

NEWSLETTER

Senior Project Presentations

Saturday 28 October

8.30am – 12.40pm

The Hall



Program & Student Presenters

8.30 – 8.45	<i>Welcome and Introduction</i>
8.45 – 9.15	<i>Ruby Irvine Rule</i> 'Are magazines still relevant in today's society and are they influential to the youth of today?'
9.20 – 9.50	<i>Savannah Hargrave</i> 'What can a pilgrim do to prepare for the Camino and does a pilgrim's reason for walking help with their journey?'
9.55 – 10.25	<i>Nathan Garnes</i> 'How has the evolution of technology changed the process of music production?'
10.30 – 11.00	<i>Morning Tea</i>
11.00 – 11.30	<i>Dylan Callaghan-Dale</i> 'What key characteristics does a small business need to thrive in the 21 st century?'
11.35 – 12.05	<i>Kai Brelsford</i> 'What is the purpose of a story?'
12.10 – 12.40	<i>Sarah Richardson</i> 'What is barefoot trimming?'

Dates to Remember

Saturday 28 October

Senior Project Presentations

Monday 30 October

Pupil Free day, except for Pre-Prep

Saturday 11 November

Working Bee/ Open Day

Tuesday 14 November

Primary School Assembly
Class 3 and Class 5 Orchestra

Saturday 25 November

Summer Advent Markets
2-6 pm

Friday 1 December

Primary School Assembly
Farewell to Class 7
Upper Strings Ensemble

SWIMMING LESSONS IN TERM FOUR 2017

Please note that there are no swimming lessons this term for Classes 3 – 7. The costs of swimming have gone up unexpectedly this year; both bus and pool hire costs. As this was not sufficiently allocated in the budget or fee structure, a decision was made to undertake one term of swimming this year and return to two terms of swimming in 2018.

We have already booked the teacher, buses and pool (which has been upgraded) for both terms next year.

John Davidson

REMINDER

Following the Senior Project Presentations on Saturday 28 October, there is a **Pupil Free Day on Monday 30 October, except for Pre-Prep children.**

2018 School Calendar

Our favourite functional friend is back! The 2018 calendar has had a small revamp and undergone its own form of Social Renewal! The updated design now lays on a full A3 sized page, with a wire bind and thumb hook at the top, for ease of use and presentation.

Included are scores of wonderful photos revealing the beauty of our school, our education, students and community. This year displays monthly passages for contemplation, to bring greater awareness of the 'why' and 'how' into your home.

The calendar references all pertinent school dates and holidays, including the moon cycle, and allows plenty of room for writing.

Pre-orders will be open from Monday 6th November - via a new online order form, or by collecting a paper order form from the office.

New Early Bird Pricing

- 1 x calendar = \$13 (special price available until the 10th November, then \$15)
- 2 x calendar = \$25
- 3 x calendar = \$35

All monies raised facilitate the great work PAFA do in supporting the school.
Keep an eye out for further emails on how to order.





CLASS 9 CANOE CAMP – by Lucca Fawcett and Lucinda Skett

On the second week of term 4, Class 9 embarked on a four-day camp, canoeing down the Brisbane River. We started our journey at Wivenhoe Dam spillway on Tuesday and finished under the Story Bridge on Friday.

The original plan was to start on Monday, but due to the heavy rains, the trip was delayed to ensure we were all prepared for the wet weather. Turns out the rain stayed with us both Tuesday and Wednesday, clearing only for our last day on Friday. It hammered down and soaked everyone almost instantly, rendering our rain jackets useless. The agonizing thought of putting on our wet clothes back on was unbearable, but we survived this struggle with minimum complaints and maximum discomfort.

During the first half of the trip, there was bush and mud for as far as the eye could see. Luscious, green trees lined the banks and I couldn't help thinking that at least something was enjoying the rain. The trees were of different varieties and sizes, mostly large gums, some that had fallen in the water. They were also a lot of green reeds that tended to disguise a lot of rubbish such as cans and bottles. The rapids we encountered were a good distraction from the rain, providing an opportunity for us to have fun and a challenge. We were greeted by birdcalls most mornings along with Mel rattling our tents, which I'm sure we all deeply appreciated. On the second day a big mudslide down a hill was discovered and unsurprisingly sliding down created quite the mess, much to Janine's horror.

At the end of the second day, the bus was loaded with all the bags and canoes and we were taken to our second campsite. This was a farm and this campsite had quite a few 'landmines' around the place from our neighbours, the cows. We started to encounter signs of civilization on the banks of the river once we had passed the weir. Houses began to appear, starting off large and extravagant and gradually becoming smaller as we got closer to the city. Another interesting sight was the amount of rubbish in the water. It was disgusting and tragic. Plastic hung from trees like grotesque Christmas baubles and lolly packets and bottles were spotted floating in the water most of the time. The water was definitely murkier than earlier in the trip.

On the last night, we stayed at the Sea Scout Hall at Graceville. Our early morning paddle was rewarded by a magnificent sunrise. The wet weather has stopped and the sun was shining as we journeyed into the heart of the Brisbane city. As we wearily made our way up the river, we came across many groups of rowers, all rowing in time. We passed under many bridges, which were all incredibly tall and solid compared with our little canoes. We ducked and dodged pontoons, boats and City Cats. The skyscrapers loomed above glistening and grand in height. The banks were now sidewalks filled with people gawking at our class paddling by.

When we finally arrived at the monstrous iron structure know as the Story Bridge we all couldn't help but acknowledge how far we had come. A great sense of achievement rushed over us, as we reflected on the many struggles we had overcome. We had seen and experienced many things that not many people have and that in itself feels like a great accomplishment. This trip was fantastic and gave everyone a great story to tell.

SONNET BY JOE KEARNEY

We arrived keen and very excited
Rain all day we paddled hard till late.
Turned up at camp tired but quite delighted,
Woke in the morn wet, ready to meet our fate.

The paddle was long but we persisted
Painful bottoms and quite the soggy feet.
Some of our hand already rough and blistered
Set up in the rain, cold and eager to sleep.

Next day, experienced and ready
Loaded our canoes keen to hit the water.
Slid in the mud, hearts no longer heavy
We are the rivers sons and daughters.

What a lovely time we had! All glad, yes,
Although we complained we all loved it, I
confess.



SENIOR PROJECT PRESENTATIONS

This time every year our Class 12 students have completed the written and practical component of their Senior Project and start preparing for the oral presentation component. The Oral presentations will be held on Saturday 28th October from 8.30 – 2.30.



RUBY IRVINE RULE

Ruby Irvine Rule has been at the school since Preschool.

What is your Senior Project about?

Creating a school magazine for the high school students to enjoy throughout the year.

What led you to choose that topic?

The fact that there hasn't been a school magazine for years and I have often wished that we had one.

What have you found enjoyable about the process?

Seeing what content I received from the high school students. I approached the students during morning circle for stories etc. and then with the extracurricular activities I asked specific students to do a story for me.

I enjoyed compiling the newsletter, that was always fun.

What have you found challenging?

The research aspect was a bit challenging purely because I was not really motivated to do the research.

Learning Adobe InDesign program was also a challenge, especially as I did not have much support learning the program, leaning towards self-learning.

To date what have you gained from the process?

I am now skilled in Adobe InDesign (basic level)

- I now know how colours affect people in a visual design – what looks aesthetically pleasing etc.
- I gained skills in communication, especially to make sure I got the content I needed

How would you describe the Senior Project to someone who does not know what it was?

From my experience it is a yearlong project where you tackle and take on a topic and get to know the topic inside and out – learn about it and then there is a product at the end, for me this product is the knowledge that I gained as well as the 3 issues of the magazine (The High School Hotspot) I published.

How are you feeling about the completion of the project?

Happy with how everything has gone, I am pleased with what I have achieved.

What are your plans once you leave school?

Next year I would like to study Media and Communications, specialising in Advertising and Journalism at QUT. The Senior Project encouraged me to pursue this as a line of further study.

Describe in one sentence your experience at Samford Valley Steiner School

I feel like my experience at the school has been wholesome and I felt supported the whole way.

PASSIONATE SCHOOLING 44

After writing his outline “all the true the beautiful and the good” Steiner then described how these great ideals are connected to the way we experience ourselves.

He regarded truth and its pursuit with great reverence, but differentiated two different kinds of truth. The first is that truth is gained by intellectual thought, “where we first observe (or experience) the world and then think about our findings”. The second is the ride from creative thought, which is “first grasped in spirit and then verified by observing (its) influence on the outer life”. He observed that approach of natural science in concentrating on only this first kind of true, provided accurate of only a limited part of reality. He claimed anthroposophy to be an example of the second kind of truth. He believed reality would be revealed more completely and truthfully when approached in a holistic, multifaceted way, and when approached consideration for the context in which it occurs.

“A paradox can be found in the search for truth. The one hand Steiner observed that in the quest will need to recognise that our personal standpoint or view or point of departure influences (our) views” and that we should endeavour to ‘leave ourselves out of account’ and yet in line with more recent insights arising out of quantum theory we must acknowledge that in the quest so called reality or truth we cannot leave ourselves out of the equation. It is our very consciousness, which in fact determines not only what we perceive but how matter itself behaves. Yet we recognise that we should attempt to be objective while acknowledging that our personal predisposition may influence our perceptions. Without such striving, we may never go beyond first impressions.

Steiner stressed that inasmuch as we devote ourselves inwardly to truth, our true self gains in strength and will enable us to cast off self-interest... Truth strengthens us.

Next time we continue with this.

Compiled by Tricia Scott from “A Passionate Schooling” by Dr. Alduino Mazzone in collaboration with Susan Laing (Now available from bookshops online and worldwide and from The Treehouse bookshop

Employment Vacancies

Steiner Teacher Intern – Primary School

Samford Valley Steiner School is seeking a qualified and registered teacher to commence a 2 year Steiner Teacher Internship in 2018. The Internship is designed to provide a hands on training towards becoming a Steiner Class Teacher. Guided and directed by the Class Teachers, Education Administrator and Learning Support Team, and working with the philosophy and principles of Steiner Education, the Steiner Teacher Intern will assist the Teachers to implement the class program and curriculum; functioning within a class as a Teacher Aide. The Intern will also be expected to undertake a minimum of 37 days teaching per year in a supervised capacity or as a relief teacher as required.

The application package is on the school’s website: <http://www.samfordsteiner.qld.edu.au/employment-opportunities/>. For further information, please contact John Davidson via email jdavidson@samfordsteiner.qld.edu.au

Closing Date: Friday 10th November

Kindergarten Teacher 2018: Samford Valley Steiner School

Samford Valley Steiner School (SVSS) is seeking applications for a Kindergarten Teacher commencing in January 2018. Applicants will hold current Queensland teaching registration and are ideally trained in Steiner education.

The Role Description and information about the application process is on the school’s website: <http://www.samfordsteiner.qld.edu.au/employment-opportunities/>. For further information, please contact John Davidson via email jdavidson@samfordsteiner.qld.edu.au

Closing Date: Friday 10th November 2017

CUPPA TIME

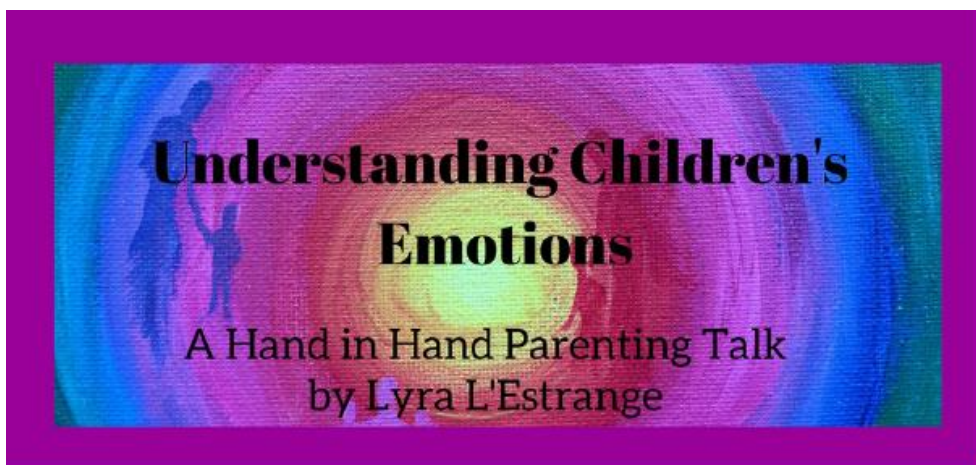
We are very excited to offer the following 3 sessions for our Cuppa Time/Parent Education mornings for this term. Cuppa Times mornings are on select Fridays during the term where one of our knowledgeable teachers or special guest comes to talk to us about an aspect of the Steiner philosophy. These talks range between parenting, child development, gardening, practical hands on sessions and everything in between. If you're looking for something to do on one of these Fridays, come down and join us at the Hub from 9am.

The Tree House is also open every Friday morning for all your crafting supplies as well as a small selection of Steiner books and handmade toys and gifts. Within the Tree House also lives our parent library available to all within the SVSS community.

Cuppa Time sessions for Term 4

Understanding Children's Emotions: A Hand-in-Hand Parenting Talk with Lyra L'Estrange (week 5 10th November)

Come along to learn some powerful and effective listening tools to try out with your family. We'll talk about how emotions work, how to remain connected during emotional outbursts, and how your role as a parent or grandparent has the potential to change future lives. Parenting has changed dramatically in recent years, and it can be hard to figure out the best way for your family. In our fast-paced lives, our information overloaded world, and the busy-ness of modern life, it's essential to stop and reflect, to slow down and reconnect with our intuition in raising our children.



Cuppa Time Talk 9am Friday 10th November The Hub, Samford Valley Steiner School

Come along to learn some **powerful and effective listening tools** to try out with your family. We'll talk about **how emotions work**, how to remain connected during emotional outbursts, and how your role as a parent or grandparent has the potential to **change future lives**.

Emotional Literacy through Artistic Activity- Activating feelings through the body rather than the mind with Robyn Maggs (Week 6 17th November)

Emotional literacy is literacy for the whole child rather than just the mind. It is literacy for the feeling life and could be called a language for the heart. Come and experience how, through non-verbal and artistic exercises, children and adolescents can learn tools to manage their otherwise unrecognised or unmanageable emotions and feelings.

Emotional literacy through artistic practices enables young people to transform anger, fear, grief, loss and aloneness into peace, safety, joy and connectedness.

Come and experience one or more of the possible techniques as you learn tools to support your children. Come prepared to play with clay, watercolours, sand etc.

Session with Pep Wright (week 8 1st December)

Look out in the next few weeks for a description and flyer for this session.

ASSOCIATED INITIATIVES

These Steiner/Anthroposophically related activities and services, whilst not directly related to the school, can be seen to be in sympathy with and supportive of the impulse of Steiner education.

Brisbane Branch of the Anthroposophical Society

THE CHRISTIAN COMMUNITY

Cheryl Nekvapil will be conducting Services and Talks on the 10th, 11th and 12th November, 2017 at the Noosa Pengari Steiner School.

Friday 10th November 7.00pm - 8.30pm

A talk and workshop lead by Cheryl... "Healing Conversations" in the Eurythmy Room. Suggested donation \$10.00

Saturday 11th November

The Act of Consecration of Man

Talk by Cheryl "Awakening to Community" (Pre-reading - Lecture 9 Awakening to the Community Lectures Dornach March 3, 1923, GA257rs.archives.org)...

Artistic activity using clay lead by Liz Blomkamp

This invitation came out of a wish to come together and meet with individual groups, which gather in the light of anthroposophy, to discuss and experience the new possibilities of connecting and working towards building new conscious communities.

Cheryl will be available for consultations. Suggested donation \$50. Please contact Cheryl directly on 0458 124 088

The Christian Community in Queensland is most grateful that we can use the facilities for our activities during a priest visit to the Sunshine Coast. Many heartfelt thanks to Noosa Pengari Steiner School and to those people in the school who make this possible.

Contact Colin via email: colallen@westnet.com.au

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5 Narrawa Drive
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CRICOS Registration:

RSEGB T/A Samford Valley Steiner School **CRICOS 03326J**



CLASSIFIEDS

Please note: All Classified Advertisements are submitted by individuals for the community benefit. They do not in any way express the views, opinions, endorsement or policy of the school and should not be relied upon as such.

There is a flat \$5 charge for each advertisement and payment is required prior to inclusion.

Northside Fitness News!

Two reasons to join us at Team NF!

SATURDAY CIRCUIT AT CAGED FITNESS

Caged Fitness is an awesome outdoor gym - 408 Mt Glorious Road (approx. 4km out of Samford towards Mt Glorious on right hand side).

We are now there every 1st and 3rd Saturday, 7.15am.

Includes rope climbs, cargo nets and monkey bars. Post workout coffee/ refreshments at The Shack!

Suitable for ALL FITNESS levels

YOGA WITH KIRSTY

We are delighted to share that as well as the existing cardio, boxing and strength classes, you can now stretch, strengthen and relax twice a week, in what have already become very popular classes.

Mon 9am – start your week with clarity and intention

Wed 6.30pm – the perfect mid-week wind down with relaxing postures, breathing and meditation (good sleep guaranteed!)

"Kirsty has created a class that offers a very gentle way to ease yourself into the practice of Yoga but also allows you to push yourself a little further if desired. I have been to both evening and daytime class and have enjoyed both - daytime to wind you up to begin your week & night time for calming the mind after a busy day. I would highly recommend these sessions especially in the hurried world we live in today, so come along you'll be so glad you did!"
Michele

For bookings and questions, contact Nick at nick@northsidefitness.com.au or 0434990572

You can also book into both classes via the MINDBODY APP – just search for Northside Fitness - we look forward to welcoming you along!

Creative arts therapy: Sessions & Courses for Adults and Children

Creative arts therapy creates a space, where a difficult challenge or condition in the soul can be brought and explored in a gentle way. Using a range of artistic activities and arts practises, sand play, painting, drawing and form drawing, clay modelling, writing and conversation, an unravelling begins. This may happen over a series of sessions with both guided and more open activities. Art making generates inner warmth and nourishment, helping to restore balance where astrality presses too deeply on the soul. Reflective opportunities help to assist understanding, ultimately strengthening one's resolve to move forward by oneself.

This therapy is also most suitable for children. With the assistance and involvement of the parent/parents a series of sessions is structured to meet the child's needs. Drawing upon Rudolf Steiner's fourfold view of the human being a way is sought to support and lighten the unfolding challenges that have become a hindrance for the child. A therapeutic story or artistic reflection is offered to the child as a completion of the series of sessions.

Kate has had a background of many years working in the creative field, as a crafts and handwork teacher in the Steiner Schools system

and is a qualified Creative Arts Therapist.MA (CreativeArtTherapies), Grad DipArt Therapy & Couns. MIECAT. Member ACA

Kate Sharp Mb: 0401884205
E: sharpcatherine1@gmail.com
www.katesharpартsttherapy.com

Great Summer Hats for Babies and Kids in UV Organic Cotton

I'm a mother to three boys at the Castlemaine Steiner School in Victoria and I've struggled to find good quality natural summer hats for my children over the years. So I've recently brought in a small range of Organic Cotton Hats made in Germany by Pickapoo which are UV rated to the highest standards and designed for maximum coverage. There are sizes to fit from newborn to big kids in a range of lovely plain solid colours with no patterns or pictures. I hope you like them! Find out more here: <https://www.woollykins.com.au/collections/pickapoo-hats>

Homeopathic consults

Cyena is a new mum at SVSS this year (daughter Sage is in Star Gold) and is a Homeopath with over 8 years' experience in practice. She works with families who prefer to use natural medicines to help with a wide range of ailments. Homeopathic medicine is completely non-toxic and acts gently, allowing children's bodies to recover without strain on their immune system. Homeopathy is holistic, taking into account the physical, mental and emotional aspects of the child's experience. Cyena practices classical homeopathy in conjunction with a naturopathic approach to health. Cyena offers consultations by phone, at her home clinic in Gaythorne or at the SOMA room in the Lifestyle Centre on Mt Glorious Road by appointment. Call Cyena on 0418792827.

Looking for an Eco-Friendly Kitchen Renovation for 2018?

As a family within the Steiner Community, the team at Easy Living Kitchens would love to design and deliver a stunning New and Eco-Friendly Kitchen you'll be Guaranteed to Love.

Locally manufactured from local suppliers where available, with a commitment to eco-friendly and sustainable processes with a minimum negative impact on the environment using high levels of recyclables. Manufacturers that manage waste responsibly through numerous recycling programs including aluminum and metals, used oils and timber waste recycled back into energy. Easy Living Kitchens offer a great range of eco-friendly styles, finishes and functional solutions for any type of kitchen you can imagine or need.

To Book your Free Kitchen Design Consultation and have your kitchen renovation planning underway for 2018, contact us at <http://www.EasyLivingKitchens.com.au> or Call Us on 1300 650 681. Don't forget to mention "Steiner" to claim your Special Bonus as our way of saying Thank You...
Samantha (Class 3 parent)
Easy Living Kitchens

Soma Therapies: Acupuncture, Myotherapy and Bodywork at the Lifestyle Centre

225 Mount Glorious Road, Samford Valley
Dave: 0415 731 400 Briony: 0466 968 508
Online bookings: somatherapies.com.au

Discount for Steiner Families
We opened the Samford Valley branch of our West End clinic when Pasco started in the Lillipilli class - the tranquil surrounds are a welcome contrast to the busy inner city! We are available during school hours on alternate days and are also happy to arrange later times when needed.

Dave is a Myotherapist (aka Musculoskeletal Therapy), and an advanced Shiatsu and Remedial Massage therapist. He helps people with persistent pain through integrating new and ancient eastern approaches. His sessions may include bodywork and massage,

movement therapy, pain education, strength training and mindfulness.

Briony offers a gentle Japanese approach to Acupuncture and Moxabustion. She also has needle-free options for kids and sensitive adults. Her holistic approach draws on experience in naturopathy, herbs, nutrition and other body therapies to create a relaxing, personalised treatment.

Our treatment space is also available for rent - please contact one of us for more info.

Therapeutic Eurythmy

THERAPEUTIC EURYTHMY is a highly effective "exercise" therapy a holistic approach.

THERAPEUTIC EURYTHMY works in a specific manner deeply into the human body functions; strengthening and regulating powers of regeneration.

The individually developed plan is progressed in a series of one to one weekly sessions, at weekly intervals for adults.

THERAPEUTIC EURYTHMY is effective in various illness conditions and for children with learning and/or development hindrances.

THERAPEUTIC EURYTHMY was developed by Rudolf Steiner out of the Anthroposophical background to bring a new way of healing to the human being.

For enquiries or to make a booking contact:
Karen Foster, Diploma of Therapeutic Eurythmy
Phone: 0423620069
www.livingmovementnaturaltherapy.com.au