

NEWSLETTER

CELEBRATION OF THE ARTS

You are cordially invited to the annual Samford Valley Steiner High School Arts Event, which is scheduled to take place on Friday 17th of November at 5.30pm to 8pm and Saturday 18th of November at 10:00am to 12:30pm in the school Hall.

We are very proud to promote this exciting school event, which recognises and celebrates the unique talents of students within the Steiner school community. We see this as a wonderful opportunity for our students to explore their artistic talents and to find meaning in their world through their expressions in Visual Art, Music and Drama.

We sincerely look forward to the pleasure of your company.

The Arts Team



Samford Valley Steiner School HIGH SCHOOL CELEBRATION OF THE ARTS

Art exhibition

Friday 17th Nov from 5.30pm

Saturday 18th Nov 10-12.30pm

Music & Drama Performances

Friday 17th Nov 6-8pm

Venue: The Hall

Dates to Remember

Saturday 11 November

Working Bee/ Open Day

Tuesday 14 November

Primary School Assembly

Class 3 and Class 5 Orchestra

Saturday 25 November

Summer Advent Markets

2-6 pm

Friday 1 December

Primary School Assembly

Farewell to Class 7

Upper Strings Ensemble

Thursday 7 December

Year 12 Graduation



Welcome to the weekly spiel from the garden shed. Each week I hope to bring you a short description of what we have been up to in the gardens, and what is growing, just to keep you touch.

Perhaps the biggest excitement to be seen in the Primary School garden this term is our new shed! Thanks to the ever industrious John Salmond and Peter King for its construction. Roger and John Davidson also had a bit to do with behind the scenes cash wrangling and aesthetic management.

There are beans on the bushes right through the garden and we will be cooking up a storm in the

coming weeks frying them with some leeks that are also ready for the picking.

Our asparagus bed is doing very well having received massive amounts of compost earlier in the year. The soil is the finest of any beds in the garden and should produce excellent spears next spring when the crowns are fully developed.

Around behind the shed there are a couple of worm farms, which are doing very well. They are a simple arrangement consisting of an old bathtub filled with horse manure, shredded paper and pretty much any other organic matter, and of course, worms.

I would like to put out a request for any 20-litre buckets that people might have access to and be able to donate to the gardening programme. They are very handy in the garden and I was hoping that someone might know a plasterer or restaurateur who will donate their excess. Just leave them outside the door of the PS shed. And of course, I will always gratefully receive donations of any manure people have. Horse, chicken and cow are all extremely useful when creating compost heaps.

Thanks,

Dave Rule



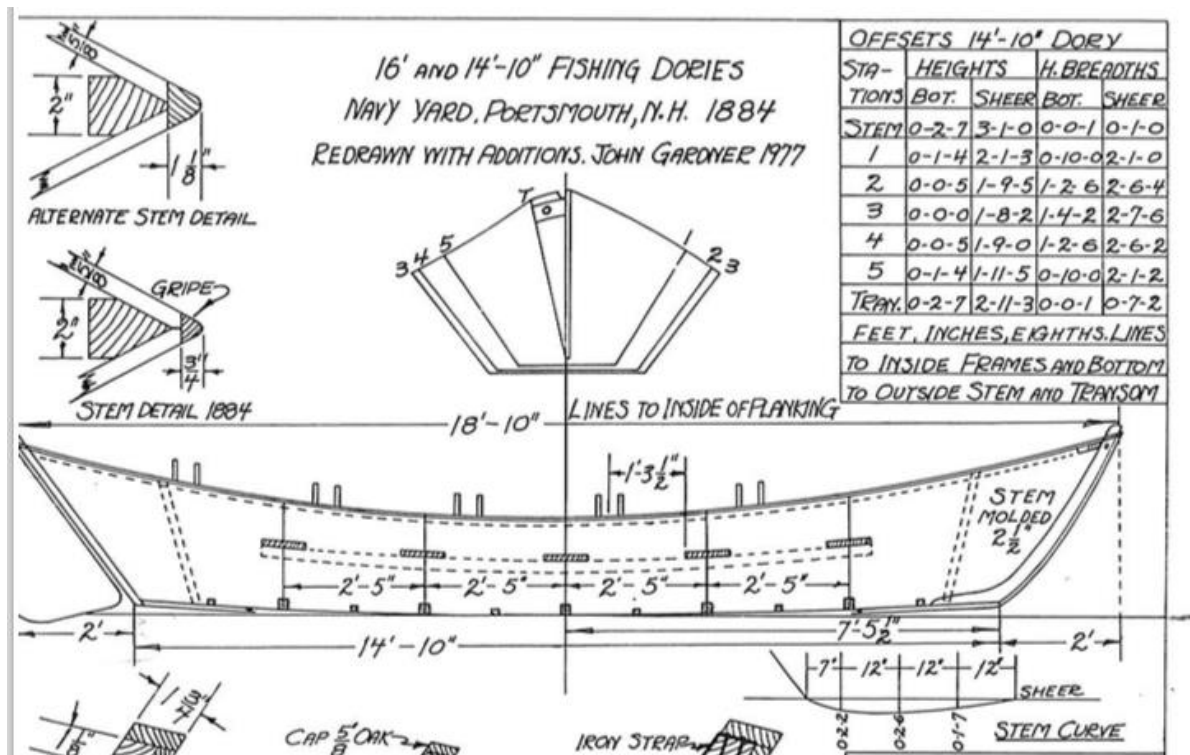
The Central Asparagus Bed





Class 10 have just completed their three-week secondary work experience block involving the construction of two 18'10" dories. Thirteen students started from scratch with a set of plans, in the imperial measure, and proceeded to create two beautiful vessels.

Construction involved scarphing sheets of marine plywood; gluing them together; cutting transoms; shaping stems (from both laminated plywood and a Watty branch cut down by Peter King); creating frames and spiling out the sides using principles learnt in geometry lessons. All of these tasks and measurements were drawn from confusing diagrams called profiles and a mystical arrangement of numerals called the table of offsets. This table outlines where in three-dimensional space each part of the boat is located and is all an experienced boat builder needs to create a boat. And indeed I have confidence now that these students could, if required, construct one of these beautiful dories with no more instructions than a table of offsets – quite a feat!



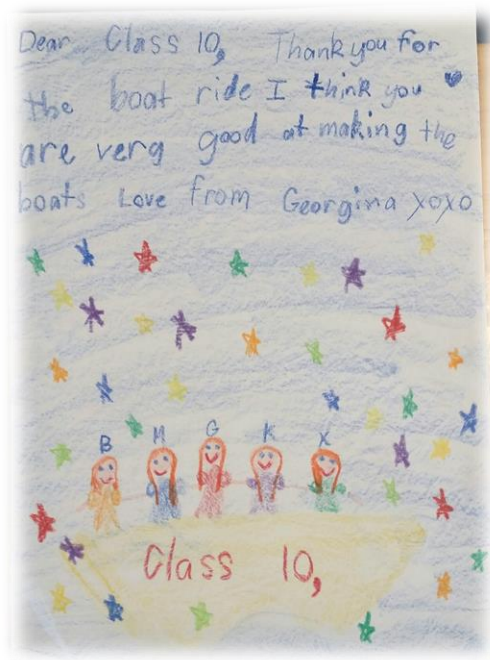
The Dory plans including the Intriguing and mysterious Table of Offsets.

A few necessary skills and fundamental truths became apparent after a while: measure twice, cut once; you can always cut more wood off, but you can't add it on (easily); you can always add more talc to the epoxy, but you can't remove it; the faster you try to do something, the longer it will take you; sometimes you can't stop work

just because it is break time. There is still a bit of work to do. Mainly finishing the surfaces and perhaps finding a leak around the centreboard of boat two that some of you who were at the maiden voyage may have noticed.

It is a joy to work with the students and I had to keep reminding myself how lucky I am to be teaching in a school with such an honest and essentially human curriculum. Thanks Class 10.

Dave Rule





The third and final edition Ruby Irvine's High School Hotspot magazine is now available – see link in email body.



Working Bee

Please join us for this fun day working with our wonderful School community

Saturday, November 11 from 8 till 1pm

Lunch will be served from 12pm

Meet at the Kitchen Garden to sign on

See you there!!!



2018 School Calendar

Our favourite functional friend is back! The 2018 calendar has had a small revamp and undergone its own form of Social Renewal! The updated design now lays on a full A3 sized page, with a wire bind and thumb hook at the top, for ease of use and presentation.

Included are scores of wonderful photos revealing the beauty of our school, our education, students and community. This year displays monthly passages for contemplation, to bring greater awareness of the 'why' and 'how' into your home.

The calendar references all pertinent school dates and holidays, including the moon cycle, and allows plenty of room for writing.

Pre-orders will be open from Monday 6th November - via a new online order form, or by collecting a paper order form from the office.

New Early Bird Pricing

1 x calendar = \$13 (special price available until the 10th November, then \$15)

2 x calendar = \$25

3 x calendar = \$35

All monies raised facilitate the great work PAFA do in supporting the school.

Keep an eye out for further emails on how to order.



Employment Vacancies

Steiner Teacher Intern – Primary School

Samford Valley Steiner School is seeking a qualified and registered teacher to commence a 2 year Steiner Teacher Internship in 2018. The Internship is designed to provide a hands on training towards becoming a Steiner Class Teacher. Guided and directed by the Class Teachers, Education Administrator and Learning Support Team, and working with the philosophy and principles of Steiner Education, the Steiner Teacher Intern will assist the Teachers to implement the class program and curriculum; functioning within a class as a Teacher Aide. The Intern will also be expected to undertake a minimum of 37 days teaching per year in a supervised capacity or as a relief teacher as required.

The application package is on the school's website: <http://www.samfordsteiner.qld.edu.au/employment-opportunities/>. For further information, please contact John Davidson via email

jdavidson@samfordsteiner.qld.edu.au. Closing Date: Friday 10th November

Kindergarten Teacher 2018: Samford Valley Steiner School

Samford Valley Steiner School (SVSS) is seeking applications for a Kindergarten Teacher commencing in January 2018. Applicants will hold current Queensland teaching registration and are ideally trained in Steiner education.

The Role Description and information about the application process is on the school's website:

<http://www.samfordsteiner.qld.edu.au/employment-opportunities/>. For further information, please contact John Davidson via email jdavidson@samfordsteiner.qld.edu.au

Closing Date: Friday 10th November 2017

CUPPA TIME

We are very excited to offer the following 3 sessions for our Cuppa Time/Parent Education mornings for this term. Cuppa Times mornings are on select Fridays during the term where one of our knowledgeable teachers or special guest comes to talk to us about an aspect of the Steiner philosophy. These talks range between parenting, child development, gardening, practical hands on sessions and everything in between. If you're looking for something to do on one of these Fridays, come down and join us at the Hub from 9am.

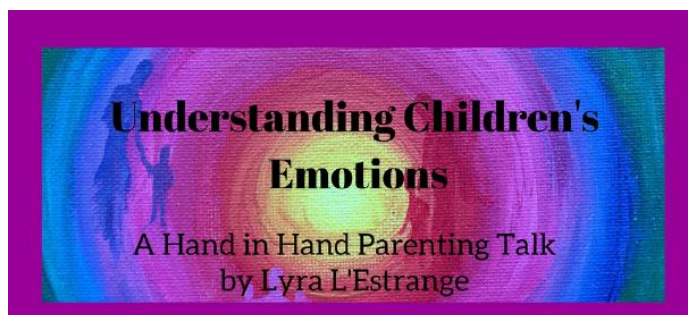
The Tree House is also open every Friday morning for all your crafting supplies as well as a small selection of Steiner books and handmade toys and gifts. Within the Tree House also lives our parent library available to all within the SVSS community.

Cuppa Time sessions for Term 4

Understanding Children's Emotions: A Hand-in-Hand Parenting Talk with Lyra L'Estrange (week 5 10th November)

Come along to learn some powerful and effective listening tools to try out with your family. We'll talk about how emotions work, how to remain connected during emotional outbursts, and how your role as a parent or grandparent has the potential to change future lives.

Parenting has changed dramatically in recent years, and it can be hard to figure out the best way for your family. In our fast-paced lives, our information overloaded world, and the busy-ness of modern life, it's essential to stop and reflect, to slow down and reconnect with our intuition in raising our children.



Emotional Literacy through Artistic Activity-Activating feelings through the body rather than the mind with Robyn Maggs (Week 6 17th November)

Emotional literacy is literacy for the whole child rather than just the mind. It is literacy for the feeling life and could be called a language for the heart. Come and experience how, through non-verbal and artistic exercises, children and adolescents can learn tools to manage their otherwise unrecognised or unmanageable emotions and feelings.

Emotional literacy through artistic practices enables young people to transform anger, fear, grief, loss and aloneness into peace, safety, joy and connectedness.

Come and experience one or more of the possible techniques as you learn tools to support your children. Come prepared to play with clay, watercolours, sand etc.

Social Development and the Virtual World with Pep Wright (week 8 1st December)

Look out in the next few weeks for a description and flyer for this session.



Summer Advent Market

Please join us for this fabulous day

Markets, stalls, music, food and drinks. Kids activities!

Saturday November 25

From 2-6pm

At The Hub

**See Femke or email us
svsspafa@gmail.com**

CRAFT NEWS

This week Kathryn Avery hosted Craft Group and taught us to weave with raffia and rope. Some gorgeous projects were completed by everyone, ranging from a placemat, bowls, little baskets and little trinket bowls. We will be weaving again next week if you would like to join us and learn this very addictive, relaxing and rewarding craft.

Cost is \$10 and includes all materials. If you wish to donate your item to our festiValley stash there is no cost to you and you get to learn a new skill and to spend your morning among our beautiful community.

Morning tea, coffee and cake are available for a gold coin. Children are very welcome under your supervision; please bring a snack for them and a water bottle.

Hope to see you next week.

Warmly Tracey



ASSOCIATED INITIATIVES

These Steiner/Anthroposophically related activities and services, whilst not directly related to the school, can be seen to be in sympathy with and supportive of the impulse of Steiner education.

Brisbane Branch of the Anthroposophical Society

The Brisbane Branch would like to let you know about our next meeting on the Saturday 11th November 11am - 4.30pm:

The Brisbane Branch of Anthroposophical Society, Agnes Water Steiner School, Noosa Pengari Steiner School, Birali Steiner School and Samford Valley Steiner School communities are warmly welcome to share the day with The Christian Community. I have attached the programme for the Christian Community for the whole weekend too as you are welcome to take part in it all.

This invitation came out of a wish to come together and meet with individual groups, which gather in the light of anthroposophy, to discuss and experience the new possibilities of connecting and working towards building new conscious communities.

One of the main talks that will take place at 11.30am to 12.30pm: A talk by Cheryl "Awakening to Community" is based on this wonderful lecture given by Steiner: Pre-reading Lecture 9 Awakening to the Community Lectures Dornach March 3, 1923, GA257rs.archives.org

Where: Noosa Pengari Steiner School - 86 Nyell Road, Doonan 4562

Parking: 1st Carpark, walk past the large hall to meet at the kitchen for a shared morning tea first up!

Bring: A plate to share for morning tea and or lunch too. If possible.

For more information, contact Monique. Hoping you can join us to take part in the adventure of building community! Light, warmth and blessings,

Please RSVP Monique Davies Secretary Brisbane Branch Anthroposophical Society in Australia 0414 291 491 or email anthroposqld@gmail.com.

School Contact Information

Phone:

3430 9600

Email:

info@samfordsteiner.qld.edu.au

Facebook:

www.facebook.com/Samford-Valley-Steiner-School-106275046117815/?ref=hl

Website:

www.samfordsteiner.qld.edu.au

Address:

5 Narrawa Drive
Wights Mountain QLD 4520

CRICOS Registration:

RSEGB T/A Samford Valley Steiner School **CRICOS 03326J**



CLASSIFIEDS

Please note: All Classified Advertisements are submitted by individuals for the community benefit. They do not in any way express the views, opinions, endorsement or policy of the school and should not be relied upon as such. **There is a flat \$5 charge for each advertisement and payment is required prior to inclusion.**

A Night with the Nightingays

Promises to be another great night of unforgettable a cappella and instrumental music, with The Nightingays, resident band Feed Lucy and the delightful sounds of the ladies from Red Clover. Heaps of new material, plus some old favourites, and maybe even the chance of some combined numbers! Eats and drinks available, in our now-famous cabaret atmosphere. Hope you can make it along.

Date time: Sat 4 Nov, 7:30pm

Venue: the NEW Samford Soccer Club, Samford Parklands, 2149 Mt Samson Rd,

Tickets: \$20/\$10/\$45 family at <https://www.trybooking.com/325774>

Northside Fitness News!

Two reasons to join us at Team NF!

SATURDAY CIRCUIT AT CAGED FITNESS

Caged Fitness is an awesome outdoor gym - 408 Mt Glorious Road (approx. 4km out of Samford towards Mt Glorious on right hand side).

We are now there every 1st and 3rd Saturday, 7.15am.

Includes rope climbs, cargo nets and monkey bars. Post workout coffee/ refreshments at The Shack!

Suitable for ALL FITNESS levels

YOGA WITH KIRSTY

We are delighted to share that as well as the existing cardio, boxing and strength classes, you can now stretch, strengthen and relax twice a week, in what have already become very popular classes.

Mon 9am – start your week with clarity and intention

Wed 6.30pm – the perfect mid-week wind down with relaxing postures, breathing and meditation (good sleep guaranteed!)

“Kirsty has created a class that offers a very gentle way to ease yourself into the practice of Yoga but also allows you to push yourself a little further if desired. I have been to both evening and daytime class and have enjoyed both - daytime to wind you up to begin your week & night time for calming the mind after a busy day. I would highly recommend these sessions especially in the hurried world we live in today, so come along you'll be so glad you did!”
Michele

For bookings and questions, contact Nick at nick@northsidefitness.com.au or 0434990572

You can also book into both classes via the MINDBODY APP – just search for Northside Fitness - we look forward to welcoming you along!

Creative arts therapy: Sessions & Courses for Adults and Children

Creative arts therapy creates a space, where a difficult challenge or condition in the soul can be brought and explored in a gentle way. Using a range of artistic activities and arts practises, sand play, painting, drawing and form drawing, clay modelling, writing and conversation, an unravelling begins. This may happen over a series of sessions with both guided and more open activities. Art making generates inner warmth and nourishment, helping to restore balance where astrality presses too deeply on the soul. Reflective opportunities help to assist understanding, ultimately strengthening one's resolve to move forward by oneself.

This therapy is also most suitable for children. With the assistance and involvement of the parent/parents a series of sessions is structured to meet the child's needs. Drawing upon Rudolf Steiner's fourfold view of the human being a way is sought to support and lighten the unfolding challenges that have become a hindrance for the child. A therapeutic story or

artistic reflection is offered to the child as a completion of the series of sessions.

Kate has had a background of many years working in the creative field, as a crafts and handwork teacher in the Steiner Schools system and is a qualified Creative Arts Therapist.MA (CreativeArtTherapies), Grad DipArt Therapy & Couns. MIECAT. Member ACA

Kate Sharp Mb: 0401884205

E: sharpcatherine1@gmail.com
www.katesharpstartstherapy.com

Great Summer Hats for Babies and Kids in UV Organic Cotton

I'm a mother to three boys at the Castlemaine Steiner School in Victoria and I've struggled to find good quality natural summer hats for my children over the years. So I've recently brought in a small range of Organic Cotton Hats made in Germany by Pickapoo which are UV rated to the highest standards and designed for maximum coverage. There are sizes to fit from newborn to big kids in a range of lovely plain solid colours with no patterns or pictures. I hope you like them! Find out more here:
<https://www.woollykins.com.au/collections/pickapoo-hats>

Homeopathic consults

Cyena is a new mum at SVSS this year (daughter Sage is in Star Gold) and is a Homeopath with over 8 years' experience in practice. She works with families who prefer to use natural medicines to help with a wide range of ailments. Homeopathic medicine is completely non-toxic and acts gently, allowing children's bodies to recover without strain on their immune system. Homeopathy is holistic, taking into account the physical, mental and emotional aspects of the child's experience. Cyena practices classical homeopathy in conjunction with a naturopathic approach to health. Cyena offers consultations by phone, at her home clinic in Gaythorne or at the SOMA room in the Lifestyle Centre on Mt Glorious Road by appointment. Call Cyena on 0418792827.

For Sale

Beautiful wooden bunk bed with two IKEA mattresses. The head and foot panels are white whilst the long sides, as well as the stairs are red.

Wooden mattress board rather than slats. Have photos.

In good condition. Asking \$120.00.

White wooden single child's bed with near new spring mattress.

Asking \$100. Have photos.

Please contact Antonia on 0432 500 969.

Wanted 3/4 Cello

I'd love to purchase a good condition beginner's cello 3/4 size. Please let me know if you are selling. Thanks
Danielle, 0466843344.

Looking for an Eco-Friendly Kitchen Renovation for 2018?

As a family within the Steiner Community, the team at Easy Living Kitchens would love to design and deliver a stunning New and Eco-Friendly Kitchen you'll be Guaranteed to Love.

Locally manufactured from local suppliers where available, with a commitment to eco-friendly and sustainable processes with a minimum negative impact on the environment using high levels of recyclables. Manufacturers that manage waste responsibly through numerous recycling programs including aluminum and metals, used oils and timber waste recycled back into energy. Easy Living Kitchens offer a great range of eco-friendly styles, finishes and functional solutions for any type of kitchen you can imagine or need.

To Book your Free Kitchen Design Consultation and have your kitchen renovation planning underway for 2018, contact us at <http://www.EasyLivingKitchens.com.au> or Call Us on 1300 650 681. Don't forget to mention "Steiner" to claim your Special Bonus as our way of saying Thank You...
Samantha (Class 3 parent)
Easy Living Kitchens

**Soma Therapies: Acupuncture, Myotherapy
and Bodywork at the Lifestyle Centre**

225 Mount Glorious Road, Samford Valley
Dave: 0415 731 400 Briony: 0466 968 508
Online bookings: somatherapies.com.au

Discount for Steiner Families

We opened the Samford Valley branch of our West End clinic when Pasco started in the Lillipilli class - the tranquil surrounds are a welcome contrast to the busy inner city! We are available during school hours on alternate days and are also happy to arrange later times when needed.

Dave is a Myotherapist (aka Musculoskeletal Therapy), and an advanced Shiatsu and Remedial Massage therapist. He helps people with persistent pain through integrating new and ancient eastern approaches. His sessions may include bodywork and massage, movement therapy, pain education, strength training and mindfulness.

Briony offers a gentle Japanese approach to Acupuncture and Moxabustion. She also has needle-free options for kids and sensitive adults. Her holistic approach draws on experience in naturopathy, herbs, nutrition and other body therapies to create a relaxing, personalised treatment.

Our treatment space is also available for rent - please contact one of us for more info.

Netball

Pine Hills Netball Club is having our annual Netball Sign On day on Saturday 20th January 2018 from 9.00am to 1.00pm at the Pine Hills Sporting Clubhouse, Jinker Track, Bunya. Please bring along your original birth certificate (or a certified copy) for new players. If you have any questions or would like further information, please contact Melinda on secretary@pinehillsnetball.club or phone 0414 395 239.