



NEWSLETTER Term 3 Week 2 26 July 2019

WELCOME TO TERM 3

Welcome back to all students and families to our Spring term and a warm welcome to new students and their families. We have an exciting term with many events on the calendar so please keep abreast through the newsletter, emails and teachers.

I have had a few parents ask if we can have Lou Harvey Zahra return to share her wisdom on child development and parenting and I am pleased to announce that she is coming to Samford this term! Lou is a Steiner teacher and a parenting author with four Waldorf-Steiner books with Floris Books, presenting across the globe in Steiner schools. She recently returned from a speaking tour of 14 UK Steiner schools. There will be a *Parent Creative Discipline* Workshop either Sunday 1st or Monday 2nd September, (to be confirmed), an opportunity for Lou to give a presentation to teachers and also an evening talk for parents Monday 2nd September, *Growing Children, Thriving Children* at 7pm. This talk is for the whole school, for parents with toddlers to teens, sharing stages of child development matched with the Waldorf curriculum. It covers the three gifts of early childhood and the major transformations at 7, 9 and 12 years. This talk is being generously sponsored by PAFA. More information will be available soon, but save the date!

This term the primary students will hold an assembly Week 6, which is Thursday 22nd August, starting at 8.45am in the hall. As the hall is booked with high school drama preparation for their play, we will not hold an assembly in Week 3. However, there are a few class plays on this term so there are other opportunities to see your children in action, and also the Primary Music Night In this Issue



WELCOME TO TERM 3 *P1* CLASS 6 – TURNING TWELVE *P3* LIBRARY NEWS *P4* SAILING CAMP *P5* CLASS 12 SENIOR PROJECTS *P7* SAMFORD SHOW *P10* CATCHING UP WITH RECENT GRADUATE *P11*

in Week 5 on Thursday 15th August. This will be an opportunity for our official opening of the Music Building, starting at 5.45pm. All are welcome!

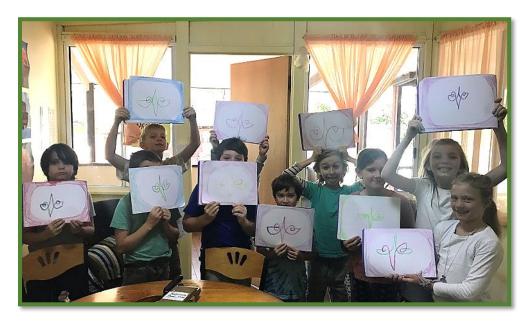
Our goal at Samford Valley Steiner School is to be a vibrant "community of learners; teachers, parents, and students, striving to achieve individual, communal and global growth and understanding". This requires us all working and learning together, therefore healthy communication is essential, teacher to parent, parent to teacher, school to community and community to school. I have appreciated those parents who come to me to ask for more communication and for more understanding of the curriculum, how it works at different stages of the school and what the high school offers. With this feedback, classes 4, 5, 6 and 7 will have their class meeting on the same night, Tuesday 6th August at 6pm, so that parents can hear from high school staff about the inspiring education offered in the upper years.

I will be offering an evening talk on the primary years this term (date to be advised) and a morning tea cuppa/chat in the hub, Thursday 8th August 9.30am. Please come along to chat, ask questions and have a cuppa. It is informal and a wonderful way for me to get to know the community better.

In September, Samford Valley Steiner School is proudly hosting a unique event (3-7 September) to celebrate 100 years of Waldorf education in the world, a Youth Conference with 14 Steiner high schools attending and students from Years 10 to 12 working together, having conversations and workshops. Look up this website to see what is behind Waldorf 100 and events happening around the world <u>https://www.waldorf-100.org/en/</u>.

Have a great term,

Tracey Taylor, Primary Education Administrator



Class 3 visiting Tracey to show their beautiful form drawing.

DONATED GOODS TO THE SCHOOL

A reminder that any donations of goods to the school must be approved by school management prior to being dropped off. Presently, donations just appear and often end up in the skip as we have no use for them. With the recent tax placed on the dumping of waste, this is an additional \$330.00 on a 12m3 skip.

Thanks Paul Clarke, Site Manager.

Dates to Remember

Monday 29 July – Friday 9 August Class 9 Canoe/Seminar Camp

Tuesday 6 August

High School Parent Teacher interviews 3pm – 6.30pm

Friday 9 August Friday Foodies, 3pm The Hub

Monday 12 August EKKA Holiday

Thursday 15 August Primary School Music Night, 6pm - 9pm

Saturday 17 August Working Bee/School Tours

Wednesday 21st Aug Kindy Parent Night, 6:45pm cuppa, 7pm start

Thursday 22 August Primary School Assembly, 8.45am in the hall

Monday 26 August – Friday 30 August Class 8 Patterns & Rhythms Camp VET Outdoor Rec Camp

Tuesday 3 September -Saturday 7 September Australian Youth Conference (Years 10 - 12)

Monday 9 September – Friday 13 September Class 10 Arts Camp

CLASS 6 -TURNING TWELVE

"At a certain point, you say to the woods, to the sea, to the mountains, the world, now I am ready. Now I will stop and be wholly attentive. You empty yourself and wait; listening, looking, feeling" -Annie Dillard-

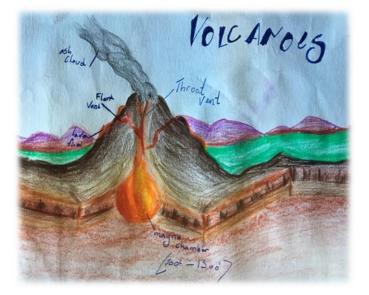
Turning twelve is a significant time in the growth and development of the human being, and so with great change afoot there comes the time for many new encounters. Currently Class 6 are experiencing their very first Science Main Lesson. Physics: Acoustics/Optics/Temperature.

Rudolf Steiner indicates that the child's capacity for discernment is first awoken at this age: an ability to make 'sense' of the world. For the first time the child can truly make clear judgments out of an understanding of cause and effect. The first lessons in Physics take in the phenomena of sound, light, and warmth; asking the children to listen, look, and feel the sense perceptible world. In the first week we began with the simplest of experiments, or should I say experiences. Firstly, a string quartet playing the most beautiful music performed by no other than our wonderful Instrumental teachers. Then onto the strumming of a monochord to reveal the 'basic miracle of music': something also discovered by Pythagoras of Samos over two and a half millennia ago. Finally, we concluded the week bowing the edge of a 'Chladni Plate', very strange indeed and well worth Googling!

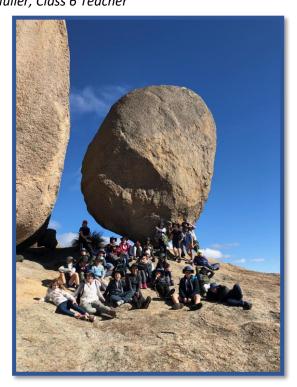
I have enjoyed bearing witness to the many gasps of amazement and stunned moments of complete fascination. While turning twelve can be challenging, it is also a beautiful time when the romance of childhood still holds sway and the awakening to phenomena can be a truly joyful experience. Many great and lasting impressions can be made at this age. Through a direct schooling of the senses a new appreciation and love for the world can be instilled into the young human being. While we study the phenomena of sound, light, warmth, magnetism and electrostatics in the Physics lessons, the senses are also enlivened to the world as we turn our attention to the stars in Astronomy, and the crystals and rocks of the earth in Geology.

In Class 6 the study of Natural Sciences completes a three-year journey that began with the study of the Human Being & Animal in Class 4, continued with Botany studies in Class 5, and is concluded in Class 6 with a study of the Mineral Kingdom, Geology. The children completed the Geology Main Lesson just before the winter holidays and so I will finish up by sharing with you some of the beautiful student bookwork and also a bit about our class camp to Girraween National Park.





I believe we are the first SVSS class that can say they went on a class camp, in Queensland, and woke to snow swirling around their tents at first light. Dancing snowflakes and frosted leaves will leave a lasting impression upon the senses of any human being. We were fortunate that the sun was shining the following day and so we climbed and conquered the massive granite dome known as the Pyramid. Not for the faint hearted, though definitely for the growing twelve-year-old. *Ted Muller, Class 6 Teacher*





LIBRARY NEWS

As we begin the new term, the library has become a quiet reading place, a vibrant work area and a presentation space as various classes come in to read, research or browse and borrow from the collection. Laptop computers are now in the Library for high school classes to use on research tasks and, at the end of last term, our senior class, Class 12 presented their progress reports on their Senior Projects.

Fabulous news is the new cushions for our reading area kindly donated by PAFA. We now have a comfortable space to sit back and READ!

Class 7 have also displayed their German projects and now clay work after reading *The Alchemist*. I have also begun cataloguing a beautiful collection of donated art books which will form a reference library for the High School Art Main Lessons and classes. It has been great to see the library return to an active and lively space for our children from across the school. The staff haven't been forgotten either with three computer workstations installed. This term will see planning for new developments next year as well as a continued sorting and upgrading of the collection.

Once again, I extend my thanks to PAFA and the parents who



have kindly given their time to get the library quickly set up and running effectively. Please feel welcome to come and visit our school library. *See you in the library, Brendan*

SAILING CAMP - by Lucinda Skett

Class 11 sailing camp of 2019 was a wonderful experience for everyone involved, both students and teachers seeing the camp as a great learning opportunity. No one knew what the camp would be like, but it turned out better than any of us had anticipated.

Each challenge was viewed as another learning opportunity, and because of this mindset we never had a dull moment over the course of those 5 days.

So many memories were made on this camp, it's hard to decide which ones to share. We all experienced what is was like to sail, with and without the threat of a boom hitting us on the head, and the entire week we had perfect weather on the water.

Off the water on Teerk Roo Ra (Peel Island), a bunch of us went scavenger hunting for rubbish up and down the beach, bringing back the remains of an inflatable boat, a rather large old truck tire, and a huge amount of assorted litter that had washed ashore, or been left behind by others who had visited the island before us. We dropped the boat-loads of rubbish off at Dunwich where it was handed over to the local rangers.



Throughout the camp, the teachers always told us to leave the places we visited cleaner than we found them, and I like to believe we took those words to heart. I think the three teachers who accompanied us on this camp made it so much better, each one of them teaching us something about the land, sailing, the history of the places we visited, Aboriginal culture, and I could go on. They each taught us something new and had so much to offer us, and we were all extremely grateful to have them there with us.

We spent a lot of time reflecting on our experiences and practicing mindfulness. Every night we sat around a small trangia fire (National Parks campground, so no open fires), and each night the teachers gave us a question that we were encouraged to answer individually. Despite some discomfort in our bodies, at the end of each day everyone headed off to bed feeling contented after having reflected on the day.

While there were numerous occasions where we were given the opportunity to be quiet and present in the moment, there were others that were far from the calm of our little trangia fires.





On a day without much wind we decided to do some practice capsizing and rescuing, where a number of us had to face our fear of a possible shark encounter and the chilling temperature of the waters of the bay. At another time, many of us felt some anxiety when wading through murky water to our boats from Myora Springs - a place the Indigenous people of Minjeribah (Stradbroke Island) would bathe and gather fresh water, the women even giving birth in the spring. While the springs were calm and clear, the water separating us from our boats was filled with stingrays and as everyone walked through the water it became impossible to see what we were stepping on. Luckily no one got a barb through the foot so everyone could enjoy



gusts of wind that sped us over the waves back to Teerk Roo Ra.

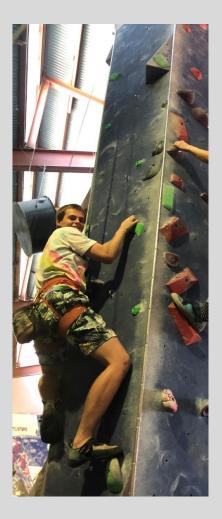
The entire camp is made up of stories, each one precious even if it isn't extravagant. I think sailing camp is a favourite amongst our class for a multitude of reasons. Our class has always been close, but at the end of this camp I feel we came out closer and stronger than when it started.





Rohan Crookes

Rohan Crookes has been at the school since preschool in 2006. He is a reliable and hardworking student who aims high with most things he puts his mind to. He cares for his classmates as well as for other students in the High School and I know if I need something to be done he will willingly step up and help me out.



INTRODUCING CLASS 12 STUDENTS AND THEIR SENIOR PROJECT (SP)

What is your Senior Project about?

My project is about the effect that physical activity can have on our mental health. I was inspired to do this after witnessing my brother go through some mental health issues and noticing that these improved with physical activity. I am quite an active person myself and have also noted that I feel better after any activity, so I decided to use these observations and research them more. As part of my project I am raising funds for a mental health charity SANE Australia and will be participating in a 24-hour climbing event with 11 others, including my brother – that climb is this weekend and there has been, and still is a lot of work to do to prepare for it.

To assist Rohan in reaching his fundraising goal please go to SANE

NOTE: Since interviewing Rohan he has had to postpone his climb. Communication regarding this postponement was emailed to the community on Wednesday. The climb will now be on September 21st/22nd so please mark this in your diaries.

To the people who have already donated to SANE on his behalf, thank-you (for those who haven't please don't let this glitch stop you – maybe with the extra time he can aim for \$7000).

What have found enjoyable about the process?

The generosity of people, I am really amazed at the amount that people have donated towards the cause and the number of people who have helped me to get to where I am at. Also, when I hit a major glitch, the offers of support that came from people were touching and almost beyond belief.

New skills – Communicating and negotiating with businesses, learning to accept changes and disappointments and still move on regardless, being flexible in my plans and recognising they need to meet other, outside requirements not just my ideals.

What have you found challenging?

• Getting insurance for the event, I have worked with the school management team as well as the insurance companies and I was not expecting to do that amount of bureaucratic work as part of my project, it has taken a lot of my time to work these problems.

• Council paperwork and permissions that I had to do for my original plan of a bouldering competition (with two different city councils), and again for this current plan of a climb-a-thon.

• Getting a team together and having commitment from the members in a timely manner.

• Getting sponsors – approaching them was frustrating, it was a longer process then I thought mainly due to other commitments I had e.g. school work, assessments etc, they kept me busy and prevented me from following up straight away with sponsors.

• Working with business's was tricky because I was at school during business hours and this did slow things down – there was always a lapse in communication because of being in school, I did get there though and am grateful for people like Ruth who helped with that communication.

To date what have you gained from the process?

- Better understanding, as well as frustration, of the bureaucracy and the circles you can run in. Also learning not to give up, to find other options and keep going.
- Learning how to work with others, and with bureaucracy.
- Communication skills, especially regarding working with bureaucracies (councils, insurance).
- Understanding people with mental health issues a bit more, and a much greater understanding through my research, of issues around mental health and people's healing.
- Knowing that people are deeply caring and most will do anything they can to support you if you are really making an effort to do everything you can for yourself.

How would you describe the Senior Project to someone who does not know what it was?

It is a chance for you to try something you have wanted to do but have not yet done or tried. The project gives you the opportunity to really delve into what you choose – usually something you are passionate about or deeply interested in.

How are you feeling about the completion of the project?

Climb – I am looking forward to having the climb over, I have been preparing for this aspect of my project since start of term 2 after my plan A – the bouldering competition – was refused by both relevant councils in term one, and it has been extremely time intensive planning it and getting it happening.

Thesis & Presentation – I am feeling confident in regards to completing the thesis and the oral presentation though I know there is a lot of work still to do to finish the thesis.

What are your plans once you leave school?

I currently have a part-time job as an assistant guide in the climbing industry. I would also love to do a carpentry apprenticeship, and plan to look into this as soon as I finish school and have more time – my SRP has demanded so much more time than I ever imagined it would - so if you, or someone you know is looking for a hardworking, reliable apprentice please let me know via the high school office ©

Describe in one sentence your experience at Samford Valley Steiner School

My Mum suggested I answer this by thinking about why I would recommend SVSS to others and the answer is; it's a great school, they treat you like you matter. The curriculum is quite creative and practically based, even the academic stuff and I have really enjoyed my whole time here. It's kind of hard because it is an education you don't really understand until you've done it. I know people I've talked to whose kids go to other schools love hearing about what we do.

Jahan Wallis

Jahan Wallis joined the class at the start of this year. He moved up from Melbourne to finish the education at Samford Valley Steiner School as he wanted to complete his schooling with the Steiner Curriculum. He has been a delightful addition to the class.



What is your Senior Project about?

My project is about the history of the Rhapsody – which involves me researching what a rhapsody is as well as me composing a rhapsody based on what I am finding in the research.

What led you to choose that topic?

My love and passion for music led me to choose this as a topic for my Senior Project. I have played piano for 6 years, enjoying every moment of it. Since starting piano, I have found it considerably calming, helping me focus in times of stress. I chose specifically to work on a rhapsody because I had been playing the Hungarian Rhapsody no. 2 for some time, enjoying the time I have spent working on it. The playing of it calmed me down in a positive way. This is what has inspired me to want to compose one.

What have found enjoyable about the process?

How I get to feel relaxed, yet am working on a big project; this is because I am playing the piano as part of my project, it is something that I do enjoy.

What have you found challenging?

Overcoming the fact that 'not great' has to be good enough – I am not 100% happy with quality of my composition.

Making creative decisions regarding the writing of the piece – each step impacts on the next and I would love to see the end product to help with some of these earlier decisions.

To date what have you gained from the process? Greater appreciation for composers.

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Formal creativity – being able to create something under a bit of pressure as opposed to when I usually create for my own enjoyment.

How would you describe the Senior Project to someone who does not know what it was?

A project for class 12 students where they can express creativity in a chosen field.

How are you feeling about the completion of the project?

Not 100 % sure of what the completion will look like at the moment, I will be relieved a little to have handed something in but I will have sadness because it is over – this is because I enjoy the creative process and have loved the opportunity to do this as school work.

What are your plans once you leave school?

The immediate plan after school is to work and do some travelling. I want to study in some a tertiary institution later – looking at Mathematics and physics.

Describe in one sentence your experience at Samford Valley Steiner School Wonderful and relaxing.

SAMFORD SHOW

I am sure some of you had the pleasure of attending the Samford Show over the holidays and hopefully if you did you took opportunity to visit the children's Art and Craft section. The school had parents and staff heavily

involved with the show in a voluntary capacity as well as some Class 11 students assisting as part of their community service. Their assistance was much appreciated.

In the work that was entered there were many wonderful pieces, some of these pieces were from our students and they received a ribbon (First, Second or Third) for their work – a big congratulations to them.

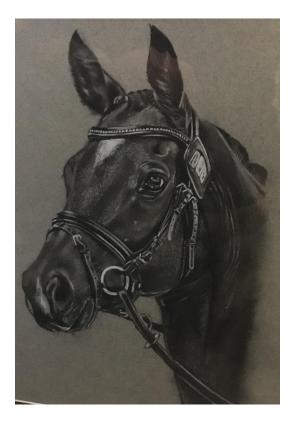
While there I did notice that a couple of our students received an overall award and we would like to acknowledge their efforts and congratulate them.

• Poppy Croker from Class 5 entered a wax piece which saw her receive the Junior Reserve Champion trophy.



• Lily Hobbs from Class 8 entered a few pieces and received the Senior Champion trophy. Congratulations!

All students should be very proud of their efforts. The Art and Craft exhibition is always enjoyable to go and visit and it is because of the beauty in the creative work that the students have entered. *Mercedes, Admin*







CATCHING UP WITH GRADUATE EMILE REGANO (CLASS 12 2018)

Emile Regano graduated at the end of last year and since then he has not really been still. He is completing an internship at The Brisbane Arts Theatre, and was involved in one of their productions 'One Flew Over the Cuckoo's Nest'. He is also continuing the writing of his play that he started as part of his Senior Research Project last year.

Over the holidays some of the High School staff went along to see Emile in the play and we all loved it, it was fabulous and heart-warming to see Emile in the play, almost like seeing one of your own children up there – I think we were all immensely proud of him.

He played the role of Billy Bibbit and did it with high skill. We were able to catch up with him after the play and he was pleasantly surprised to see us all. One of his cast mates was in shock that High School staff would come and support one of their past students, this highlights the strong relationship that can develop between students and teachers, feedback that we often hear from past students.

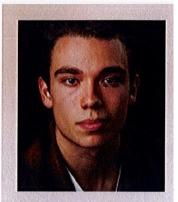
As part of this catch up I asked Emile a few questions about his experience with the play.

What did it meant to have the staff there? It meant a great deal to me to have an interest outside of school supported by so many of the staff.

How did you find the production and did the drama lessons at school help you? I found the production to be an enjoyable and challenging experience, particularly working with seasoned actors and directors.

I think that being involved in high school productions gave me the impetus to enrol, and pursue drama further.

How are you finding the internship overall? Overall, I am enjoying the internship, notably the course content, as well as the unique atmosphere of The Brisbane Arts Theatre.



Emile Regano Billy Bibbit

After graduating from Samford Valley Steiner School, Emile joined Brisbane Arts Theatre as an acting intern at the beginning of 2019. He has an interest in playwriting, and is currently working on a script of his own about the Apollo 11 moon landing.

He is a professional musician, performing both as a solo classical guitarist and with other ensembles.

One Flew Over The Cuckoo's Nest is Emile's first production at Brisbane Arts Theatre.

Mercedes



CLASSIFIEDS

Please note: All Classified Advertisements are submitted by individuals for the community benefit. They do not in any way express the views, opinions, endorsement or policy of the school and should not be relied upon as such. **There is a flat \$5 charge for each advertisement and payment is required** <u>prior</u> **to inclusion**.

Family Day Care Vacancies

Nature Tales Family Day Care in Ferny Hills currently has a couple of spaces available. Steiner inspired outdoor and play-based program. Focus on nature play and craft. Organic morning tea provided. Child Care Subsidy available. Please call Emma Forsberg on 0400 826 991.

Health, Fitness & Lifestyle Coaching

Do you find it hard to make healthy food choices or stay motivated to exercise? Small steps can make a BIG difference to how you feel. Nick Ellson Holistic Health coaching programs get achievable results! Online coaching anywhere anytime. Mobile Personal Training in/around Samford Valley.

<u>www.nickellson.com.au</u> Contact <u>nick@nickellson.com.au</u> or call 0434 990 572

Ever asked yourself why tree work is so dear?

Not anymore. I am offering tree services like crown lifting, thinning, dead-wooding, removing hangers and broken branches, cleaning palm trees, felling and removing small trees at very fair prices.

I used to work for large tree companies and would ask myself why you would pay for a three-man crew with truck and chipper (\$300+/h) if the job could be done by a single person for less than half that amount.

I am a qualified Cert.3 Arborist and a registered qualified Arborist with the Queensland Arboriculture Association. Tree work will be done in accordance of Australian Standards (AS4373-2007). For peace of mind I do have \$10M Public Liability insurance.

I can also do general gardening maintenance like hedging, edging, brush cutting and mowing as well as gutter cleaning and solar panel cleaning.

For free quotes call Urs from All Care Property Services on 0408 725 075.

Homeopathic consults

Cyena is a SVSS mum and Homeopath with over 10

years' experience in practice. She works with families who prefer to use natural medicines to help with a wide range of ailments. Homeopathic medicine is completely non-toxic and acts gently, allowing children's bodies to recover without strain on their immune system. Homeopathy is holistic, taking into account the physical, mental and emotional aspects of the child's experience. Cyena practices classical homeopathy in conjunction with a naturopathic approach to health. She is able to help with short term health complaints as well as chronic and recurring ailments. Cyena offers consultations by phone and in person at her home clinic in Gaythorne or via home visit. Call Cyena on 0418792827.

Creative arts therapy: Sessions & Courses: for Adults and Children

Creative arts therapy creates a space, where a difficult challenge or condition in the soul can be brought and explored in a gentle way. Using a range of artistic activities including sand play, painting, drawing and form drawing, clay modelling, writing and conversation, an unravelling begins. This may happen over a series of sessions with both guided and more open activities. Art making generates inner warmth and nourishment, helping to restore balance where astrality presses too deeply on the soul. Reflective opportunities help to assist understanding, ultimately strengthening one's resolve to move forward by oneself. This therapy is also suitable for children. With the assistance and involvement of the parent/parents a series of sessions is structured to meet the child's needs. Drawing upon Rudolf Steiner's fourfold view of the human being a way is sought to support and lighten the unfolding challenges that have become a hindrance for the child. A therapeutic story or artistic reflection is offered to the child as a completion of the series of sessions.

Kate has had a background of many years working in the creative field, as a crafts and handwork teacher in the Steiner School system and is a qualified Creative Arts Therapist. MA (CreativeArtTherapies), Grad DipArt Therapy & Couns. MIECAT. Member ACA Kate Sharp Mb: 0401884205 E: <u>sharpcatherine1@gmail.com</u> <u>www.katesharpartstherapy.com</u>

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I host distinguished wine events at your home, business, social club or society to suit all manner of celebrations, staff or client entertaining and networking.

You choose the ideal format and theme – I will help! - to suit your group of 10 to 100.

I bring the story behind the labels in a fun, blind tasting. Experience the flavours of Nero d'Avola from McLaren Vale side by side with the Sicilian original! And see if you can identify which is which.

Explore seriously good Aussie and imported wines – from the classics to the alternative (my passion!) to the downright obscure (also my passion!) Contact Rob Hewitt at

<u>Robert.hewitt@bigpond.com</u> or call 07 3882 0328 or 0447 762 321

House for sale

5 Cliff Salisbury Court, Samford Village.

Convenient And Relaxed Village Living 4 bedrooms, 2 bathrooms

Open plan gourmet kitchen with stone bench tops, walk-in pantry and servery to the outdoor entertainment area.

Extra-large dinning and lounge areas as well as a games/media room.

4 gorgeous large bedrooms plus study all with build in robes and fans.

Modern bathrooms featuring double vanities and a double shower in the master en-suite.

Large laundry with plenty of linen storage and direct access to the outside concrete path.

Ducted and zoned air conditioning throughout, solar panels and security screens.

Master bedroom with floating timber floors and electric roller shutters.

Low maintenance gardens with fruit trees and two garden sheds, fully fenced backyard with plenty of room for your pet. NBN ready. This light filled home also features an insulated roof and termite mesh for peace of mind. Call now for a private inspection or come to one of the open homes. 0414841762 Web: tinyurl.com/y3z2f2d4

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Property: five bedrooms, four bathrooms, rumpus room, office, laundry, swimming pool, shed, three car carport, veg garden, chickens.

For horses: a fully fenced boundary, exercise area, three stables, a dam, irrigation system, bushland, flat paddocks.

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