

*Strengthening families by working with the principles of Steiner Education*

# The Art of Parenting Workshops

*The 7-year Childhood Developmental Phases, Boundaries, Self-care, Parent Triggers, Frustration Management and more.*

These workshops are held over 5 weeks for 2.5 hours per week and covers parenting from Birth -14-year-olds

## This Course - Term 2 2024

**When:** Wednesday Evenings from 6pm -9pm.

In Weeks 4, 5, 6, 7 and 8

8 May, 15 May, 22 May, 29 May, June 5

**Where:** In the **Library at SVSS**

**No prior knowledge required**

*Due to the duration and content of the workshops it is only possible for adults to attend (babes in arms are welcome) and, attendance for 4 sessions minimum is ideal.*

**Cost:** \$10 per week to cover a Light Evening Snack (please notify of any dietary restrictions), Teas and Coffee and materials.

Places are Limited to 14 Participants. **RSVP by Friday 3 May.** To secure a place and for further information please contact Marilou directly via email:

[ecdirector@samfordsteiner.qld.edu.au](mailto:ecdirector@samfordsteiner.qld.edu.au)

The Workshops are delivered by Marilou Araullo (SVSS Early Childhood Director) with the occasional sharing from other experienced Steiner/ Waldorf educators.

*A brief Bio: Marilou's training in early childhood education began 45 years ago. In 1981 her journey with Steiner/Waldorf education first began when working in a curative community. She has worked at SVSS since 1998. Her experience includes Kindergarten teaching, presenting at various EC seminars, teacher training and now focused more with teacher and adult education.*

(Note: this course will be offered again in Term 3 in daytime sessions)