



NEWSLETTER

Term 1 Week 8
22 March 2019

CLASS 7 CANOE CAMP

Last week our Class 7 students spent 5 days exploring the Cooloola National Park, and in particular the Upper Noosa River. They were chased across Lake Cootharaba by thunder and lightning, they were monstered by mosquitos and horse flies, and they paddled their canoes until they thought their arms might drop off. But they also got to appreciate the vastness of the sand patch, the beautiful mirror like surface of the river in the early morning light, and the completely cooling and refreshing depths of the Noosa River after a sweltering hike. Most importantly they learnt some valuable lessons about perseverance, problem solving and resilience.

Below are some of the students' thoughts that were collected on the return journey home. A big thank you to the students and the staff for all their efforts in creating an amazing camp experience.

Simon Roberts



In this Issue

CLASS 7 CANOE CAMP P1 - 2

WELCOME TO OUR NEW EDM P3

HISTORY OF ARCHITECTURE P4

CLASS 2M NEWS P5 - 6

KINDERGARTEN AUTUMN FESTIVAL P8

ST MICHAEL AUTUMN FESTIVAL *P9 - 10*

PARENT EDUCATION PROGRAM *P10*

FRIDAY FOODIES P11

- When we went to the sand dunes, there were big hills to jump up and down. Isaac
- When we were at Harry's Hut, we saw a lot of cat fish. Nate
- This being my first time camping and all, I found this camp to be quite enjoyable and it was a great experience. Shout out to all the amazing teachers and bus drivers. P.S. I loved being in groups with more than just my friends. Ava
- There have been better camps that I have gone on over the years, but this one I will certainly remember. The river was very nice. I like camps because it brings the class together. *Veronica*
- I've been on a lot of camps and this one had one of the most stunning views of the water. I love going on class camps because it puts the class together, but it did rain a bit. I would suggest bringing a bivvy. *Miles*
- I loved waking up and going out on the dock to watch the still water and the reflections inside it. I also really liked the Sand Patch. It was a bit of a difficult climb, but in the end it was worth it. The view was incredible. It was a little bit rougher than other camps, but this is year 7; it only gets harder. All in all, I think it was really fun. *Maisie*
- © Camp was really fun, challenging, and canoeing long distances was difficult but the views were amazing and it was worth it. It was very fun jumping down the sand dunes at the Sand Patch. Camping under fly sheets was really fun but I would use a Bivy. *Anon*
- I really enjoyed this camp because it was fun canoeing and hard also. I liked jumping down sand dunes. I really liked this camp. *Jessica*

Dates to Remember

Friday 22 – Sunday 24 March POP Event - Cycle the Brisbane Valley Rail Trail

Wednesday 27 March Kindergarten Autumn Festival

Friday 29 March

Parent Talk with Lakshmi Prasanna, 1.15pm – 2.45pm

Friday Foodies at the Hub from 2.45pm – 4pm

Friday 5 AprilSchool Autumn Festival

** Term 1 Ends **

Tuesday 23 April Term 2 Begins







INTRODUCING DONNA JONES, ECONOMIC DEVELOPMENT **MANAGER**

Dear Community,

I am very pleased to announce that we have made an appointment to the role of Economic Development Manager. I would like to warmly welcome Donna Jones to the role and to our school community.

Donna impressed the interview panel with her obvious high-level leadership and business/organisational management skills, as well as her warmth, approachability and capacity to think and work flexibly and creatively.

Donna holds a Bachelor of Business majoring in accounting and has spent the last 10+ of her 30 year career in professional services working in the notfor profit education sector.



Hello Everyone,

I have recently been appointed to the position of Economic Development Manager with the Stamford Valley Steiner School and would like to thank everyone for their warm welcome and I look forward to being of support to the teachers, staff, student, parents and community of the Stamford Valley Steiner School.

For the past 11 years I have worked in the primary health care education and training sector as Director of Operations in the not for profit sector and prior to this have extensive commercial experience primarily in the professional services arena. I am honoured to have been given the opportunity to work in such a wonderful community environment and look forward to meeting members of the Samford Valley Steiner School community in my role as Economic Development Manager.

Welcome Donna! Warmly Pep



Is your child looking for some adventure this holiday?

Easter holidays are coming up, which mean Sun and Stars Bushcraft are back with their unique Vacation Care programs which prove more and more popular each year. In this, their third year, a change has been designed. Instead of running a 5-day workshop all week, the team at Sun and Stars will be running eight 3hour workshops. (More information in the email with this newsletter)

- Dates: 9th 12th April (first week of school holidays)
- Time: Workshop 1 8:30am 11:30pm each day
- ❖ Workshop 2 12:30am 15:30pm each day
- ❖ Bookings: 12 places will be available per workshop so do book soon to avoid disappointment! Please contact Kylie in OSHC
- Cost: \$40 per workshop or \$70 for a whole day. Child Care Rebate available for eligible families.
- Targeted age group: 9 years old and over



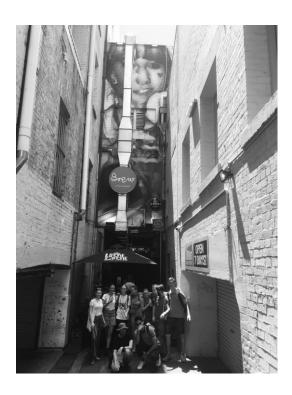
HISTORY OF ARCHITECTURE

Class 12 has just finished the beautiful main lesson "History of Architecture". Throughout these three weeks of main lesson, students have acquired knowledge of the architecture's development through the ages and its relationship to the evolution of human consciousness.

The major focus was on the relationship of architecture to our environment and society. We have experienced and studied the relationship between us and the school's environment. The purpose of this experiment was to identify factors that determine how architecture can shape our behaviour.

An important part of this main lesson is our field trip to Brisbane which we took to observe architectural styles in the city of Brisbane. This excursion enabled the students to observe and experience firsthand the positives and negatives of public architecture and the principles expressed in the lesson, in action.

Attached are some of the beautiful work examples that the students have produced during this time.



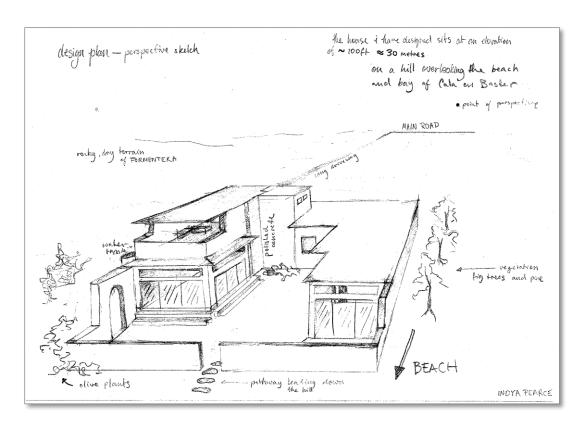
Samuela Bettega Art Teacher

Plan by Eastwood Groth





Model by Rohan Crookes



Plan by Indya Pearce

NEWS FROM CLASS 2M

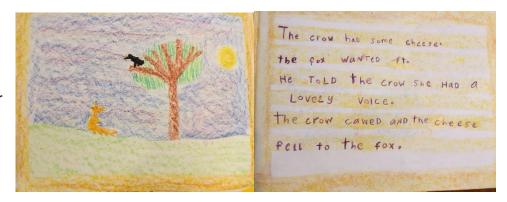


Old friends stepped into new places together at the beginning of this term, with our bubbly, 'big' Class 2's leaving behind the little Class 1's of 2018. Smiles had changed, as the Tooth Fairy had paid many a visit during the holidays, and some of the dreaminess had shifted into another kind of sparkle...

Literacy ML – Fables

The year began with an English main lesson in which the magical world of Fairy-tales merges with the moral questions arising in the child's growing consciousness. Through Fables, we explore the foibles and attributes of human nature. The personification of animals reflects the 'lower' tendencies of the human being, and our struggle to overcome these. The fox is both greedy and cunning, concocting ways to serve his own ends. In leveraging the weaknesses of others, he finds an advantage – in this case, the vanity of the crow; flattering her 'beautiful singing voice' so that the cheese falls from her beak to land in his jaws. The moral lesson of being mindful of hollow flattery is inherent in this tale, as is the warning around sly strangers. Later in the year, we look at stories of the Saints as archetypes of human endeavour, superseding our base instincts and

striving toward high ideals.
These two striking pictures live in the children through the stories, offering models for human conduct and striving. Our Michael (Autumn) Festival strengthens this living picture of resolve to face life's challenges, and the children are visibly uplifted by the seeds within these songs.



It is remarkable how simple letter recognition is quickly moving towards writing and early reading for our emerging 8-year-olds. Nonetheless, slow and steady wins the race, and we are focused on deep, rich learning experiences, rather than racing to the 'finish line' of reading

Painting

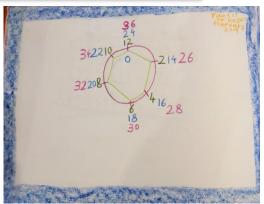
The children's painting skills have taken a real leap this term, as we use our knowledge of colour blending and apply this to the new skill of fine brush work, creating form. The paintings below show the story of The Town Mouse and The Country Mouse. The Country Mouse is fat and fearless, living out in the open, while the Town Mouse, despite having luxurious food, must hide in the shadows away from the hungry cat!





Numbers Main Lesson

We began our Numbers main lesson in Week 5, exploring the possibilities of number and the discovery of number patterns. It truly is a magical process, which is why this ML is called 'Magic Numbers'! The children have been discovering that just as words and ideas can come in many languages, numbers too, can be found in various forms. The number three, for example, may be counted with stones, fingers or other manipulatives. It may be drawn in Roman or Arabic Numerals (symbols) or written in many languages, including English (three) or German (drei). Three may also appear as a triangle, with its three points (a triangle cannot have more or less – it is a Truth). We can skip count by 3's, practice a 3 times table, or, step out the 3's in a circle to make a perfect 10-pointed star. The truth of these number forms is an absolute revelation for the children, revealing an inherent order in the universe beyond merely counting numbers or reciting 'facts'. This is why Steiner suggested that the study of Number is one of the purest forms available for grasping spiritual truth.







Form Drawing
Forms this year focus on symmetry and pattern formation, moving from simple lines to more complex shapes. The children are asked for the first time, to consider what shape is solid/ empty and space is allowed for the perception of

two images, simultaneously. For example, in the figure below, we might be looking at red pine trees or white arrows. In the picture beside, red and green (complementary colours) are having a conversation as the land and the sea speak to one-another. Other forms move towards early free-hand geometry, as the children orientate their own bodies in space and begin to express the world around them in increasingly discerning ways.

Friday Bushwalking

Our bushwalks continue every Friday afternoon. It's such a joy to watch the children play together and relish their time in nature.

Warm wishes to all, Marian Jerrim and all of Class 2M

PRIMARY SCHOOL ASSEMBLY – THE CLASS 4 & 5 CHOIR



SAMFORD STEINER SCHOOL OSHC VACATION CARE APRIL 2019

Bookings now open for the April school holidays.

Please see the details in the email body or contact Kylie Turner oshc@samfordsteiner.qld.edu.au





KINDERGARTEN AUTUMN FESTIVAL

Wednesday March 27, 2019, 8.30 am — 11.30 am Briar Rose-Stargold playground

Dear Kindergarten Parents,

You are warmly invited to join our Autumn Festival Celebration. All children are invited to attend the festival regardless of their usual part-time days of attendance.





<u>All Children to arrive at 8.30 am</u> and go to their rooms to allow parents the opportunity to set-up their picnic rugs in the Briar Rose/Stargold garden.

<u>Sunblossoms:</u> We ask parents to bring their children to their teachers in the Sunblossom room and return to the Briar Rose-Star Gold playground to set up their picnic rugs. Please toilet your children on the way over, prior to 8.30am to ensure the Sunblossoms are not delayed in their arrival to the festival.

The Festival begins at 8.50 am - When the children will join their parents in the upper playground garden to

- Sing Autumn songs
- ❖ Play Autumn Games together that the children have been enjoying at school
- Share Morning tea –bring your picnic rugs or folding chairs and a plate of finger food to share: please indicate what you would like to contribute on the food roster located at the Briar Rose / Stargold sign-on table

To ensure a beautiful festival for everyone please ensure all mobile phones are switched off.

HARVEST TABLE

We would like to extend the spirit of thanksgiving out into the wider community by donating a 'hearty harvest' of fruit and vegetables to a local charity. To enable us to provide a generous donation please send along <u>a piece of fruit or vegetable for our harvest table as early as Thursday 21st March</u>.

Something for parents to ponder on:

In the kindergarten, we early childhood teachers find ways to express the mood of the seasons that is meaningful for the young child. Autumn has traditionally been a time of harvest and thanksgiving. As the seasonal changes are subtler here than in cooler parts of Australia, we find ways to notice and express gratitude for the abundance that nature provides for us. We take time to notice our environment as we become aware of the crispness in the evening air, tall grasses bursting with seeds and perhaps vegetables in the garden waiting to be picked.

A lot of preparation occurs prior to the festival to nourish the children's senses. We sing songs and play games about the autumnal changes around us and prepare a communal Harvest Table of fruits and vegetables, and, will bake a harvest loaf to share at the festival. Everything we do is done with an attitude of gratitude, joy and quiet anticipation of the arrival of Autumn. This mood permeates the kindergarten in a way that no discussion or explanation is necessary. We wonder at the changing beauty of nature that surrounds us.

We look forward to sharing our first festival together with you, as close to the Autumn equinox as possible. This is a pivotal point in the year as the days become shorter, the nights longer.

Jo and Stacey, Michelle and Felicia, Anne and Megan, Marilou and Meagan

ST MICHAEL SCHOOL AUTUMN FESTIVAL FRIDAY 5 APRIL 2019



There is a cooling in the season now; summer gradually edges away from us and an autumnal mood descends upon the earth. This can viewed purely from a physical point of view, or with a little more contemplation it is possible to experience other, more spiritual forces at work during this change of seasons.

It is to these forces, in the Steiner School that we begin to turn our thoughts and feelings during this time. And so we begins to prepare for our St Michael, Autumn Festival. We see St Michael as the ruling archangel in the heavens during this time and we focus our consciousness towards this being and the activities we undertake with the children are imbued with a mood associated with St Michael. Singing, reciting, drama, star making and whole school interaction endeavour to capture and engage the attributes of courage and strong will required to meet the challenge of moving from the light and warmth of summer into the darker, cooler season of winter. The archangel can be a source of inspiration at this time if we give him sufficient attention.

The Festival is a whole community event to which everyone is invited so we hope that you can all attend the St Michael Festival on the last day of term.

We also remind you that each child is asked to bring in a plate to share with your class and an item of food for our Harvest Donation. This can be fresh produce, tinned or packet e.g. pasta. Again we ask that this be brought in by Wednesday 3rd April and placed in the baskets at your classroom.

Michaelic Verse

We must eradicate from the soul all fear and terror of what comes toward us out of the future.

We must acquire serenity in all feelings and sensations about the future.

We must look forward with absolute equanimity to all that may come, and we must think only that whatever comes is given to us by a world direction full of wisdom.

This is what we have to learn in our times.

To live out of pure trust in the ever present help of the spiritual world.

Surely nothing else will do, if our courage is not to fail us.

Let us properly discipline our will, and let us seek the inner awakening every morning and every evening.

Rudolf Steiner

ST MICHAEL FESTIVAL PROGRAM

10.30-11.15am Break

11.15pam Lower classes dress for the play

11.30am Parents gather at the Hall

- * Forges/anvils and hammering (High School)
- * Song: Archangel Michael (High School, Upper Primary)
- * Strings & Song: Firmly on the Earth I Stand (High School, Upper Primary)
- Dragon Play (Whole School)
- * Strings & Song: Firmly on the Earth I Stand (High School, Upper Primary)
- Forges/anvils and hammering (High School)
- Song: Archangel Michael (High School, Upper Primary)
- * Blessing
- * Shared lunch

1.30pm Finish

Note: Parents are welcome to take their children/students home after the Festival. Supervision will be provided for students staying at school until 2.45pm. Please advise your Class Teacher of what your child/ren will be doing on the day. OSHC operates as usual

PAFA EDUCATION

Term 1 saw the launch of PAFA-Ed and based on the enthusiastic response from parents, we are delighted to be running another 6-week Program next term!

Whilst dates and session times are yet to be finalised, the classes are expected to run on a Tuesday or Wednesday evening from 7-9pm with a cost of \$20 per session (or \$100 if you book upfront for the Program in advance). To be the first to hear confirmed details, please email pafaedu@gmail.com
The three subjects on offer are: Science, Socio-Emotional Wellbeing and Hardcraft.

Science

This Program will be led by Tim Dunn (Science Teacher with a PhD in Biological and Molecular Science). Tim loves getting to the nitty-gritty of how things work & you will be amazed and intrigued by what you learn about the natural world around you!

Socio-Emotional Well-Being (Wednesdays)

Robyn Maggs is our High School Well-Being officer, who is offering 'Parenting 101'! She will delve with you into the human psyche and cover such topics as:

- * Threefold human being and the developing child
- * The four temperaments
- * Emotional literacy for human health
- * The Drama Triangle
- * Parent or friend Saying No and why it matters
- * Managing challenging behaviours
- * Why resilience?
- * Anxiety and our children/teens

Each week of the Science & Socio-Emotional Well-Being Programs will stand on its own, so you can dip in and out if you are unable to attend all 6.

Hardcraft (Tuesdays)

Our high school Hardcraft teacher Andy Currey will guide you through making an open-topped dove-tail box. Not only will you finish with a beautiful handmade item, but you'll also learn valuable tool skills and timber/metal work techniques along the way!



This course needs to be attended for the full 6 weeks (though a week or two off may not be the end of the world!) to gain full benefit from the Project.

For more information and to put yourself on the PAFA-Ed mailing list, please email pafaedu@gmail.com.

FRIDAY FOODIES IS BACK NEXT FRIDAY, MARCH 29!

Enjoy the winding down of Term 1 with a relaxing afternoon of connection, good food and good vibes. From 2.45pm to 4pm at The Hub, enjoy homemade food and treats, the famous PAFA sausage sizzle and sweet sounds from Open Mic.

If you'd like to have a half-table/table (\$5/10 respectively) selling homemade goods, home-grown produce, second-hand goods, or crafts, contact Cherie on 0423 503 926 or cheriepasion@gmail.com

Open Mic is back and did you know it's not only for students to perform, but also parents? Even better – parent and student duos! If you want to perform (sing, play, tell a story, recite a poem, do a dance) please contact Zoe Ackeroyd on zakeroyd@samfordsteiner.qld.edu.au

SUPPORT FOODBANK QUEENSLAND AT FRIDAY FOODIES!

Hi... my name is Dakota Walton, I'm in Year 11 and as part of our curriculum we are required to perform 50 hours of charity work... as a result I have chosen to work with the wonderful people at Foodbank Queensland.

Foodbank Queensland is an organisation that collects food donations and redistributes them to charities who, in turn, provide meals and food services to people in need.

I've been working at their Morningside Warehouse every Wednesday morning before school, sorting food and completing orders for charities such as Meals on Wheels, Anglicare and many more.

I love what they are doing and would love to contribute even more to this worthy cause. PAFA and Cherie from Friday Foodies have very kindly agreed to have me setup a stall at the next Friday foodies.

I will be there on the day collecting canned food donations from anyone who is kind enough to donate... and to make things easier!!!... I will have cans of food available for you to purchase for \$1 to then donate into the Foodbank boxes I will have available.

So, if you see my purple stall at Friday Foodies, I urge you to buy a can of food to donate to this amazing organisation.

CLASSIFIEDS

Please note: All Classified Advertisements are submitted by individuals for the community benefit. They do not in any way express the views, opinions, endorsement or policy of the school and should not be relied upon as such. **There is a flat \$5 charge for each advertisement and payment is required <u>prior</u> to inclusion.**

Looking for rental place

Hi everyone. We are family of 4 and our 12 and 10 year olds just started at the Steiner School. We are looking for a place to rent as we transition to the local area. Alternatively we would be interested in a house swap for all or part of the working week. Our house is in Holland Park good for anyone who needs to be closer to the city for work purposes. You can contact Branka or Andrew on 0450-443868 / 0450-443867

Looking for accommodation

Mother, a prep child and two indoor Bengal kittens looking for a home anywhere within 20 min drive to school. Please contact us if you or anyone you know has a granny flat for rent. We are very clean and tidy, friendly, easy going, active and love to immerse ourselves outdoor in nature!

Tama 0432 626 346 tama.furuno@gmail.com

Homeopathy

Cyena is a local Homeopath with over 10 years' experience in practice and a mum at SVSS (daughter, Sage in class 1). She works with families who prefer to use natural medicines to help with a wide range of ailments. Homeopathic medicine is completely non-toxic and acts gently, allowing children's bodies to recover without strain on their immune system. Homeopathy is holistic, taking into account the physical, mental and emotional aspects of the child's experience. Cyena uses Homeopathy in conjunction with herbal and nutritional supplementation as supports in rebuilding health and well-being. Cyena offers consultations by phone, at her home clinic in Gaythorne or by home visit. Call 0418792827. www.highervibration.com.au

Organic and biodynamic food growing

Find a pathway to your green thumb at organic and biodynamic gardening workshops held in Samford Valley and one-on-one food garden mentoring. More information at www.myfoodgarden.com.au or contact Peter Kearney on 0401156532. Workshops start in March, book now.

Kids Yoga in Samford @ Zen Space

Term 1 Tuesday 12th Feb- 26th March Kids: 4-7yrs (3.30pm-415pm) Tweens: 8-12yrs (430pm-5.30pm)

Yoga for Mums @ Kobble Creek
Term 1 Monday 18th Feb- 25th March
Time for you to move, be still and enjoy peace
within.

Contact Kathryn Avery (034237397) kathryn@kathrynaveryyoga.com www.kathrynaveryyoga.com

Dogs Down Pat

Dog grooming, dog training/behavioural consultations, home pet care visits and dog walks. I also offer owner education workshops and lessons covering groom and clip your own dog, before your new puppy arrives lessons, puppy training. Services and training provided by Susan, a qualified and experienced veterinary nurse, dog groomer and trainer. Like my page on Facebook - Dogs Down Pat. Phone 0452 663 408 or email dogsdownpat@gmail.com

Creative arts therapy: Sessions & Courses: for Adults and Children

Creative arts therapy creates a space, where a difficult challenge or condition in the soul can be brought and explored in a gentle way. Using a range of artistic activities including sand play, painting, drawing and form drawing, clay modelling, writing and conversation, an unravelling begins. This may happen over a series of sessions with both guided and more open activities. Art making generates inner warmth and nourishment, helping to restore balance where astrality presses too deeply on the soul. Reflective opportunities help to assist understanding, ultimately strengthening one's resolve to move forward by oneself.

This therapy is also suitable for children. With the assistance and involvement of the parent/parents a series of sessions is structured to meet the child's needs. Drawing upon Rudolf Steiner's fourfold view of the human being a way is sought to support and lighten the unfolding challenges

that have become a hindrance for the child. A therapeutic story or artistic reflection is offered to the child as a completion of the series of sessions.

Kate has had a background of many years working in the creative field, as a crafts and handwork teacher in the Steiner School system and is a qualified Creative Arts Therapist.

MA (CreativeArtTherapies), Grad DipArt Therapy &

Couns. MIECAT. Member ACA

Kate Sharp Mb: 0401884205

E: sharpcatherine1@gmail.com www.katesharpartstherapy.com

Wine events for your Corporate, Social Club or Society

Looking for a novel concept for your next event? I host distinguished wine events for your business, social club or society to suit staff or client entertaining, networking and milestone celebrations.

You choose the ideal format and theme – I will help! - to suit your group of 10 to 100. I bring the story behind the labels in a fun, blind tasting. Experience the flavours of Nero d'Avola from McLaren Vale side by side with the Sicilian original! And see if you can identify which is which.

from the classics to the alternative (my passion!)
 to the downright obscure (also my passion!)
 Contact Rob Hewitt at
 Robert.hewitt@bigpond.com
 or call 07 3882 0328
 or 0447 762 321

Explore seriously good Aussie and imported wines

School Contact Information

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CRICOS Registration:

RSEGB T/A Samford Valley Steiner School **CRICOS 03326J**