support and demonstrated various activities she utilises to increase vocabulary and comprehension. Talking regularly with your children, reading to them and hearing them read are all great ways to cultivate literacy. Sonja Rank and Nicole Tribolet spoke about the German Programme and also had the teachers singing and reciting in German. This really helped teachers experience what the students experience in the language Lessons. Last year two High School students participated in the exchange Programme with Germany and returned speaking German! This has been a significant motivation for other students. Learning a Foreign Language is such an important component of the curriculum as it fosters tolerance and openness.

In the final weeks in the Primary School the last Main Lessons for the term are underway: Cardinal Numbers, The King of Ireland's Son, Music, Local Geography, Persia / Babylonia, Geology, The Age of Discovery (Classes1-7). Remember Assembly in week 9!

Until next week,

Chris Jack
Education Administrator

CLASS 4 NEWS
The Class 4 children have had a good start to their year. We started the year with an English main lesson that introduced the students to the world of Norse Mythology- the Gods, the giants, the dwarves, the fearsome Midgard Serpent and Fenrir the wolf, Sleipnir the 8 legged horse of Odin. Freya whose chariot was pulled by two cats, Thor the Thunder who wielded the mighty hammer Mjoliner the Mighty, Loki who stole Goddess Sif’s beautiful golden hair and many more memorable characters.
The next main lesson which we have just finished was a maths main lesson, in which we continued our journey into the world of Arithmetic. This main lesson helped to consolidate our addition, subtraction, multiplication and division skills. Students have been working hard to learn times tables and their addition and subtraction facts.

Next week, we begin a main lesson on Writing Through the Ages which will culminate in the students receiving their very own fountain pens for their writing tasks. Craft this semester has been cross-stitching. Our two new students Jack and Lawrence can be seen enjoying craft.

Last weekend we went to Dickey Beach for our class family camp. What a great opportunity to spend fun time together in the surf, on the beach and around our shady tent sites. Thank you to all families who attended. Next Friday after school in the Lizard courtyard there will be a Class 4 cakestall.

Lydia Kelly

**USING TECHNOLOGY**

Below is an interesting article by Sherry Turkle which was in the New York Times on 15 December 2013 about how we use technology in our lives.

**The Documented Life**
CAMBRIDGE, Mass. — LAST spring, I had the occasion to spend a day with the actor and comedian Aziz Ansari discussing our mutual interest in the psychology of texting. As we walked through Los Angeles, people approached him every few minutes not to ask for an autograph, but to demand a photograph. Mr. Ansari is gracious to his fans. He explained that instead of a photograph, he would offer a conversation. He inquired about their taste in music, what they liked about his performances, his stand-up, his sitcom “Parks and Recreation.” His fans were mollified but they were rarely happy. They had to walk away with nothing on their phones.
I’ve been studying people and mobile technology for more than 15 years. Until recently, it was the sharing that seemed most important. People didn’t seem to feel like themselves unless they shared a thought or feeling, even before it was clear in their mind. The new sensibility played on the Cartesian with a twist: “I share, therefore I am.”

These days, we still want to share, but now our first focus is to have, to possess, a photograph of our experience.

I interview people about their selfies. It’s how they keep track of their lives. Mr. Ansari offered a conversation, but people wanted documentation. We interrupt conversations for documentation all the time.

A selfie, like any photograph, interrupts experience to mark the moment. In this, it shares something with all the other ways we break up our day, when we text during class, in meetings, at the theater, at dinners with friends. And yes, at funerals, but also more regularly at church and synagogue services. We text when we are in bed with our partners and spouses. We watch our political representatives text during sessions.

Technology doesn’t just do things for us. It does things to us, changing not just what we do but who we are. The selfie makes us accustomed to putting ourselves and those around us “on pause” in order to document our lives. It is an extension of how we have learned to put our conversations “on pause” when we send or receive a text, an image, an email, a call. When you get accustomed to a life of stops and starts, you get less accustomed to reflecting on where you are and what you are thinking.

We don’t experience interruptions as disruptions anymore. But they make it hard to settle into serious conversations with ourselves and with other people because emotionally, we keep ourselves available to be taken away from everything. I talk to young people about etiquette when they go out to dinner, and they explain to me that when in a group of, say, seven, they make sure that at least three people are “heads up” in the “talking” conversation at any one time. Only then do they feel permission to text. But it doesn’t have to be the same three people. In these settings, the most commonly heard phrase is “Wait, what?” as one person and then another drops back into the conversation and tries to catch up. All of this has become the new normal.

We have every reason to believe that President Obama revered Nelson Mandela and thought deeply about his relationship with what Mandela stood for. But when he took a selfie at Mandela’s memorial service last Tuesday, he showed us how he, too, lives in our culture of documentation. It is easy to understand how he, like most of us, did not allow himself an uninterrupted time of reverie.

These days, when people are alone, or feel a moment of boredom, they tend to reach for a device. In a movie theater, at a stop sign, at the checkout line at a supermarket and, yes, at a memorial service, reaching for a device becomes so natural that we start to forget that there is a reason, a good reason, to sit still with our thoughts: It does honor to what we are thinking about. It does honor to ourselves.

It is not too late to reclaim our composure. I see the most hope in young people who have grown up with this technology and begin to see its cost. They respond when adults provide them with sacred spaces (the kitchen, the family room, the car) as device-free zones to reclaim conversation and self-reflection.
A 14-year-old girl tells me how she gets her device-smitten father to engage with her during dinner: “Dad, stop Googling. I don’t care about the right answer. I want to talk to you.” A 14-year-old boy reflects: “Don’t people know that sometimes you can just look out the window of a car and see the world go by and it is wonderful. You can think. People don’t know that.” The selfie, like all technology, causes us to reflect on our human values. This is a good thing because it challenges us to figure out what they really are.

*Sherry Turkle* is a professor at the Massachusetts Institute of Technology and the author of “Alone Together: Why We Expect More From Technology and Less From Each Other.”

**PAFA NEWS**

**PAFA AGM (Week 8) this Wednesday!**
The PAFA AGM is coming up on Wednesday 19 March at 7pm-9pm. Come and join us to learn more about our wonderful school and how PAFA can support it.

Some of the topics we will be covering include Friday Foodies, the regular Friday afternoon markets we will begin next term, with local produce, tea, coffee stalls and great music! Also Music Under the Stars and the Bushdance will be discussed.

**Bushdance**
Our bushdance team is busy throwing together a terrific, toe tapping good night for us all on May 24. If you haven’t already put it in your calendar, do it now!

**Music Under the Stars!**
Hooray! We have been given the go ahead by the school to run Music Under the Stars and we are busy recruiting more talented musos in our midst! This will be a night not to be missed! Imagine live music, local talent, wonderful warm food and a glass of wine under a starry Winter's sky. Book your babysitters because this is a night for adults only.

This time it will be held at the school on 30 August. It is still very early days but we wanted to give the team plenty of time to work on it. If anyone is interested in coordinating or being part of organising *Music Under the Stars* this year, please get in touch with us by emailing: info@svsspafa.org.au

**Parent Education**
Thank you to Lorraine Birse for running a very informative Parent Ed morning. Lorraine shared with us how rhythmical massage *strives to restore harmony and support healing through working with life sustaining processes such as warmth, rhythm and breathing.* We are incredibly grateful to Lorraine for sharing this wisdom with us.

Thank you all for being so wonderful to work with; have a great week!

*Imogen (PAFA President) and Amy (PAFA Vice President)*

[www.facebook.com/SVSSPAFA](http://www.facebook.com/SVSSPAFA), [www.svsspafa.org.au](http://www.svsspafa.org.au), [info@svsspafa.org.au](mailto:info@svsspafa.org.au)
PARENT CRAFT GROUP NEWS

Join us this Wednesday 19 March and next Wednesday 26 March as we make Autumn gnomes. We are running the gnome project over two weeks so that parents attending the Preschool Autumn festival won’t miss out on making this handsome little fellow. The cost will be $5 per gnome. Come one week or both, make two gnomes or take your time finishing your first. We look forward to your company!

The Parent Craft Group meets Wednesday mornings from 9am at The Hub. Bring your basic sewing kit or borrow from craft group on the day. Coffee and tea will be available for a gold coin donation.

With warm regards,
Cindy Rylands cindy.rylands@bigpond.com and Lisa Cashion colourmepurple@hotmail.com

ASSOCIATED INITIATIVES

These Steiner/Anthroposophically related activities and services, whilst not directly related the school, can be seen to be in sympathy with and supportive of the impulse of Steiner education.

Queensland Teacher Professional Development
Steiner-Based Public Workshops Term 1 2014, Brisbane and Sunshine Coast. Only $125 $100 for QTPD Followers paying personally
Unwaged teachers, parents and students only $50

Follow workshop titles for further information and bookings:

Steiner Education and the Finland Education System - Underlying elements that are shared by two of the most successful educational systems in the world (EY and P)
Monday 17th March 9.30am - 3.00pm Noosa/Tewantin Bowls Club, Noosaville, Sunshine Coast.
Friday 21st March 9.30am - 3.00pm Samford Valley Steiner School, Brisbane.

Movement and Sensory Learning in the Early Years - Supporting the development of movement, touch, balance and joie de vivre in the early years and primary school.
Why three dimensional experience surpasses two-dimensional experience (EY and P)
Friday 28 March 9.30am - 3.00pm St Leo’s College, University of Queensland, Brisbane.

Key: EY - Early Years; P - Primary; S – Secondary

Each workshop addresses aspects of the Queensland College of Teachers’ CPD standards 1, 2, 3, 4, and 10. Workbook and notes supplied.
Jonathan Anstock
jonathan@teachthechildrenwell.com.au
www.teachthechildrenwell.com.au
Author: Teach the Children Well - Our spiritual investment

Keep These Dates
The Anthroposophical Society in Australia National Conference "Extending the Picture of Humanity, Evolution of Consciousness" will take place in Shearwater School, Mullumbimby, from July 8th-11th, with a pre-conference excursion from Brisbane into the Northern NSW hinterland from the 6th - 8th, midday. This conference will be a teacher and family friendly event, with plenty of camping opportunities. Themes and more details will be released soon.
CLASSIFIEDS
Please note: All Classified Advertisements are submitted by individuals for the community benefit. They do not in any way express the views, opinions, endorsement or policy of the school and should not be relied upon as such.
There is a flat $2 charge for each advertisement and payment is required prior to inclusion.

For Rent
One bed self-contained accommodation in Samford Village. Newly renovated accommodation: one bedroom/open plan kitchen/lounge/separate bathroom/toilet/laundry/ side patio and front porch. Suit professional single or couple. Please no smoking and healthy lifestyle preferred. $260 per week plus bills.
Call Janet 0417 143 981 or email: jb_maplecottage@yahoo.com.au

Sunshadow Slippers
Sunshadow Slippers available at Foot Health Clinic, Samford. Australian made, natural fibres, hand-painted, washable and biodegradable. Various colours, patterns and sizes. Cnr Mt Glorious Rd and Mary Ring Drive, Samford. Ph: 3289 6050.

Kundalini Yoga and Meditation Classes
The one stop wellness session! Now at The Gap with Vicki Murtagh. Offering a range of weekly adult classes to suit all ages and abilities – the perfect way to decrease stress in your life.
Specialised workshops and events also available.
Go to the website for more information www.brisbanekundaliniyoga.com 0424 707 818 / 0401 442 177.

Dental Wellness
A whole body approach to oral Health. Dedicated to working with your whole family to maintain an optimal standard of oral health throughout your entire life. Safe amalgam removal and fluoride free preventative care.

What do you love about the Samford Valley?
Whatever it is we would like to invite you to share and Celebrate Samford Now!
Animating Spaces - Samford Now is part of a state wide multi-arts initiative designed to revitalise and celebrate significant or unusual spaces within regional communities through locally-driven arts activities and events. Watch his space to find out more about workshops and events and explore the website http://samfordnow.weebly.com/ to find out more about how to participate.
Expressions of Interest are now being called for artists, stall holders and volunteers. http://samfordnow.weebly.com/artists-eoi.html. For more information please call Vanessa 0497 106 476

Astrology Readings and Healings
Astrology is a tool or blueprint which is used to tell us who we are, where we have come from in the past and our life's purpose. A reading can be particular helpful during times of change or trauma, as it can help us find a new direction. Healings help remove emotional and spiritual blockages which can create disease in the physical body. Deep Memory Process sessions (past-life regression) also available for clearing karmic patterns which are being repeated during this life-time.
1 hr session: $50.00
Please call Asa Yanagi on 0414 615 899 for appointments or inquiries.

Kate Sharp Creative Arts Therapy
MA (creative arts therapy) Grad Dip Art Therapy & Couns MIECAT Member ACA. Using the Arts, Sandplay & Story to help support times of difficulty & change, to help bring nourishment and equilibrium. Suitable for adults, teenagers & children. E katshar@gotalk.net.au W www.katesharpartstherapy.com Ph: 3289 7227 mb: 0402 884 205.

Samford Blue Light Disco
Presented by Hills District PCYC
Friday 4th April, 6pm – 8pm
Samford Community Centre, School Road, Samford. Ages 6-13.
Entry fee $6
Sustainable Storytelling
Available for children's birthday parties. Show includes stories and songs written especially for your child, based on astrology and using environmentally friendly puppets. These stories are designed to remind your child of who they are and why they chose to be born upon this earth, in a beautiful, gentle, age-appropriate way. Suitable for ages 6 and under. $100 for half hour show. Includes written copy of story for birthday child. Please call Emma Forsberg on 0400 826 991, or e-mail emma.forsberg1@bigpond.com. Emma is also available for performances at Family Day Care, Child Care Centres and functions.

Samford Eco---corridor
Come and join the team plant a rainforest at Samford Parklands, just near the tennis courts at 8.30am Saturday 15 March. No experience required, all tools provided and free lunch. We do ask that you register at eventbrite.com.au so we know you are coming and make sure you wear closed footwear, appropriate clothing, gloves, hat and bring a water bottle. And lastly… pray for some rain beforehand.
See Jo Wilkinson, Co---convener of Samford Eco---corridor (Class 2 Teacher Aide) for more details.

Trivia for Bali
We are holding a Fundraiser to raise money for a school in Bali - Yayasan Widya Guna - and would like to invite you to come along for a fun filled night or trivia, games, & prizes. Our family visited the school last December, and saw what wonderful work is being done to help underprivileged children become self-sufficient.
When: Saturday 15th March, 7pm
Where: The Hills District Community Centre, 291 Dawson Pde, Arana Hills
Tickets MUST be pre-booked
To book tickets or to make a donation go to http://www.trybooking.com/ECFE
If you'd like to know more about the school in Bali or about the event, please contact me on 0421 368 018 or via email anniecaulfield@hotmail.com
Thanks for your support!
Annie Caulfield. Mum of Keisha in Class 7

SHAFT - School Holiday Activities for Teenagers this April School Holidays. This is a council subsidised program for High School students (grades 7-12) in the Moreton Bay region, designed to show them what adventures, experiences and discoveries they can find in their own back yards.

We have put together some of the hottest activities just for you, want to hear the line-up? Grand Prix Go Karting, Parkour, Slacklining, Surfing, Ten Pin Bowling, Wakeboarding the Aqua Fun Park. That’s not even all of them. Don’t worry, we got you covered, Council has subsidised every activity making it super affordable for you, ranging from $2 to $30 (depending on the activity).

But, you must make a booking to secure your spot. Bookings are available from 9am Tuesday 18 March, 2014. Head online to www.moretonbay.qld.gov.au/shaft to make your booking or call 5433 2052 to secure your place. Spaces are limited, so get in fast and get amongst it!

Yoga Classes Samford
For all: feel good, improve your posture, get flexible and calm your mind. Yoga Chi Gung, Okido Yoga (New!), Iyengar Yoga, Beginners Yoga Courses Mon and Wed 6pm, Childrens classes with new teacher Kelly now running Thursdays. Space for hire at reasonable rates. All enquiries to Camille 3289 2237/ 0421 106 441/ info@sattvayoga.net.au