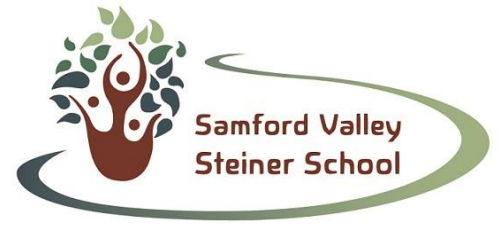




FIRST DAY OF AUTUMN – PUMPKIN FLOWER IN THE KINDY GARDEN



NEWSLETTER

Term 1 Week 4

2 March 2018

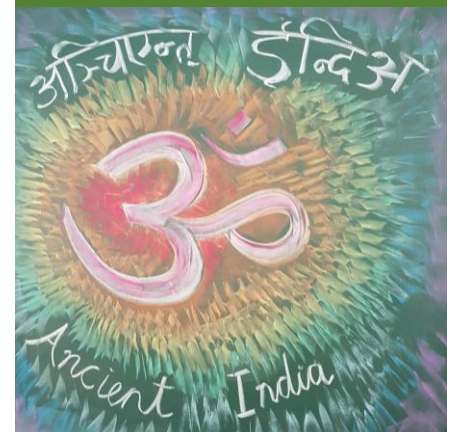
CLASS 5 – MY WAY IS THIS WAY AND YOUR WAY IS THAT WAY

Well 2018 is already shaping up as another year packed full of adventure and wonder for the children who make up our beautiful school. It has been a fascinating experience to bear witness to how much the children of Class 5 have grown and matured over the summer. The transformation is clearly evident, and most of the young ones in my care have clearly come through the challenges and trials that present with the nine-year-old change. We can witness this waking up to the world when we journey with the young people of this particular age group.

In Class 5, the focus of the year is centred on the great civilisations of our recorded history. We have commenced the year exploring the mythology of ancient India and Persia, and will turn to Egypt and Mesopotamia in the weeks ahead. We have already heard stories of deep devotion and great virtue as we encountered the epic mythological tales of ancient India. We have encountered the dedicated Arjuna in 'The Sons of Pandu', and we are currently working with the first of three play scripts for the year, *The Ramayana*. We have also met the opposing aspects of ancient Persia in Ahura Mazda, the god of light and goodness and his counterpart Ahriman, the spirit of darkness. As human beings, we are all affected by these opposing forces of light and dark and ultimately have to make choices and decisions throughout our entire life that stand around the ideas of right and wrong. We have listened to tales about Zara Thustra, and the gifts that he brought to humanity. The tales recognise that through hard work and dedication to what is good and right, all evils can be transformed through goodness. These early epochs of time are generally covered briefly in term one so that the main focus can be on the stories and figures of ancient Greece for the remainder of the year.

We move from the study of mythology in the very ancient world toward a study of history proper. It was recorded in the history books of the Renaissance that grown men would literally weep as the statues of the ancient Greeks were revealed to the world through archaeological explorations of the time (I believe the history books were referring to Michelangelo as the one who would weep).

In this Issue



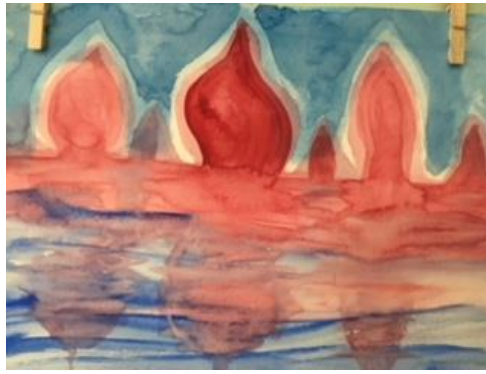
NEWS FROM CLASS 5 P1&2

HAPPENINGS IN THE HIGH SCHOOL P3

ADMIN NEWS P4
WORKING BEE INFO P4

FROM THE SHED P5
EMPLOYMENT VACANCIES P5

CRAFT NEWS P7



Dates to Remember

Saturday 3 March

Working Bee 8am – 1pm

School Tours 9.30 & 10.30am

Thursday 15 March

RSEGB AGM, 7pm

Wednesday 28 March

Kindergarten Autumn Festival

Thursday 29 March

School Autumn Festival

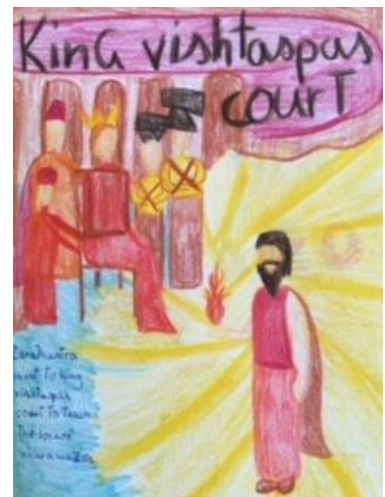
TERM 1 ENDS

The classical age of Greece was a time of the most significant changes in the history of humanity. It is almost a great imponderable as to how the people of this time were able to achieve what they did.

The children are clearly becoming self-aware of their own voice, and in so being, are beginning to ask questions of the stories they encounter. They have been drawing maps of the ancient world and so are beginning to form a picture of themselves within a world context.

Amongst other things, we have continued with our painting, modelling, developing our form drawing, and have also started writing letters to our pen pals in Class 5 at Noosa Pengari Steiner School. We have also commenced our training for the Greek Olympics later in the year. I intend to host a one day Greek Olympic event in our school, and then the class will travel to Noosa for an Olympic event that brings together all of the class five Steiner children in Queensland. As I said at the beginning, it is already shaping up as a year packed full of adventure and joy.

I hope you enjoy some of the work the children have created this year and I hope you get the opportunity to pop into our classroom while at the working bee to view more of the children's work that will be on display for the open day.



For now, take care and I look forward to writing and sharing more of our journey as it unfolds throughout the year. With much love and gratitude, for all of your support and good will in making our encounters and experiences come to life. We truly can strive for a healthy social life when we have the courage and faith to be open with each other.

Thanks again

Ted Muller

Class Five teacher

Om Shanti Shanti Shanti hi

WHAT'S HAPPENING IN THE HIGH SCHOOL?

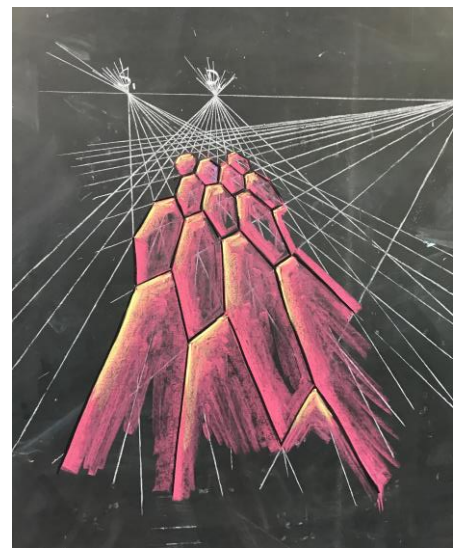
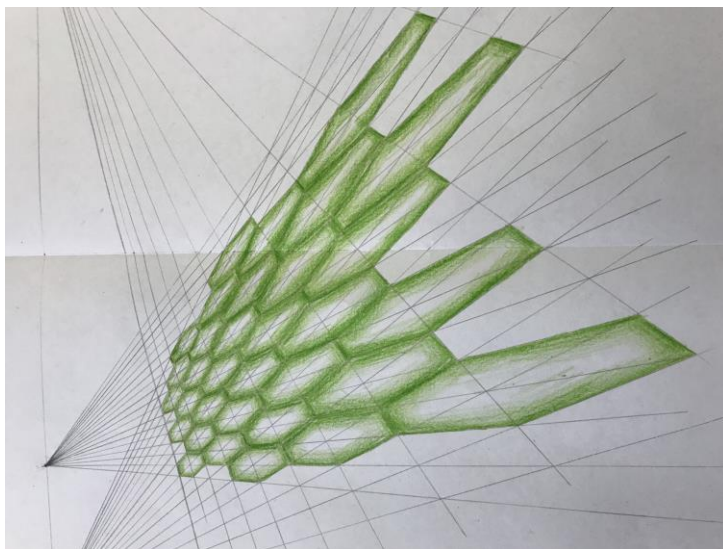
We are coming into week 6 and it seems that the students have all settled into their new year-level nicely.

Class 8 have adjusted well into the High School rhythm. They will be heading off on their sailing camp next week, which is part of their Physics of Air & Water Main Lesson. On this camp, the students will learn to sail, using the boats that have been made by students in previous Class 10's.

Class 9 students are settling into their Plant Organic Chemistry Main Lesson where they are learning about many process/s, one of these being the distillation process.

Class 10 have been introduced to the first level of the Certificate of Steiner Education (CSE). The CSE is an internationally recognised secondary schooling qualification, and has been specifically designed to support an authentic Steiner curriculum all the way through senior to Class 12. The CSE is somewhat comparable to the International Baccalaureate (IB) offered by some schools. We are the first school in Australia to offer students the CSE pathway, and as a school, we made this decision to stay true to our vision and task as a Steiner school. The Class 10 current Main Lesson is The Living Earth.

Class 11 students are in their second level of the CSE and are currently studying Projective Geometry.



Class 12 students have a busy year ahead of them, as they have all stepped in to the Senior Projects process and have started their research and/or practical component. We look forward to seeing the results of their hard work in late October.

They have also started their History of Architecture Main Lesson and went on an excursion of Brisbane city on Wednesday exploring the many different styles of architecture that exists in our city.



The High School is usually a hub of activity every Wednesday morning when we have 5 different types of ensembles playing throughout the school – choir, percussion, string, guitar & a band, all of these ensembles are producing amazing sounds, some louder than others 😊. I know all of the staff are looking forward to hearing an end piece or two at some stage; this may even be at the Autumn Festival.

Mercedes, High School Admin

ADMINISTRATION NOTES

→Enrolments Pre-Prep 2019 – Have you enrolled your child?

The enrolment process for the intake for Pre – Prep in 2019 is underway.

If you are a current family and have a child for this intake please ensure you have an application form lodged by **Friday 16 March 2018**. Applications received after this date will be placed on the wait list in date order.

→Parent Lounge – Forgotten your password?

If you have forgotten your password, just click the *forgot password link* on the Parent Lounge log on screen and enter your user name and your email address. Please ensure that the email address you use is the same as you have given the school previously. Any questions, please call the office on ph: 3430 9600.

→School Hours

A reminder that the school day ends at 2.45pm and staff are not on duty after school finishes. Children are not to play in the playground after hours. Please ensure you collect your child promptly at the end of the school day. Thank you.



WORKING BEE THIS SATURDAY

It is that time again when we gather for some fun, community sharing and work to build on our wonderful school environment. Yes, our first Working Bee for the year is on **SATURDAY 3 MARCH FROM 8AM**

Come for as little or as much time as you can afford and join us in the following tasks

- Gardening/weeding
- Painting
- Rock wall building
- Rejuvenating the Kindergarten sand pit
- Clearing water ways
- Many other odd jobs

Bring plenty of water and snacks for you and the children, and then refuel for lunch at 12pm sharing some fun tales from the day.

See you all at the Kitchen Garden for sign on, warm regards
David, PAFA Helping hands



In the last few weeks, you may have noticed the considerable amount of precipitation about the place and so in a last minute act of inspirational desperation, I thought I'd talk about how we deal with deluges of semi-biblical proportions in the garden.

Usually we think of good rainfall in positive terms. Apart from the tendency to produce abundant growth in the lawn, and all the attendant mowing that that entails, rain cuts down on the watering we have to do, fills the dams for when we do have to do it, and generally cools things off. It is a great time to plant seedlings as the overcast weather prevents heat stress and gives the little darlings a chance to develop a healthy root system.

Rainwater is a very different substance when compared with "ordinary" water. It is meant to be rich in nitrogen and oxygen which is another way of saying that it has been enlivened by its changes in phase and its trip through the atmosphere; evaporating, basking in the sunshine high in the sky, condensing, tumbling back down again. The whole earth seems to relax under a good rain and plants just jump out of the ground. However, sometimes there can be too much of a good thing.

One obvious thing that can be a problem when it rains, especially in heavy clay soils, is drainage. If the roots of the plant become and remain waterlogged, most vegetables will suffer. The answer to this problem is obvious and shouldn't really be a problem if we have been good little gardeners. The answer is of course compost. Compost provides lots of useful humus, which breaks up heavy soils allowing water to drain away, but paradoxically also acts like a sponge that will hold water for later on.

If incorporating humus into your soils is a long-term project due to extremely poor soil quality, it may be necessary to build upwards. I have heard of a few gardens around the place where heavy and hard shale soils prevent any hope of gardening down into the ground. The school itself has a large proportion of rock hard subsoil. Water does not penetrate these soils much and so creating raised beds is the go. Effectively you are creating a large pot-like mass of soil and compost that sits above the ground level, and which allows the plants to thrive without becoming water logged. Rest assured that after some deep tilling once a year with the garden fork, the constant turning of worms and the penetrating deep tap roots of weeds left in a fallow bed, even hardpan soils can be slowly broken up and incorporated into the beds.

An example of raised beds on a gentle slope at Lofty Meadows.



Another way of keeping water in the ground when it falls is of course through mulching. A layer of mulch, which can be as simple as a layer of straw about a 10mm thick, serves many purposes. It protects the soil from the erosive forces of the rain; it slows evaporation from the soil once the water penetrates through the mulch, it regulates soil temperature; and it eventually rots down to become more of that delicious humus I mentioned earlier.

There are many plants that don't like moist conditions too much. You may have noticed some of your tomato plants have become a bit raggedy. Moulds and fungi can wreak havoc especially on plants belonging to the cucurbit family. My big healthy cucumber plants have suffered lately from the rain and haven't really set much fruit at all, despite being right next door to our apiary.



What's left of my poor old cucumber plant.

The rain can simply wash away good soil, and even if the soil remains, many minerals can be leached out with calcium being particularly prone to this. Again, well-made compost is a good safe guard against this.

There are also biodynamic solutions to some of these problems. By using a preparation called Cow Pat Pit, we can re-introduce calcium forces back into the soil. When wet weather is making things a bit moist and mouldy the use of a preparation called 501 can help restore the balance by introducing structure and light forces into the garden.

But that is another can of worms. There, I've set myself a topic for next week – the task of attempting to explain biodynamics.

Till then, Jolly Good Luck,
Dave

Employment Vacancies at SVSS

Class 6 Teacher 2018

Samford Valley Steiner School (SVSS) is seeking applications for a Class 6 Teacher commencing immediately. Applicants are ideally trained in Steiner education or have significant experience in Steiner education teaching Classes 1 – 7.

For further information, please contact Pep Wright via email pwright@samfordsteiner.qld.edu.au.

Closing Date: Friday 23 March 2018.

Part Time High School Drama Teacher 2018

Samford Valley Steiner School is seeking a High School Drama teacher to oversee, deliver and further develop the Drama program in the High School. The Drama teacher will teach weekly drama lessons to all high school classes, 8 - 12, and will be responsible for producing two major dramatic productions with Classes 10 and 12 each year. The successful applicant must have considerable skill and experience in the discipline of Drama and Performing Arts.

For further information, please contact Delaney Crawley via email dcrawley@samfordsteiner.qld.edu.au.

Closing Date: Friday 23 March 2018

NOTE: Please refer to the role descriptions for these vacancies – they can be found on the school's website:

<http://www.samfordsteiner.qld.edu.au/employment-opportunities/>

CRAFT NEWS

Greetings fellow crafters,

This week we made a cow and a calf. Another lovely crowd gathered to sew and chat, and it was lovely to see some new faces too.

Next week we make sheep, a hand sewn felt body with a knitted or crochet wrap for their fleece to make them durable for play. These are quick to sew up so why not make one of each. Kits will be \$8 each and it includes everything. If you wish to make one for festiValley your kit will be half price.



Children welcome, please bring a snack and water bottle for them, coffee, tea and cake is available for a gold coin.

Warmly

Tracey and Sarah

CLASSIFIEDS

Please note: All Classified Advertisements are submitted by individuals for the community benefit. They do not in any way express the views, opinions, endorsement or policy of the school and should not be relied upon as such.

There is a flat \$5 charge for each advertisement and payment is required prior to inclusion.

Garage sale

Saturday 10 March 2018 from 9am - 2pm

5 Moraby Street Keperra.

Portia Rosario Santiago m.0438134590

Some items are:

New Lyra Crayons & pencils, Bali coffee "opium table"

Australian red cedar dresser table, new buckwheat travel pillows

Weber BBQ and accessories, metres of corduroy fabrics, toys,

German made Puki Scooter and more

!!! AND: Fresh Waffles for SALE as Rosario's YEAR 12 SRP Fundraiser 'Walking the Kokoda Trail' !!!

If you are interested in learning more about it: <https://www.patreon.com/user/posts?u=9173782> And/or contact Rosario: f1rosario@hotmail.com

Nourishing the creative waters

A two-session workshop working with folk story, our own story and clay with Kate Sharp.

Thurs mornings 1 & 8 March

OR Sat afternoon 10 & 17 March

For details see

<https://katesharptherapy.com/upcoming->

Northside Fitness News!

Personal Training and Group Classes

If you have been thinking about making a positive lifestyle change, look no further than Nick and the NF team of highly qualified and experienced trainers.

Mobile Personal Training - we bring everything to your door. A comprehensive range of equipment, as well as expertise and encouragement. All you need to do is turn up and we will do the rest – motivating you and

most importantly helping you achieve results.
We do 1 to 1 and partner (2 to 1) training.

NF Group Fitness – a variety of classes are held across the week in Arana Hills (indoor and outdoor) and twice a month at Caged Fitness in Samford. Boxing, yoga, strength training, cardio and stretching – we are not a boot camp! First week free!

SATURDAY CIRCUIT AT CAGED FITNESS

Caged Fitness is an awesome outdoor gym - 408 Mt Glorious Road (approx. 4km out of Samford towards Mt Glorious on right hand side).

We are now there every 1st and 3rd Saturday, 7.15am. Includes rope climbs, cargo nets and monkey bars. Post workout coffee/ refreshments at The Shack! Suitable for ALL FITNESS levels.

Steiner Parents Special Offer

Come and try our Group Classes!

Complimentary first week + 3 extra classes with any Group Pack purchased (5, 10 or 20 sessions) + Free 45 min Holistic Health Coaching session (covering the 6 Foundation Principles of Health – Movement, Breathing, Nutrition, Sleep, Hydration and Thoughts)

CALL NICK TODAY 0434 990 572

www.northsidefitness.com.au

Creative arts therapy: Sessions & Courses: for Adults and Children

Creative arts therapy creates a space, where a difficult challenge or condition in the soul can be brought and explored in a gentle way. Using a range of artistic activities and arts practises, sand play, painting, drawing and form drawing, clay modelling, writing and conversation, an unravelling begins. This may happen over a series of sessions with both guided and more open activities. Art making generates inner warmth and nourishment, helping to restore balance where astrality presses too deeply on the soul. Reflective opportunities help to assist understanding, ultimately strengthening one's resolve to move forward by oneself.

This therapy is also suitable for children. With the assistance and involvement of the parent/parents a series of sessions is structured to meet the child's needs. Drawing upon Rudolf Steiner's fourfold view of the human being a way is sought to support and lighten the

unfolding challenges that have become a hindrance for the child. A therapeutic story or artistic reflection is offered to the child as a completion of the series of sessions.

Kate has had a background of many years working in the creative field, as a crafts and handwork teacher in the Steiner School system and is a qualified Creative Arts Therapist. MA (CreativeArtTherapies), Grad DipArt Therapy & Couns. MIECAT. Member ACA

Kate Sharp Mb: 0401884205

E:sharpcatherine1@gmail.comwww.katesharptherapy.com

Living Movement Natural Therapy

Therapeutic Eurythmy is an individual exercise therapy working deeply to strengthen and regulate the whole human being.

Enquiries - Karen Foster 0423620069,

kpfo61@gmail.com

www.livingmovementnaturaltherapy.com.au

Are You Looking for an Amazing New Kitchen and not sure where to start...

We'll look no further, Easy Living Kitchens is your local one stop shop from design right through to completion, bringing the showroom to you with endless possibilities ...all backed by our "Best Price Guarantee". As a proud supporter and family of the Samford Steiner School Community, Samantha and Shane at Easy Living Kitchens would love to help you design and install a stunning New Kitchen, adding quality and value to your Lifestyle and your home that You'll be Guaranteed to Love.

From your very first contact with us you will feel our Commitment to you, we focus on you and what you want to achieve for your Kitchen... and by combining your Vision and our wealth of experience designing stunning kitchens, and together we'll come up with the perfect looking and most functional kitchen solution for you and your family.

Being locally manufactured using only suppliers with a commitment to eco-friendly and sustainable processes, whilst offering a huge range of styles, finishes and functional solutions

for any type of kitchen you can imagine or need, you can rest assured you're in safe hands. So let us help and you could have the Kitchen you always wanted in no time at all.

To Book your Free Kitchen Design Consultation (valued at \$600) and have your kitchen renovation planning underway for 2018

Contact us at www.EasyLivingKitchens.com.au or Call Samantha on 1300 650 681

Don't forget to mention "Steiner" to claim your Special Bonus as our way of saying Thank You...

Samantha & Shane Beetson (Class 3 parents)
Easy Living Kitchens

School Contact Information

Phone:
3430 9600

Email:
info@samfordsteiner.qld.edu.au

Facebook:
www.facebook.com/Samford-Valley-Steiner-School-106275046117815/?ref=hl

Website:
www.samfordsteiner.qld.edu.au

Address:
5 Narrawa Drive
Wights Mountain QLD 4520

CRICOS Registration:
RSEGB T/A Samford Valley Steiner School **CRICOS 03326J**

FRIDAY FOODIES TODAY!!

Firstly, we'd like to apologise for cancelling Friday Foodies last week! Thank you for bearing with us. We will definitely be hosting our much loved and looked forward to market this Friday the 2nd of March and hope to see you all there! Have a sausage, coffee and enjoy other yummy foods on offer and catch up with friends.

As you may be aware, our school is driving forward with a new initiative on sustainability. YAY! As part of this drive, we will no longer be able to offer Smoozes. PAFA are thinking of alternatives to cool all our little people who very much look forward to them. We would love to hear any suggestions.

Also, as a part of this initiative, we will be offering coffee in ceramic cups/mugs instead of disposable cups (which apparently aren't recycle friendly). Scott, who makes the much-needed coffees and other drinks, will have a container for rinsing your cups and a drying rack. We would appreciate your cooperation in participating with this new drive. Or please feel free to bring your own mugs/keep cups.

We would also like to invite any parents/carers/children who would like to have a table. Get your baking hats on or get those blenders out for cool drinks, or sell your extra garden produce or pre-loved items. Please contact Harshi on 0416 440 940 for further details.

We look forward to seeing you all there!
PAFA