



NEWSLETTER

Term 1 Week 6 6 March 2020

MOVING INTO AUTUMN

Dear SVSS Community,

It was wonderful to see so many families and over 120 adults at the Working Bee on the weekend and the school looks very well cared for. A biodynamic compost was created, some High School rooms were cleaned,

OSHC/Boombana was turfed, lots of weeding was achieved throughout the whole school, gardens were mulched and garden beds retained and Class 2 small blackboards were freshly repainted. Whipper snipping resounded around the school and cleaning of the Primary School future building site was achieved. Amongst all this activity, children played, food was prepared to share and school tours were in progress. A lovely hum to the day! Thank you to all that participated and Paul Clarke for his coordination. If you missed out on the fun, there is always next term!

Last week the Early Childhood families were advised we are starting a Pippis program for 4-year olds in Term 3. There are limited places; 3 children for 2 days in both the Silky Oak and Water Lily rooms, Monday/ Tuesday or Thursday/Friday. This means 12 children overall will be able to attend. Joan has sent out expressions of interest to those families on the pre-prep waiting list and there has been much interest and excitement. It is wonderful that we are now able to offer a Steiner program to younger children and support families in our community.



Preparations are underway for our Primary and High School Autumn Festival (Kindergarten hold their own beautiful festival). As we are now double streaming in Class 3, we will

have a much larger dragon this year, possibly a two headed dragon! I am sure though that our very capable Class 4s will have no trouble in taming this mighty dragon.

> "Archangel Michael, Messenger of Christ Guide and lead us on, With your sword of light"



MOVING INTO AUTUMN -UPDATE FROM SCHOOL DIRECTOR *P1* PRIMARY SCHOOL NEWS *P3* CLASS 8 SAILING CAMP *P4* SRC UP AND RUNNING *P5* HIGH SCHOOL EXPO *P6* RIDE2SCHOOL DAY *P7* I am relieved to know it is Autumn, though yet to feel the cooler days, the nights are certainly much easier. I love this time of year, even though we don't witness so much a changing of the seasons as in cooler climates, there is certainly a shift in mood as the days move towards the equinox to equal days and nights. This mood shift brings a certain awakening from the dreaminess of the long hot summer as the mornings and evenings feel crisper. The Autumn Festival portrays Archangel Michael overcoming the dragon with a flaming sword to give us courage in the face of hard times or impending darkness as Winter approaches.

Festivals also create a sense of the rhythms of the year and belonging to a community that celebrates important events together. This provides comfort and security to our children and even the High School students, who might be cynical in their emerging adolescent, come to appreciate the significance of the festivals as they mature into young adults.

It seems at times this year we have had many obstacles to overcome. Starting the year with the memories of the horrendous bushfires that wreaked havoc on many communities and the environment, making sure Class 6 and 7 were ready for day one of the term after the huge relocation project during the holidays, finding out that two classrooms had termites and needing rehousing at the last minute before term commenced, experiencing a whooping cough outbreak, and now with the almost surreal threat of the novel coronavirus and the impact it is having on communities and the economy.

This is why the Autumn festival is so important. It gives us the iron courage we need to overcome these battles, to find the inner courage and wisdom to understand what is important; that is family and community. So, we come

together to celebrate, to take pause to reflect at the equinox and find the equilibrium and harmony as a community that we need to provide an excellent education for the students in our beautiful school. To do this we each need to play our part to our very best ability.

"In Autumn Saint Michael with sword and with shield Passes over meadow and orchard and field; He's on the path to battle 'gainst darkness and strife; He is the heavenly warrior, protector of life. The harvest let us gather with Michael's aid; The light he sheddeth fails not nor does it fade; And when the corn is cut and the meadows are bare We'll don Saint Michael's armour and onward we'll fare..."

Warm regards, Tracey Taylor, School Director



Dates to Remember

Thursday 12 March RSEGB AGM, 7pm in the Hall

Wednesday 18 March Kindergarten Autumn Festival

Thursday 26 March Cuppa Morning with Tracey, The Hub at 9am

Friday 27 March School Autumn Festival, time tbc Term 1 ends

Tuesday 14 April Term 2 begins

Thursday 23 April High School Expo, 5pm – 7.30pm

PRIMARY SCHOOL NEWS

... Boom, boom, boom, boom, Ra!!!!!

Yes, the dragon is coming! Class 3; no, two Class 3's are dragonning it up at full voice for the coming Michael/Autumn Festival. Preceded by a hail of drums, beaten up by Class 10. But, how will this new dragon look? Will it be longer? Will it be fatter? Will it cross over itself? How will it enter? How will it behave; or not behave? So, these are questions which the organising committee for the Festival must ask and for which it must then find some practical resolution, among many other organisational factors. And this involves every class from the two Class 1's all the way through to Class 12; how can every class offer a substantial contribution to the Festival; take a positive responsibility for their part, and where necessary, for the whole, when everyone is engaged at certain points within the Festival, especially the full school choral singing.

I have been very fortunate this past week in being able to visit some of the Classes 1 - 4 to tell them a story about the beautiful, harmonious village which has had its burgeoning autumn crops burnt and ravaged by a devastating dragon and the measures required to overcome this destructive entity. The appeal to the Archangel Michael for the cosmic thoughts required to combat the dragon; the assistance of the meteors to provide the cosmic, meteoric iron necessary, as the only suitable metal, and the skill of the gnomes who are the only ones capable of forging this special metal into the only weapons sufficient to subdue the dragon. The children live into this story and become animated and excited when they hear what their role will be within the 'Michael and the Dragon' play; their imaginations and feelings are piqued. And they begin to think into what it means to act as a gnome, a part of a dragon, a villager and ask, who is this Archangel Michael?

The cultivation of the feeling life in children is the essential focus of Steiner Education between the ages of 7-14 and the prime key and stimulus to activating this feeling life is to ignite the imagination, as this story and the performing of this play do. Steiner states the importance of these factors in the education of the child:

The teacher must keep alive all her/his subjects, steep them in imagination. The only way to do this is to permeate all that she/he has to teach with a willing rich in feeling. Such teaching has a wonderful influence on children in their later years.

The children love the role they have in a particular year but also yearn longingly for when they can become the dragon, or a villager or warrior in future years. The Class roles are:

- Class Ones the Gnomes
- Class twos the Meteors
- Class Threes the Dragon
- Class Four the Villagers, the Warriors and the Royals [King and Queen].

There's a ripple through the Primary School as we awaken into the Autumn season of the Archangel Michael.

Warmest Regards, Alan Drysdale Primary School Education Administrator

SAMFORD STEINER SCHOOL OSHC VACATION CARE MARCH/ APRIL 2020

Bookings now open for the March/ April school holidays.

Please see the attachments for the program and booking form or contact Kylie Turner <u>oshc@samfordsteiner.qld.edu.au</u>

CLASS 8 SAILING CAMP



Class 8 have been on the first camp of the year for the school. For the past week they have spent 4 nights camping at "Captain Logan's" campsite and have been learning to sail the school's fleet of Dorys and Prams, which have been hand built by Class 10 students over the years.

A big part of the trip is getting the students familiar with the camp practices and routines that are expected in the High School. Students will be cooking on Trangia stoves and sleeping under light weight hiking flys.

This camp also forms part of their Main Lesson "Physics of Air & Water". Students have been doing classwork in their outdoors classroom most mornings and taking advantage of the afternoon winds to apply their learnings to a practical setting, as well experiencing the joys of sailing on Lake Wivenhoe. They will return this afternoon with lots of stories to share with their families and friends. Thank you to the teachers, students and guardians of Class 8 for a great week of learning, fun and adventure.



SRC...

The Student Representative Council for 2020 is up and running with new initiatives and support for the wellbeing, stability and improvement of our High School.



This term the SRC are involved with helping organise the following events;

- The Ride to School Day on Friday the 13th March that will have a spooky dress up theme as well as offering breakfast to students who ride.
- A tree planting day on Monday 23rd March to celebrate National Eucalyptus Day that will be led by Jack Hewitt in Class 12 who will begin the day with a talk on the Eucalyptus tree followed by each student in the high school planting a tree throughout the day to help offset our carbon imprint.
- Arranging for non-perishable food items to be brought in by all classes for our Autumn /Michael festival on Friday 27th March.

Delaney Crawley High School Education Administrator

> NATIONAL EUCALYPT DAY 23 MARCH 2020





National Eucalypt Day is a day to celebrate our remarkably unique and beautiful eucalyptus trees.

Every High School student and teacher will be planting a eucalyptus tree on this day.

Thank you for your help and participation.



HIGH SCHOOL EXPO

Our High School Expo Evening is an opportunity for parents and students to come along and see a taste of all that we have to offer at SVSS. From Main Lessons to camps to our overseas exchange program, Senior Research Projects and the New Zealand Certificate of Steiner Education, all our subject areas will be on display.

- We will have talks throughout the evening from our High School Education Administrator as well as key staff members and students.
- You will have the opportunity to meet and talk with High School teachers and students to ask questions about our academic, pastoral and cultural programs and get more information about the Steiner curriculum and the ways it is brought at Samford Valley Steiner High School.



THURSDAY 23 APRIL @ 5.30pm - 7.30pm SCHOOL HALL



Samford Valley Steiner School

are excited to be celebrating National Ride2School Day on Friday 13 March 2020. National Ride2School Day is the perfect opportunity to kick-start new healthy habits and promote the many benefits of active travel. We encourage all students and their families to leave the car at home and give riding, walking, scooting or skating to school a go.

NATIONAL RIDE2SCHOOL DAY -FRIDAY 13 MARCH

National Ride2School Day is only a week away, so here is some detailed info to help you and your child to get prepared.

Rides

There will be 2 different rides into school being supervised by teaching staff.

<u>Tennis Courts Ride (8km)</u> – starting at the Tennis Courts just north of Samford, this ride will be predominately off-road using Samford's network of 'pony trails' and some back roads. Riders starting at the tennis courts need a reasonable level of fitness and riding skill, there is considerable trail erosion and some small creek crossings. There is a half way meeting point at the end of Sunset Grove.

<u>Ferny Grove Ride (10.5km)</u> – starting at Ferny Grove train station, this ride will be predominately sealed surfaces following the rail trail, some back roads, and a small section of 'pony trail'. Riders starting at the train station need a reasonable level of fitness and some basic riding skill. There is a half way meeting point at the start of Nullamanna Street.

<u>Other routes</u> – competent and experienced riders can choose other routes to ride to school, but there will be no supervision or support for these rides.

<u>Young/inexperienced riders</u> – the above routes are not suitable for very young riders or inexperienced riders. There is the option of meeting at the old soccer club on Binalong Ct and riding to school at 7:15. This is a very short and easy ride linking Binalong Ct to Atanie Cr. Young/inexperienced riders must be supervised by parents/guardians. The supervised student ride from Ferny Grove should be passing through here about 7:25am

**This is a Ride TO School event only. Any arrangements for supervised riding home in the afternoon need to be made prior to the day.

Timings

Both rides will be departing their respective start points at 6:30am, and their ½ way points at 7:00am. Please make sure your riders are at the meeting point at least 10 minutes prior to these times. Both groups should be arriving at school by 7:30am

Supervision

Parents wishing to ensure that their child is supervised on their ride need to be at the meeting point to sign their child into the ride. The lead teachers will have a sign in sheet and they will then be responsible for checking on those students during the ride and signing them out on arrival to school.

Bikes/Helmets

Bikes need to be in good working order. Please get them out this weekend and make sure the tyres are pumped up and the brakes work. Due to the off-road sections and the current trail conditions, bikes should have off-road / mountain bike style tyres fitted for comfort and control. Road bikes with hard skinny tyres will not be suitable. All riders must have a properly fitting helmet. Supervising staff may refuse to take a student if their bike or helmet does not appear suitable.

(Jason at My Bike Shop on Samford Rd is happy to help you with your bike servicing needs)

Clothing

Riders should have appropriate cycling wear, including closed in shoes. Please no skirts or dresses. The trails

are pretty wet and muddy at the moment, a change of clothes could be a good idea. Gloves and glasses are recommended but not essential.

Food/Parking/Prizes

Breakfast (sausage in bread) is being generously provided by PAFA, with vegetarian and gluten free options being served from The Hub at 7:30am.

Please check with your class teacher about where to park your bike.

All riders that sign in on arrival to school with go into the draw to win some awesome prizes provided by Jason at My Bike Shop.

For any more information please contact Simon Roberts (Outdoor Education Coordinator) via the usual school channels.

CLASSIFIEDS

Please note: All Classified Advertisements are submitted by individuals for the community benefit. They do not in any way express the views, opinions, endorsement or policy of the school and should not be relied upon as such. **There is a flat \$5 charge for each advertisement and payment is required** <u>prior</u> **to inclusion**.

Your own thriving organic/biodynamic garden

We provide self-sufficiency design, implementation and mentoring for your food gardening endeavours: covering vegies, herbs, edible flowers, fruit trees and native edibles. We also run regular organic and biodynamic gardening workshops, check our workshop calendar at <u>www.myfoodgarden.com.au</u> or call Peter Kearney on 0401156532. Next biodynamic 2-day workshop is on 28-29 March in our beautiful and productive urban farm patch in Draper.

Nick Ellson Holistic Health - Mobile PT and Online I know just what it's like to be a parent, juggling to fit everything in. And I know how easy it is to let your own health and fitness keep falling down the to-do list!

So I created the <u>21 Day 'Small Steps, Big</u> <u>Difference' Challenge</u> – a three week program designed to help you feel fitter and have more energy through simple & manageable daily actions:

- daily challenges
- weekly feedback
- achievable goals

For more information, call Nick on 0434 990 572, or you can start today by <u>clicking here</u>. If you'd prefer more specific, face-to-face exercise and health coaching I also offer a mobile service in the Samford Valley so give me a call to book in your complimentary assessment.

Homeopath/Naturopath

Cyena is a SVSS mum and a natural health practitioner with over 10 years' experience in practice. She works with families who prefer to use natural medicines to help with a wide range of ailments. Homeopathic medicine is completely non-toxic and acts gently, allowing children's bodies to recover without strain on their immune system. Homeopathy is holistic, taking into account the physical, mental and emotional aspects of the child's experience. Cyena takes a naturopathic approach to health and is qualified to prescribe nutritional supplements and herbal medicines where needed. Homeoprophylaxis preparations and programs available. Cyena offers consultations for adults and children by phone, via home visit or at her home clinic in Gaythorne by appointment. http://www.highervibration.com.au Call 0418792827.

Local Co-ordinator Needed

Student Exchange Australia New Zealand is looking for a volunteer Local Coordinator to monitor the progress of an Exchange Students who are living in the Closeburn to Bribie Island area. Here is the link to our website that explains what coordinators do <u>https://studentexchange.org.au/assets/Downloads</u> /CommunityCoordinator-Aug2019.pdf

The Students are two Japanese boys, one German Girl and one French girl.

Coordinating is a volunteer position; however, reimbursements are made for coordinating

activities.

If you are interested, phone Elise at the Student Exchange Office: 1300135331 or <u>etearne@studentexchange.org.au</u> Thank you very much for your help. <u>http://studentexchange.org.au/</u>

Child Friendly Goddess Sharing Circle - Friday 13 March, 9.15-11.45am, Samford Valley

I invite you, dear women, to this beautiful child friendly goddess sharing circle where we will gather together as women to connect, breathe out and just be. Come by yourself or with a friend.

I recognise that sometimes, with little ones, it's best for women to gather in the day with the option to bring our children. I also believe that the young children today benefit from being in high vibrational spaces. However, if this time suits you and you don't have, or won't be bringing your children that is totally perfect as well. It's time to sit together in this gorgeous goddess sharing circle to nourish yourself with true connection with other women, ceremony, shared wisdom and meditation.

\$20 (+booking fee) per goddess

To provide time for each woman to participate fully in this sharing experience, and to encourage connection, the numbers are limited to 8 women. Please book early if this sharing circle is calling you to avoid disappointment.

"Danielle's circles are a lovely way to make real, genuine connection with other women and good for the soul!!!" Narelle

"Danielle is amazing! A beautiful gentle soul who provides a safe inviting sanctuary to allow you to connect, share and grow. Highly recommend!" Kim

To find out more, to connect with me or to secure your space in this beautiful gathering: <u>https://events.humanitix.com/child-</u> friendly-goddess-sharing-circle

Danielle (mum of Soraya Class 8 & Aidan Class 11) Woman Dreaming Holistic Nurturing 0466 843 344

School Contact Information

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Email: info@samfordsteiner.qld.edu.au

Facebook:

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Wights Mountain QLD 4520

CRICOS Registration:

RSEGB T/A Samford Valley Steiner School CRICOS 03326J