CyberSmart Presentations
All Cyber Safety presentations that were given this week were well received.
Class 8-10 were briefed on how to keep safe when they are using different social media apps or websites, staff were notified of what apps are trending and what dangers could potentially occur if students do not protect themselves properly when using these apps and parents were quizzed and informed on the latest lingo/acronyms, parental control, safety measures and behaviour modelling.

The CyberSmart team have a very well-resourced website and to find out more please go to http://www.cybersmart.gov.au/parents.aspx.

Class 12 Graduation and High School Last Day
High School will finish on Thursday 4 December.
The Class 12 Graduation ceremony will run from 11:45 – 12.45 and the High School day will finish at about 1pm. If you need your child to remain at school until 2.45 please advise me.

We encourage all parents to attend the Graduation Ceremony on Thursday to congratulate and farewell the students – it has been a long year for them all and they have all worked incredibly hard.
Please click on the link in the Newsletter email to view the program.

Mercedes Logan
High School Administration
**PRIMARY SCHOOL NEWS**

**Class 7 Transition Ceremony – Friday 5 December**

11.15am – Classes and parents to the Hall. Children will sit on the floor, parents behind in chairs.

- Classes 5 and 6 – sing
- Class 7 sing with Lindsey
- Lindsey will talk about class
- Closing poem – Lindsey
- Whole school sing *Farewell to you all* as Class 7 leaves.

Parents are welcome to take their children home after the ceremony. If your child needs to stay at school, supervision will be provided until 2:45pm. Please advise your child/ren’s teacher if this is required. The school bus will still be running, as will After School Hours Care.

Congratulations to all the classes who have put on their plays this term. The amount of work that teachers and students put into these productions is significant. Many of the children must face their fears, overcome their nerves or “relinquish” the lime light to others. They have the chance to meet and develop aspects of themselves through the characters they are chosen to play, that may seldom otherwise have the opportunity to arise and be seen. Aspects of the children’s social-emotional health are strengthened and developed each year through the class plays.

Last week I attended a conference in Sydney about developing Friendly Schools. The keynote speaker was a leading researcher in the fields of social-emotional learning and bullying. Her research over the last 18 years has indicated that to effectively strengthen children’s social-emotional health and thus reduce anti-social behaviours such as bullying, a school must focus on human relationships and that “well-being education” must be embedded into the curriculum and flow through every learning experience the children have; rather than be seen as a separate program that is to be taught to the children. This is something that is intrinsic to Steiner Education and is already done very well in our schools. The experience of hearing a top, current Australian expert theorise about (and back up with the evidence of 18 years of rigorous research) what we already do, was extremely confirming.

The increasing heat heralds the approaching summer holidays and the Christmas season. During summer our souls have a tendency to be drawn out beyond ourselves; we feel to surrender to nature and our surroundings. If we are not careful we can become passive at this time of year. It is important we find ways to stay present in world happenings and open ourselves up to receive in a conscious way, the light that is streaming towards us. It is a time when descending forces urge us not just into moral reflection but **action**. The season of Advent and Christmas may inspire in us inclinations towards charity and giving; donating to foundations etc. Sometimes we ease the burden of our social conscience through these random and isolated acts of giving, but we remain oblivious to, choose to ignore or feel overwhelmed at the thought of actually **doing** something to address the root cause of the problems we see in the world today. We can all make a difference to the state of our world if we simply begin in our own homes and focus on the values we impart to our children via our own actions. This season I would urge you all towards this kind of moral action; to help bring back for your children and your families some of the depth and meaning of this special time of year that is all too often focused on receiving and consuming.

Love, thanks and light to you all. Enjoy the last week of the school year.

*Pep Wright*

*Education Administrator*
*** Shepherds' Play, Shepherds' Play, Shepherds' Play ***

Date: Thursday 4 December      Time: 7:00pm      Venue: The Hall

Come along and bring all the family and experience a long standing traditional community event. As a Christmas gift to the children of SVSS the teachers of the school offer a biennial performance of the Oberufer Shepherds' Play. Annually on the Island of Oberufer in the Danube River three plays were performed: The Paradise Play, The Shepherds' Play and The Three Kings Play. Rudolf Steiner became aware of the existence of these plays from Karl Julius Schroer [a friend and teacher of Steiner] who had collected and recorded the traditional plays in the 1840’s. Rudolf Steiner took these plays and restructured them, only slightly, but with a view to improving their performance in a more modern context, yet without compromising their original rustic, mediaeval character. Many Steiner institutions around the world: schools, curative homes, training colleges, BD farms etc. still perform these plays annually to the delight of their communities and find they contribute to formulating and deepening the tradition of Christmas as a profound spiritual event. At SVSS we only perform the Shepherds’ play, as yet.

The original plays were quite ritualistic in the traditions to which they adhered. The roles within the plays were often hereditary, held within particular families, enacted, and handed down from generation to generation. Even here at SVSS certain roles have been carried for years by particular individuals [none as yet having been passed down through generations, but who knows what the future may hold?]. Changes do occur however and then the children try to guess who may be playing certain relinquished roles. Who will be the agile, cartwheeling, boisterous, young shepherd, Huckle, with his dulcet, mellifluous singing voice? Will the bold and brazen shepherd, Gallus, be the same as in yesteryear, or will it be someone of an even more choleric nature? The old shepherd, Muckle, is so deeply moved by the singing of the Angel, of which he is not quite sure as to whether he has experienced it in a dream or in the waking state, that he sings the beautiful lines in recognition:

\[
\text{All in the Holy Night so still} \\
\text{A slumber deep upon me fell,} \\
\text{And soon, as I lay sleeping,} \\
\text{A sweetness like to honey stole} \\
\text{Or fragrant roses on my soul -} \\
\text{With joy my heart was leaping.}
\]

Will the Angel sing, this time, as sublimely as the multitude of angels of the very first Christmas Night? You will only discover the answer to such burning questions as these if you come along and share this Christmas experience with the rest of the community. Hoping to see you all there.

Warmest Regards,

Alan Drysdale.
**ADVENT FOR LITTLES**

Advent is a special time of preparation for Christmas. Advent for Littlies takes place on the four Sundays prior to Christmas and we will share and rejoice in the specialness of this time of year through meaningful stories, simple children’s craft, songs and ceremonies. This is suitable for children from Class 4 down. Please join us at all or some of these special times and bring a rich meaning of Christmas into your home.

**When:** The four Sundays prior to Christmas, 30 Nov, 7, 14, 21 December

**Time:** 3pm – 4.30pm approx

**Where:** Music room near Class 3

**Bring:** A small plate of nutritious food to share each week. A small gift (see below what to bring) for the Nativity table. A tealight candle in a jar for each session. Each child will take the advent flame home with them, and the spirit of the sharing that they have just been a part of, at the close of our ceremonies each Sunday.

Gold coin donation to help with craft would be appreciated.

- **Sunday 30 November** - Mineral Kingdom - Bring a rock, crystal, some sand
- **Sunday 7 December** - Plant Kingdom - Bring a leaf, flower, etc
- **Sunday 14 December** - Animal Kingdom - Bring a feather, fleece, egg, etc
- **Sunday 21 December** - Human Kingdom - Bring yourself and sleigh bells for the kids. We have lots of singing this week.

**HIGH SCHOOL NEWS**

**Class 9 Geomorphology/ Low tech camp, Moreton Island**

With the threat of showers for the week hanging over us, Class 9, Tim and I left school at 4am Tuesday morning and were driven to Cleveland: just as the sun was rising we board our water taxi for the 40 minute ride to Reefers Point, the southern tip of Moreton Island. The beautiful morning sky disguised the chop and swell that met us as we left the lee of North Stradbroke Island and crossed the southern passage, just as the high tide was peaking, the gang plank was lowered and we disembarked into the breaking waves. And just like a good joke, timing was everything, some performing better (or wetter) than others.

After a few adjustments to straps and shoes, lashings of sunscreen and insect repellant the 'low techers' headed north for the camp ground at the big sand hill. The idea of this camp is for students to work on their Geomorphology Main Lesson in the landscape: to learn about processes that shape our world, and specifically about how Moreton Island and Moreton Bay have come into being, At the same time, the students are asked to manage for four days and three nights with none of the trimmings of modern life, especially plastic. There are a few concessions, but on the whole the students do not take packaged or prepared foods, no torches or other battery powered devices and they carry a bag they had sewn themselves and their limited dry goods are kept in a self-made oil-skin canvas bag. Unfortunately, some students did not take fully to the idea and a few items of contraband were found: the most essential of these being a hair brush, a fish scaler and a few plastic bags! All this did was strengthen our resolve for the need for this camp and there will be more stringent bag checks next year - Class 8, you've been warned!

Progress was slow up the western beach, hassled by sandflies and mosquitos, soft sand and a few over packed bags (Class 8 tip for next year: pack as light as possible!). By early afternoon we emerged from the banksia forest and the coastal mangroves at the small sand dune, packs were dropped and a few students dashed for the cooling waters of Moreton Bay, with the tide out, it was a good 200 meter walk to the water’s edge. With the final destination in sight and tide out, we cut a huge corner and walked on tidal flats and sea grass beds to arrive at the tap below the big dune. The students erected simple shelters using drift wood and fallen branches and used their single
(concessionary) piece of plastic for a roof or ground mat. Despite informing students of the expected rain, sleeping directly on the ground was too much for some, even with the chance of getting wet.

Wednesday saw us climb the big dune and examine Moreton Bay and to ponder such questions as how old it was, how it formed and where all the sand came from. We then walked to a large rock like area we called 'the bowl' and examined the formations there and pondered how we had fresh water on a sand island surrounded by salt water. We then continued on a traverse of the island to arrive on the Eastern Pacific side. It was a calm day so we all had a refreshing swim and headed back to camp. Not long after returning, the threat of rain became reality and most sheltered under their tarps. As afternoon settled into sunset, the rain stopped and life returned as students emerged to start cooking dinner.

Thursday: we built the traditional Glasby Gateau (A giant sand castle, using the various coloured sands) and studied the effects of erosion, sedimentation, ravine and river formation, fossils and elementary geological detective work. This was followed by an all -in game of 'Up ball'... a game with one rule, the ball must be played up!

As the sun rose on the final day, camp was broken and a litter sweep done. We headed north for the 10 kilometre beach walk for our 4 o'clock ferry departure from Tangalooma. I always find it a little unsettling arriving at Tangalooma after 3 nights of 'Low teching'. I really notice the over consumption, the over use, reliance and addiction of technology, the need for the latest this or the best that...and for a moment it seems like a hopeless and disheartening battle, and then I realise, we have 18 young people with us who have managed without and I realise their ability to manage without, and I think that we might just be making a little bit of a difference.

So I shall leave you with a few simple questions: Can you walk or ride a bike to school? If not, can you car share? Can you turn your computer and phone off at 5pm? Do you know the names of your neighbours? Is there someone in your street who could use your help? Do you think water comes from a tap and electricity comes from a socket? Do you 'consume' responsibly and consciously?

Mark Piper

CLASS 8 GERMAN

Last week Class 8 enjoyed the culmination of a term’s work on finding their way around in a foreign language by completing a treasure hunt.

Teams of students received a dictionary and a set of instructions, entirely in German, which required them to locate places on a (German) map of the school and complete various tasks such as asking for their next clue, in German of course. The clues led them eventually (or rather quickly in some cases) to a reward in the Kitchen Garden, which they received after solving a final puzzle.
Thank you to CASA’ DEL FORMALS, 54 Caribbean Street, Keperra (0416 157 201) who have generously agreed to sponsor our Class 12 Production: “An Inspector Calls” by J. B. Priestley by arrangement with Origin ™ Theatrical, on Behalf of Samuel French, LTD. Last year Rob fitted out our gentlemen for “The Importance of Being Earnest”. This year a few gentlemen cut a swathe through our Spring Ball dressed by Casa’del Formals. Rob from Casa’del Formals knows everything about suits and how to achieve the correct look not only for an era – Titanic 1912 – but also the varying status of middle-class manufacturer and a Lord. Thank you Rob!

From Class 12 and Molly Brumm

NATIONAL STEINER MUSIC CONFERENCE JANUARY 2015
Our school is hosting The National Steiner Music Conference on 20 -21 January 2015. This conference seeks to engage both music specialists and classroom teachers in the process of music making in the context of Steiner Education and to give inspiration for deepening the curriculum across all our schools. The program will draw on the experience of a variety of experienced musicians and teachers, as well as the insights and indications given by Rudolf Steiner. Together we will consider the development of music in the light of the national music curriculum.

Bring your voice to sing, your body to move and prepare to be inspired for the coming year.
For more information on the program for the Conference and registration details, please see link in the Newsletter email.

Brendan Hook
Music Co-ordinator

TREEHOUSE OPENING HOURS NEXT WEEK
The Treehouse will extend its hours in the last week of school:
Tuesday: 8.30 - 10.00
Wednesday: 8.30 - 12.00
Friday: 8.30 - 12.00
Stock up on materials for HOLIDAY ACTIVITIES: paint and paper, pencils and crayons, felt and yarn etc. etc.
DOLLS galore - large and small
BOOKS, CARDS, and ADVENT CALENDARS
WOODEN toys
CHRISTMAS DECORATIONS and "STOCKING STUFFERS"
Please do drop by!!

Avril O’Brien
(0450 680 563)
**PAFA NEWS**

2015 School Calendar

The 2015 Calendar orders are now closed and the printers are busy printing out your copies. We will distribute them as soon as we receive them from the printers. We will deliver your copy/copies to the class of your oldest child who is enrolled in the school in the last week of term. Thank you for your orders.

**Annual Christmas Market**

The Christmas Market is such a lovely annual tradition now. It is so lovely, and such a testament to the school, to see local business holders who come year after year to support the school. They add so much to our market atmosphere even though they may only have little to no sales all night! Many of these businesses will have children or grandchildren enrolled in the school or some will have children who have now all graduated. Thank you all for your continual and ongoing support!

We also have another special thank you to Lindsey Gallon who took on the gigantic task of putting together the Magic Christmas Cave within a few weeks (including organising the making of the handmade gifts) all for the little children.

Below is a list of people who we also need to thank for bringing the night together:

- Stall holders for putting together such a beautiful display and making the yummy food.
- The classes who ran stalls on the night.
- The High School Teachers—Ted, Dave and John for your wonderful support and technical skills. A special thank you to John for his wonderful announcements throughout the night.
- Femke Dekker for running the Treehouse so expertly.
- Steven Meltmeyer for providing us with wonderful Christmas music for the Community Carols.
- Annie Morris for the wonderful accordion music.
- Imogen Cusack for ongoing support and expert raffle ticket selling skills.
- Mercedes Logan for poster and admin support.
- Peter King for equipment support.
- The local businesses who donated towards the raffle: Sattva Yoga [www.sattvayoga.net.au](http://www.sattvayoga.net.au); Brisbane Kundalini Yoga [www.brisbanekundaliniyoga.com](http://www.brisbanekundaliniyoga.com); Sirgun Yoga 0427 288 344; Ironbark Café; Taringa Flannery’s; Sparkle Stories [www.sparklestories.com](http://www.sparklestories.com); Celebration Studios [www.celebrationsstudios.com.au](http://www.celebrationsstudios.com.au)

**Friday Foodies**

Thank you to everyone who contributed to Friday Foodies this year. This week for our final Foodies for 2014 we need to thank Dave Gilbert and Evan Clarry for their wonderful music.

We will be back again in week 2 of Term 1 2015. So look out for the announcements on our Facebook page and in the newsletter.

**Management Committee Nominations for 2015**

We are still looking for an enthusiastic parent to fill the Vice President role for 2015. If you are interested, please send us an email or come and talk to one of the PAFA execs when you see them around school.

According to PAFA’s constitution “at each annual general meeting of the association, the members of the management committee must retire from office, but are eligible, on nomination, for re-election.” The PAFA exec team is currently consisting of the President, Vice President, Secretary and Treasurer. We are inviting any parents who wish to volunteer for a position in the next year, to please come and talk to us now. New members are welcome as they bring new ideas and energy to our association. Being a member of the PAFA management team is a really important role and a
rewarding way to contribute to our school community. Please read PAFA’s constitution for more information on the various management roles and the association’s objectives and operational rules. We can forward it to you via email, as our web page is currently under reconstruction.

Imogen (PAFA President) and Amy C (PAFA Vice President), Angelina (PAFA Treasurer) and Amy V (PAFA Secretary) www.facebook.com/SVSSPAFA, www.svsspafa@gmail.com

PARENT CRAFT GROUP NEWS

Read on to hear about our upcoming Craft Group break-up party...

It's been a big year of crafting and we have so enjoyed your company and creativity. Next year will be even bigger with our festiValley craft stall to prepare for. I can't do it alone!

Do you have craft ideas you’d like to share with our group? Can you help to organise 1 or 2 small craft projects each term? This is your opportunity to choose the projects and techniques our Craft Group will work on next year.

I need 4 or 5 enthusiastic ladies to form the Craft Team. We will meet up before each term to plan our schedule (Crafternoon, anyone?). There will be craft, food and good times involved. We have a massive collection of patterns in the craft group box - find something you like. Make up a sample item. Gather materials from the craft group's stash. If you need to purchase something we don't already have, you will be reimbursed.

You don't need to be super-experienced. You don't need to be a parent at the school. You don't have to come to craft group every week (though you may like to!). You just need to commit to leading us for 1 or 2 Wednesday mornings each term. Sharing the load means more variety in our craft projects, prevents anyone 'burning out' and helps maintain the feeling of community that makes our group so special. Oh, and the person who organizes the craft gets to make it for free!

Please email me for more info on being part of the Craft Team. I am keen to hear your feedback and ideas!

This Wednesday 3 December will be the last craft group meeting for the year. We are having a little break-up party with nibblies and punch provided. We welcome you to bring a plate of food to make the spread extra special. Bring along any unfinished craft projects to work on, or sit back and give your sewing hand the week off! See you from 9am at The Hub.

Warm regards,

Cindy
Cindy.Rylands@bigpond.com

OSHC BOOKING FORMS NEEDED FOR 2015

Dear OSHC Families,

Please fill out and sign the OSHC Booking Form (see the link in the Newsletter email) for the days you are wanting your children to attend next year.

Please return these to Kylie by Monday 29 December 2014.

Thank you

Kylie Turner
OSHC Co-ordinator
CLASSIFIEDS

Please note: All Classified Advertisements are submitted by individuals for the community benefit. They do not in any way express the views, opinions, endorsement or policy of the school and should not be relied upon as such.

There is a flat $2 charge for each advertisement and payment is required prior to inclusion.

Balaangala Community Group invites you to a "Hidden Histories" workshop. An interactive workshop that explores our shared Australian history from an Aboriginal perspective. Facilitated by experienced Indigenous Cultural worker, James Sandy.
When: December 6th 3-5pm
Where: Balaangala Garden Space, 98 Yoorala St, The Gap
Cost: $15 / $10 concession
Bookings are essential
Please email: balaangalathetgap@gmail.com to make your booking or for more information.

Consultation and Treatment available with Clive Minton
I have been in practice for 35 years and am working in Brisbane, at Kangaroo Point, on the second Friday/Saturday of each month. I use Rhythmical Massage, originally inspired by Rudolf Steiner, in combination with Acupuncture (without needles), but seek to see symptoms and difficult body or soul experiences in the context of the time process of emergence or re-membering. This is more relevant than you might think! I give relief, restoration, challenge or reminding, even consolation, as possible or as necessary.
Next visit: 12, 13 December
Contact: 0402 125 554

The Essential Touch
Body Sugaring Epilation
Aromatherapy: Natural Facials &Skin Care:
Pedicures:
Reiki: Massage Therapy
Retreat to the privacy of serene home studio set in the tranquil surrounds of Bunya.
For more information or to make a booking contact: 0419 702 088
www.essentialtouch.com.au

Worm Castings Liquid for Sale
Reuben in Class 3 is selling “worm wee”. It is a great fertiliser for your garden. He is selling 2 litre bottles for $3. If you would like some, please call Judy (Reuben’s Mum) on 0432 330125 and we can bring it to school.

Accommodation wanted
Peaceful man seeks peaceful shed to live and work. Anything considered. Please call Simon on 3289 7467.

For Sale
1/2 size CELLO and a 3/4 size violin with VIOLA strings
Please phone Heidy on 0418 774 709

Piano & Guitar Lessons
Now enrolling for 2015
PIANO: Using the breakthrough piano teaching method, Simply Music, learn to play great sounding blues, pop and classical pieces from your very first lessons.
GUITAR: Beginner guitar lessons will teach the fundamentals of guitar, aiming to foster a life-long love of music enjoyment including singing and song-writing.
Both piano and guitar lessons suitable for all ages 7 and up. Small group or private lessons are offered in a fun and supportive environment. Call Laura now on 0421 014 778 to book your free information session or check out our website at: love2playmusic.com

Sattva Yoga Centre
Kids Yoga now running. Family yoga Tues 11.00am. Community Yoga Class for Families Friday 21 Nov. Final Community Zenthai massage and Grass Roots Kirtan and End of Year Celebration Friday 12 Dec. Kundalini Dance Class Friday 5 Dec. Yoga for Beginners, Yoga Chi Gung, Women’s and Iyengar Yoga. Camille's Annual Yoga Intensive 15-19 Dec. Zenthai treatments any time by appointment. New Student Special 10 days unlimited yoga for $30. Unlimited monthly passes $150. hello@sattvayoga.net.au www.sattvayoga.net.au or call Kate 0418 617 451 or Camille 0421 106 441
German Steiner Student wanting Au Pair work
Hello, my name is Pauline, I am 18 years old and from Nuernberg (nice city in the south of Germany). I have two little sisters Amelie (9) and Emily (6) and I love to play with them and just being a big sister. I am visiting the Rudolf Steiner School. In June I'll take my A-Level. I would like to become an Au Pair Girl for 6 months up to a year from next summer. I love to play with children and doing arts & crafts with them. I worked in a summer camp in Maine (US) a few years ago as a guardian for children from 5 to 8 years. I love to travel and to learn new languages, I've been learning English and French for 12 years now and to get to know new cultures so this job would be awesome for me.
I have my driver licence over one year now. I like sports (like cycling, swimming, yoga, running, gym) and love to do art like drawing, sculpting and doing pottery.
If you’re looking for an Au-Pair please send me an E-Mail. I am very excited to hear for you! Best wishes from Germany! Pauline Schmidt (E-Mail: Pauy.s@web.de)

An opportunity to make some positive changes in your life
Psychophonetics (Steiner/Anthroposophically based) Counselling and Psychotherapy and Inspirational Coaching for Personal, Professional and Spiritual support, direction and guidance with Adrian Hanks – very experienced, professional and available for all of your issues, questions and challenges in life.
In the Sunnybank Hills Studio, Southside of Brisbane or via phone or Skype.
Phone Adrian on 0400424417  Visit: www.ConsciousLifeDevelopment.com

Where Am I Right Now as an Expert Facilitator or Trainer?
A 3 day training program – Friday 5 – Sunday 7 December
This course is for people who want to increase & extend their skills & knowledge & step more deeply into being a more effective & leading edge expert facilitator or trainer.
Visit www.wairn.org
Call Adrian on 0400424417

Tie Dye and Raw Food “Cooking” Workshop
More school holiday fun for all ages
This workshop is for those of you who want to get creative!
Come along and tie Dye dye a t-shirt in a rainbow coloured spiral and make your own raw food creation using fresh, organic, dairy and gluten free ingredients…. Cheesecake and Christmas treats will be on the menu!
This workshop also includes storytelling, craft, and games.
Workshops facilitated by Emma Forsberg and Daisy Bradford:
WHEN: Monday 15 December and Monday 22 December
WHERE: Lifestyle Nursery and Gift Shop Centre, Mt Glorious Road.
TIME: 9 am - 12:00
COST: $45 each and $40 for additional family members - Includes T-shirt and cooking ingredients.
Just come along with a protective shirt/apron or wear older clothes on the day.
Both Daisy and Emma hold Blue Cards and have many years’ experience working with people of all ages, especially children.
Bookings are essential and can be made the morning before.
All inquiries welcome.
Please call Daisy Bradford on 32891225 0422 959 447

Meaningful Christmas Gifts for Children
Birth Stories for children are unique stories based on your child's astrology chart, which have been written especially for your child in age appropriate language. Written by children's author Emma Forsberg, the story will help your child to know who they are: their gifts and talents, strengths and challenges. Knowing who you are and what makes you special and unique helps develop good self-esteem and love for others.
Special Christmas Offer: $64.00, 20% off regular price. Includes beautiful, Steiner-inspired and bound cover. Gift Vouchers also available. Xmas Orders must be received by 19/12/14, vouchers redeemable until 31/12/15.
Please contact Emma: 0400 826 991.
**Casual Nanny/ Babysitter Available**

23 years’ experience working with children of all ages, including babies and toddlers. First Aid certificate, Blue Card, Certificate 3 Children’s Services, B.Social Work. Steiner experience. My home or yours. $20 per hour. Please call Emma Forsberg 0400 826 991.

**“Stroga:” Yoga and Storytelling Workshop for Children - School Holiday Fun!**

Come and discover the true meaning of Christmas these holidays with Cheeky and Petunia Possum. Why do Cheeky's wishes only come true when he asks for something for one of his friends? Why are there so many more stars shining brightly in the night sky? Will the Christmas Star grant Cheeky's deepest wish?

This interactive class involves children doing yoga postures which relate to the story as it is told by children's author Emma Forsberg. Experienced yoga teacher Vicki Murtagh guides children through the postures in a gentle and fun way. This workshop also includes relaxation, listening to and singing songs and games.

When: Thursday 18th December, 2014.

Where: The Gap

Time: 9am-10.25am

Investment: $37 per child, $35 siblings

Bookings are essential as numbers are limited

Please call Vicki on 0424 707 818 or go to www.brisbanekundaliniyoga.com

**Counselling through Art Therapy and Life Patterns with Julie Lovett**

Anthroposophical Art Therapist and Life Patterns Counsellor, Julie Lovett, provides a nurturing space in which to support growth and balance in difficult times for adults, teenagers and young children.

Mast. Ed (Steiner Education & Arts Therapy), Grad. Dip Art Therapy & Counselling (Tobias UK), Extra Lesson Training

www.julielovett.com.au

Phone: 0411 583 376

**Moreton Bay Regional Council School Holiday Activities**

From Monday 12 January to Friday 23 January 2015, Moreton Bay Regional Council is running two great programs to help keep kids and youth who live in or attend school in the Moreton Bay region active during the school holidays.

Council has recently posted brochures and posters to your school. The below activities are a great opportunity for children to engage in physical activity while making new friends and enjoying themselves. The associated website links are below:

Active Kids:

SHAFT:
www.moretonbay.qld.gov.au/shaft

**Active Kids Free Park Sessions** are run in various parks throughout the region and require no bookings or payment to attend. Activities will teach children aged 3 to 12 years and their families’ new skills, sports and games in a supportive and fun environment.

**School Holiday Activities for Teenagers (SHAFT)** has a range of great activities to engage youth aged 12 to 17 years during the school holiday period. All activities are subsidised by the Moreton Bay Regional Council making them more affordable for students and families.