

# NEWSLETTER

#### **CELEBRATION OF THE ARTS – TONIGHT AND SATURDAY**

We are really looking forward to sharing some wonderful artistic student work with you this Friday 17th and Saturday 18th November at the SVSS Hall. The "HIGH SCHOOL CELEBRATION OF THE ARTS" will present work in Visual Art, Music and Drama.



The event will begin on Friday evening at 5.30pm with a breathtaking display of artwork from students in Classes 8-12. The Hall will be transformed into a gallery space, with street theatre, nibblies and musical enchantment to keep you company as you browse the artistic work of our talented students. At 6pm, we will begin our performance section of the evening, with musical and dramatic items to keep you entertained. Included in the evening will be the senior string and guitar ensembles, our newly-formed chamber ensemble, the year 8 band, a Theatresports demonstration, a ska band, Commedia dell' Arte performance and improvisation, 'Grind City', some novice pianists and a special musical treat involving students, teachers and parents!

#### ALL WELCOME!



#### Dates to Remember

**Saturday 25 November** Summer Advent Markets 2-6 pm

Friday 1 December
Primary School Assembly
Farewell to Class 7
Upper Strings Ensemble

**Thursday 7 December** Year 12 Graduation

Friday 8 December Term 4 ends

#### HAND CRAFT APPOINTMENT

It is my pleasure to announce that Alice Smith has been successful in her application as Handwork teacher for the Primary classes. Alice has been working this year as both swimming teacher and handwork teacher in the Primary school.

Alice possesses a range of skills in handicraft disciplines. She has a sound understanding of wool fibre and the many ways to work and manipulate it, such as; wet felting, nuno felting, needle felting, knitting, crochet, embroidery, weaving and dying. She is a keen needle and crochet embroidery worker, and enjoys drafting patterns and



designing and making clothes, such as simple dresses, ties and simple costumes.

She has a keen interest in traditional Waldorf doll making and has made dolls for her children and as gifts and donations. Alice also has basic woodwork knowledge and has built dolls strollers and an insulated cooler box from wood.

Welcome Alice. *John Davidson* 

# Vacation Care December 2017/January 2018

Bookings are now open for Vacation care. Please see the booking form and program in the email body.

Kylie Turner, OSHC Co ordinator Ph: (07) 34309614

Email: oshc@samfordsteiner.qld.edu.au



Primary School Assembly - Class 3 students warming up and the Class 4 performance.



#### **INTRODUCTING THE BUDDIES**

As is the tradition at Samford Valley Steiner School, every Class 1 child has a buddy in Class 7. Today there was much excitement and anticipation as the current Prep and Class 6 students met their respective buddies for the first time, ready for next year.









During the week on camp, students had the opportunity to explore the island and its surrounding reefs. We enjoyed kayaking and paddle boarding, and went for several bushwalks around the island. Each day we headed to different bays to go snorkelling and encountered a variety of corals, stingrays, sharks and other colourful fish.

All students also engaged in a research project on the island. Each student had to choose a particular habitat (beach, lowland vegetation or marine ecosystem) and investigate its fauna. Again, this task focused on the vulnerability of island fauna, so the students were asked to consider how climate change would impact the species living in this habitat.

Class 12 enjoyed their last camp of school and I hope they will always remember it as a great time together with their peers on wonderful Great Keppel Island.

#### Mel Erhartmaier





# FROM THE SHED

Last week I waxed lyrical about the importance of compost and its cleanliness, *id est*, the absence of plastic in its crumbly and friable humic goodness. This week I will expand a little on the process and look more closely at a friendly little fellow called the compost worm.

When we first make a compost heap, it experiences a rapid increase in heat caused by aerobic fermentation. When the moisture, manure and carbonaceous materials are at the right ratio, the many fungi and other little greeblies present naturally start multiplying quickly and get to work breaking down the materials into its basic constituents. This warmth can last for a month or two and quite a transformation takes place. After this period though, the heap enters into another more mellow phase.

Once it cools, I introduce a big shovelful or two of worms and worm castings to the top of the heap. If it is not too hot they will, over the next few months totally consume the heap and turn it into a wonderful crumbly brown material that no longer resembles anything that originally went in. Usually, six months after construction, the heap is at least half its original size and ready to apply to the gardens.

"But where do these worms come from?" I hear you ask excitedly. Alongside the heaps, we have a number of bathtubs full of worms. These are our worm farms. Periodically we feed them with bags of horse manure and sawdust, shredded paper from the office, some charcoal fines from the smithy and some weeds. They don't mind vege scraps, but don't overfeed them with these. The farms are kept covered with hessian sacks that keep the little critters cool and moist and which themselves eventually become eaten away. These little darlings are compost worms and the whole farm began with one little handful of them.

Compost worms are a bit different to your average earthworm. Earthworms are usually a bit bigger, more robust and tend to wriggle like crazy when dug up. Compost worms are smaller and have a strong red tinge. They tend not to like plain soil so much and prefer to live in rotting organic matter. You can use compost worms directly on the garden as long as you keep a good amount of organic matter up to the soil, which is fairly good practice anyway. A layer of horse manure or mouldy lucerne, or any mulch actually, is enough to keep them going. In effect, you can have a worm farm right on your vegetable garden, *in situ*.

If you happen to have any old bathtubs lying around that are not being used for bathing, or watering horses or suchlike, please feel free to bring them in and drop them at the shed. We need to start a few more worm farms in the High School.

Alternatively, you might like to start a farm yourself at home – the kids love them. You could grab a handful of worms from here at school. Don't forget to raise the tub up a little on bricks or whatnot and catch the liquid that comes out of the plughole. This is absolutely wonderful liquid fertiliser straight or diluted. Until next week...



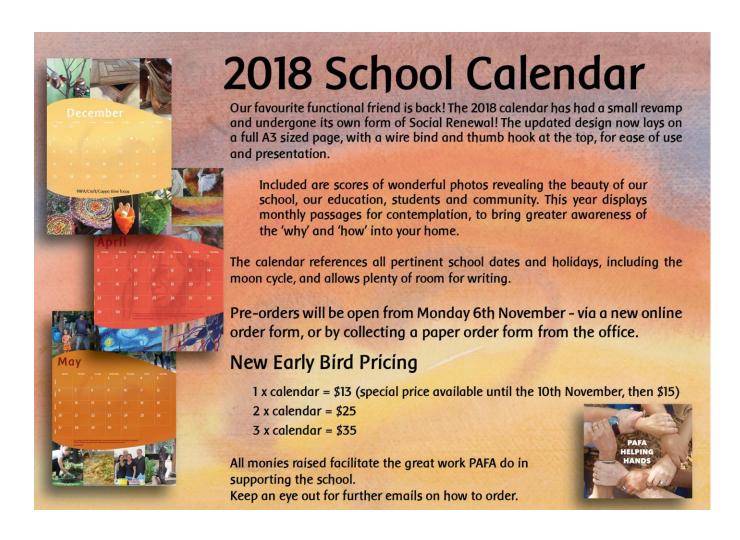
A handful of a gardener's best friend, the composting worm.

Thanks, Dave Rule

#### **GERMAN NEWS**

This term the students of Class 3 worked with the story "The musicians of Bremen". The class presented this story as a little German play for students from Class 1, 2 and 4 on Wednesday. The students of Class 3 spoke the words with very good pronunciation and preformed with enthusiasm resulting in a lovely performance. Sonja Rank, German teacher (Primary School)







#### **BOARD HAPPENINGS**

For many of you the work of the Board may seem quite dull and laborious, complex with process and detail that seems too foreign to comprehend. Life on the Board actually affords great insight into the big picture of our wonderful school. The Board takes pride in supporting the great work of our teachers and staff in maintaining such a nurturing environment for our children to learn and grow.

Most recently, our attention has been drawn to the budget for 2018. Ensuring that the school turns the corner into the New Year in good financial health, with opportunities and potential for future growth and long-term stability is our primary focus.

There are numerous financial uncertainties that the Board needs to plan for to ensure the school continues to provide a well-resourced education for all students. To be considered viable, the budget must achieve a range of objectives under the headings *Solvency, Performance* and *Sustainability*, of which the following four are paramount:

- To cover operating expenditure e.g. staff remuneration, materials, camps, maintenance - at the anticipated, conservative level of enrolments.
- To generate an acceptable operating surplus for the purpose of:
  - a) maintaining an operating buffer (access to cash), and/or
  - investing in new buildings and facilities (which includes meeting principal and interest payments on borrowings used to fund new buildings and facilities).
- To maintain school fees at an affordable level.
- To manage borrowings within acceptable levels.

To assess the numbers on the page, the Board considers numerous internal and external inputs, including the annual subscription-based Somerset Education financial benchmarking survey, which helps to inform the Board's assessment of what is an 'acceptable' level of operating surplus and borrowings. We use the survey in a comparative fashion, building a picture of our school's financial health against similar groups (nationally, in Queensland and with a Steiner/Montessori affiliation). This exercise is useful in framing our budget discussions and is just one of the ways the Board equips itself to make good decisions about resourcing and fees.

Through rigorous discussion and questioning, the Board must satisfy itself that the budget is well considered and in line with its strategic objectives before formally approving it.

In the 2018 budget, the 'acceptable' level of operating surplus is benchmarked to the average of all surveyed independent schools in Australia, which is 10.1%. Borrowings per student are benchmarked to the average of surveyed Steiner/Montessori schools. For each \$1 per student borrowed by our benchmark group, SVSS is budgeting to borrow only 37 cents, which we believe will be a good outcome.

We invite you to learn more about the Somerset survey and the 2018 SVSS budget, by joining us at our Annual General Meeting, held in March.

Rob Hewitt Board Treasurer





#### **Employment Vacancies**

#### Part-time High School Classroom Music and Singing Teacher

Samford Valley Steiner School (SVSS) is seeking applications for a parttime classroom music and singing teacher. For further information please contact Pep Wright via email <a href="mailto:pwright@samfordsteiner.qld.edu.au">pwright@samfordsteiner.qld.edu.au</a>. Closing Date: Friday 1st December 2017

#### Primary School Teacher Aides 2018

Samford Valley Steiner School is seeking two Primary School Teacher Aides to commence work in January 2018. Guided and directed by the Education Administrator, Learning Support Team and Class Teachers, and working with the philosophy and principles of Steiner Education, the Teacher Aides will assist the teachers to implement the class program and curriculum.

For further information, please contact John Davidson via email <a href="mailto:jdavidson@samfordsteiner.qld.edu.au">jdavidson@samfordsteiner.qld.edu.au</a>

Closing Date: Friday 24th of November 2017

#### Kindergarten Assistant 2018

Samford Valley Steiner School is seeking applications for a Kindergarten Assistant commencing in January 2018. This position will initially be a one-year contract with potential for future ongoing permanent employment.

For further information, please contact John Davidson via email jdavidson@samfordsteiner.qld.edu.au

Closing Date: Friday 24th of November 2017

The role descriptions for all vacancies and information about the application process can be found on the school's website: http://www.samfordsteiner.qld.edu.au/employment-opportunities/

#### **School Contact Information**

#### Phone:

3430 9600

#### **Email:**

info@samfordsteiner.qld.edu.au

#### Facebook:

www.facebook.com/Samford-Valley-Steiner-School-106275046117815/?ref=hl

#### Website:

www.samfordsteiner.qld.edu.au

#### Address:

5 Narrawa Drive Wights Mountain QLD 4520

#### **CRICOS Registration:**

RSEGB T/A Samford Valley Steiner School CRICOS 03326J



#### **CLASSIFIEDS**

**Please note:** All Classified Advertisements are submitted by individuals for the community benefit. They do not in any way express the views, opinions, endorsement or policy of the school and should not be relied upon as such. **There is a flat \$5 charge for each advertisement and payment is required <u>prior</u> to inclusion.** 

#### **Northside Fitness News!**

Two reasons to join us at Team NF!
SATURDAY CIRCUIT AT CAGED FITNESS
Caged Fitness is an awesome outdoor gym - 408
Mt Glorious Road (approx. 4km out of Samford towards Mt Glorious on right hand side).

We are now there every 1st and 3rd Saturday, 7.15am. Includes rope climbs, cargo nets and monkey bars. Post workout coffee/refreshments at The Shack!
Suitable for ALL FITNESS levels

#### YOGA WITH KIRSTY

We are delighted to share that as well as the existing cardio, boxing and strength classes, you can now stretch, strengthen and relax twice a week, in what have already become very popular classes.

Mon 9am – start your week with clarity and intention

Wed 6.30pm – the perfect mid-week wind down with relaxing postures, breathing and meditation (good sleep guaranteed!)

"Kirsty has created a class that offers a very gentle way to ease yourself into the practice of Yoga but also allows you to push yourself a little further if desired. I have been to both evening and daytime class and have enjoyed both - daytime to wind you up to begin your week & night time for calming the mind after a busy day. I would highly recommend these sessions especially in the hurried world we live in today, so come along you'll be so glad you did!" Michele

For bookings and questions, contact Nick at <a href="mailto:nick@northsidefitness.com.au">nick@northsidefitness.com.au</a> or 0434990572. You can also book into both classes via the MINDBODY APP – just search for Northside Fitness - we look forward to welcoming you along!

#### Creative arts therapy: Sessions & Courses for Adults and Children

Creative arts therapy creates a space, where a difficult challenge or condition in the soul can be brought and explored in a gentle way. Using a range of artistic activities and arts practises, sand play, painting, drawing and form drawing, clay modelling, writing and conversation, an unravelling begins. This may happen over a series of sessions with both guided and more open activities. Art making generates inner warmth and nourishment, helping to restore balance where astrality presses too deeply on the soul. Reflective opportunities help to assist understanding, ultimately strengthening one's resolve to move forward by oneself.

This therapy is also most suitable for children. With the assistance and involvement of the parent/parents a series of sessions is structured to meet the child's needs. Drawing upon Rudolf Steiner's fourfold view of the human being a way is sought to support and lighten the unfolding challenges that have become a hindrance for the child. A therapeutic story or artistic reflection is offered to the child as a completion of the series of sessions.

Kate has had a background of many years working in the creative field, as a crafts and handwork teacher in the Steiner Schools system and is a qualified Creative Arts Therapist.MA (CreativeArtTherapies), Grad DipArt Therapy & Couns. MIECAT. Member ACA Kate Sharp Mb: 0401884205

E: <a href="mailto:sharpcatherine1@gmail.com">sharpcatherine1@gmail.com</a> www.katesharpartstherapy.com

**Steiner Childcare -** Rose Blossom children -Camp Mountain

Spaces available for children aged 2 - 5 years for 2018. "Providing the most favourable conditions allows the child to educate her/him self from the perspective of her/his own destiny". For 6 years we have provided care to many Steiner and non-Steiner families and

continue to improve our methods from year to year. Our 'home' is beautiful and Michaela and I strive for our days to be calm, rhythmical and life-enhancing.

Call Vicki Kearney after 3 pm 3289 3602

## Looking for an Eco-Friendly Kitchen Renovation for 2018?

As a family within the Steiner Community, the team at Easy Living Kitchens would love to design and deliver a stunning New and Eco-Friendly Kitchen you'll be Guaranteed to Love.

Locally manufactured from local suppliers where available, with a commitment to ecofriendly and sustainable processes with a minimum negative impact on the environment using high levels of recyclables. Manufacturers that manage waste responsibly through numerous recycling programs including aluminum and metals, used oils and timber waste recycled back into energy. Easy Living Kitchens offer a great range of eco-friendly styles, finishes and functional solutions for any type of kitchen you can imagine or need.

To Book your Free Kitchen Design Consultation and have your kitchen renovation planning underway for 2018, contact us at <a href="http://www.EasyLivingKitchens.com.au">http://www.EasyLivingKitchens.com.au</a> or Call Us on 1300 650 681. Don't forget to mention "Steiner" to claim your Special Bonus as our way of saying Thank You...
Samantha (Class 3 parent)
Easy Living Kitchens

## Soma Therapies: Acupuncture, Myotherapy and Bodywork at the Lifestyle Centre

225 Mount Glorious Road, Samford Valley
Dave: 0415 731 400 Briony: 0466 968 508
Online bookings: somatherapies.com.au

Discount for Steiner Families
We opened the Samford Valley branch of our
West End clinic when Pasco started in the
Lillipilli class - the tranquil surrounds are a
welcome contrast to the busy inner city! We are
available during school hours on alternate days
and are also happy to arrange later times when
needed.

Dave is a Myotherapist (aka Musculoskeletal Therapy), and an advanced Shiatsu and Remedial Massage therapist. He helps people with persistent pain through integrating new and ancient eastern approaches. His sessions may include bodywork and massage, movement therapy, pain education, strength training and mindfulness.

Briony offers a gentle Japanese approach to Acupuncture and Moxabustion. She also has needle-free options for kids and sensitive adults. Her holistic approach draws on experience in naturopathy, herbs, nutrition and other body therapies to create a relaxing, personalised treatment.

Our treatment space is also available for rent please contact one of us for more info.

## Giving & Receiving Goddess Sharing Circle – This Saturday 18 Nov, 6.30-9.30pm

Sitting in a nurturing goddess circle in a yurt in picturesque Wights Mountain, Samford - connection, sharing and pampering. Yes Please!!

I'd love you to join me this Saturday night, 18
November. Come along by yourself or with a friend. We will be exploring our relationship with giving and receiving and also will experience a yummy mini Spring pamper session! All natural products will be provided. Babes in arms welcome too. The numbers are limited to 10 women but there are still spaces available. I hope to see you there!

\$17.50 per goddess. Tickets available online <a href="https://www.humanitix.com/event/giving-receiving-goddess-sharing-circle/">https://www.humanitix.com/event/giving-receiving-goddess-sharing-circle/</a>

Danielle McIsaac xx Woman Dreaming Holistic Nurturing -(Mum to Aidan grade 8 & Soraya grade 5) 0466843344