

NEWSLETTER

SUMMER ADVENT MARKETS

**This Saturday 25th November 2pm – 6pm
at the Amphitheatre, Samford Valley Steiner School**



The annual Summer Advent Markets are on again! Join us for a wide range of local artisan market stalls, children's activities (candle making, paper stars, storytelling etc.), live music, delicious food and drink ... and more!

Here are just some of the wonderful items you will find at the Market stalls on Saturday:

- ❖ A beautiful range of handmade wooden decorations from the Black Forest in Germany
- ❖ Handmade leather moccasins in a large range of designs for little ones
- ❖ Gorgeous collection of unique, pure cotton sleepwear
- ❖ Colourful tie-dyed clothes
- ❖ Handmade Christmas decorations
- ❖ Stationery and unique, hand-crafted silk scarves
- ❖ Steiner inspired toys
- ❖ Rainbow unicorns
- ❖ Baskets, plant dyed silks and linens, clay paint palettes, plants and more!

Would you like a window of time to browse the markets solo, or buy gifts for your children? Our beautiful Eurythmy room will host activities for children (hula-hoop etc.) from 3-3.30pm and from 4-5pm. Spaces are limited, so be sure to book your ticket when you arrive!

PAFA Team



Dates to Remember

Saturday 25 November

Summer Advent Markets
2-6 pm

Friday 1 December

Primary School Assembly
Farewell to Class 7
Upper Strings Ensemble

Thursday 7 December

Year 12 Graduation

Friday 8 December

Term 4 ends

CAN YOU HELP WITH THESE REQUESTS?

ANY LUTHIERS OUT THERE?

Hello All,

My name is Dominik, from Class 11, and I am currently looking for a mentor who is a luthier (instrument maker) who is willing to meet weekly or fortnightly to instruct or help guide me in the right direction in building an electric bass guitar. If you're willing, please contact the school to notify me or if you're willing to meet immediately, my email is domhaala@hotmail.com.

Cheers, Dom

CALL OUT FOR PRE-LOVED DRESS-UPS

Do you have any Steiner-inspired dress-ups that don't get much attention anymore? The Kindy children would love them! Capes, crowns, costumes in good condition will be very joyfully accepted. Please contact Kelly on 0411485156, or just drop them into the office over the next week or so. Thank you!

YEAR 12 PRODUCTION

RUBY MOON

By Matt Cameron

Tues 5th & Wed 6th Dec 1pm & 6pm on both days
\$5 at the door for night-time performances

Come and meet the strange and kooky characters of Flaming Tree Grove...

Little Ruby Moon has been sent to Grandma's house, but she never arrives...in this Australian Gothic style play, Ruby's parents, Ray and Silvie Moon, question each of their eccentric neighbours, but they start to uncover much more than they bargained for. This is a rich, multi-layered production, full of dark humour and classic Australian undertones reminiscent of "Picnic at Hanging Rock". We hope you will come and join us for Class 12s final production.

SCENES FROM THE CLASS 6 PLAY 'ELEANOR OF AQUITAINE'



WHAT A WONDERFUL ARTS CELEBRATION!

Many of you would have been fortunate enough to join us for our High School Celebration of the Arts in the hall last Friday night. This involved displays of artwork from all year groups in the High School, as well as a selection of student work in Music and Drama.

A mini art gallery was set up in the middle of the space, inviting the community to view incredibly skilled examples of portraiture, etchings and landscapes as well as a selection of creatively displayed folios, showing the processes many of our students go through to reach a final work of art. Some stunning hand-spun and dyed wool was displayed, some of it woven into beautiful scarves and other artistic pieces. Performances began with our newly formed Chamber ensemble, which was meant as 'background music', but was so stunning, it stopped people in their tracks! A selection of various ensembles, including the string ensemble, guitar ensemble, Class 8 rock band, Samford Ska Orchestra and Grind City entertained us throughout the evening, interspersed with Commedia performance and Theatresports demonstrations. The finale had the whole audience up and dancing as the Double A Sides, made up of students, staff and parents, threw some high energy dance tunes our way to finish off a fantastic night.

A huge thank you to all the wonderful staff involved and their continuous passion and energy for the Arts. And of course, congratulations to all our High School students for their hard work and willingness to share their work.

Michelle Carey
Creative Arts Co-ordinator



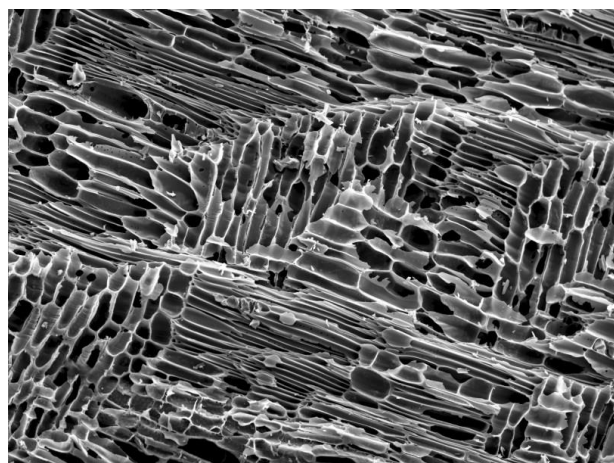


There are many supplements that we can add to our garden's soil such as compost and mineral supplements in addition to the Bio Dynamic preparations. One additive that has lately become quite fashionable, but that has also been used by the ancients, is charcoal.

You may have heard me mention the use of charcoal in the garden before and we are lucky here in the school that we have quite a supply. As part of our blacksmithing programme in the school, we make quite a bit of charcoal ourselves. This involves burning wood, or at least getting it up to a nice high temperature and then sealing the fire, depriving it of oxygen. This incomplete combustion, known as pyrolysis, provides us with an effective, clean and renewable fuel to use in our forges. Because the pieces need to be of a suitable size, we sieve the charcoal before use it and are consequently left with quite a few "fines" and ash that are wonderful for the garden. But why are they so valuable?

There are many reasons why charcoal is so useful in the garden, the foremost being its actual physical structure. When wood is charred, the volatile oils are burnt out of its carbon "skeleton". If you look closely at charcoal, you will find that the piece is made up of what appears to be innumerable little pockets or bubbles. These are the cell walls that have had all of the volatile oils and resins evaporated out of them. It is because of all of these hollows that charcoal is so light. These little hollows are wonderful places to fill up with water, or other nutrient rich fluids; or an assortment of helpful bacteria; plant roots; or even simply to provide a space for air.

Terra Preta, literally "black soil", is a substance that has been found in the Amazon basin that was made by ancient peoples which apparently allowed them to sustain a large population in the otherwise infertile soils there. It is thought that they created large windrows of felled timber, which they burnt and then covered before combustion was complete, unlike the current Amazonian slash and burn practices. This process allowed massive amounts of charcoal to be turned into the ground by worm activity over the years. These ancient seams of extremely rich soil in the forest are even being mined today and sold for a pretty penny to farmers and gardeners as a fertiliser.



The sponge like image of charcoal under a microscope

Taking carbon out of the air and sequestering it in the ground in this modern day has become a concern. When we use compost we are locking the carbon from plants up as humus, but eventually through the inexorable process of decomposition, this carbon is returned to the atmosphere as methane. However, if the carbon from plants is turned to charcoal, it becomes an inert substance and remains in the soil indefinitely. A much easier, more natural, energy efficient and useful way of sequestering than scrubbing CO₂ from the atmosphere, compressing to dry ice and burying it under the oceans!

You may have noticed that I haven't been using the term bio-char in this article. I believe that something so simple, natural and ancient need not be commoditised and "expertised". Anyone can use charcoal in their garden. The use of charcoal and its activation into bio-char need to be no more complex than composting it with everything else or putting it straight into the soil and waiting for nature to colonise it with the right bacteria just as the ancient Meso- Americans did.

Until next week...

Dave Rule

A PASSIONATE SCHOOLING 46

We move on to explore further the theme of truth.

We can sometimes observe how un-truth can undermine the connection with a healthy sense of self and results in the creation of a substitute self - with the dangers it brings - in children on whom unreasonable demands are made (to be someone they are not) or are asked to do inappropriate things, for example, at the extreme, meeting the sexual needs of others.

Where children are not recognised for who they really are, where there is a lack of validation of their own experience (or truth) or where they are surrounded by a complicated web of untruths, the child's still fragile sense of self may be doubted by the child and a new 'more acceptable' substitute self may be created by him or her, often out of adult expectations and lies, and out of the inner necessity to resolve inner conflicts (like guilt and shame). This can be the way that the child survives in hostile circumstances and tries to ease their pain and confusion.

Studies have shown that when a young person has even one experience of feeling really 'recognised' in their inmost self, that the memory of the person who gave them that recognition is what can stop them from carrying through with self-destructive behaviour. The experience of growing up without recognition of the real or true self can occur within the entire range of socio-economic conditions, including amongst successful young people from privileged backgrounds, not just those in very difficult circumstances. The link to the true self can be eclipsed by very high expectations of achievement (academic, sporting, moral, artistic et cetera), sometimes driven by the young people themselves and/or by parents and other adults, who may have the best of intentions. When this happens the true capacities and to nature of the real self are denied and replaced by an unachievable substitute for idealized self. If the gap between what the person really is and what he or she is striving to be appears insurmountable, the young person can, in despair resort to self-destructive behaviour, including suicide (the third highest cause of death in adolescents.)

When adults continually 'look over' or 'past' a child in the busyness and stress of life, the child is denied affirmation of itself. However, an acknowledgement of each child's spirit throughout childhood will give strength to the child inwardly.

Next time we continue with this theme.

Compiled by Tricia Scott from "A Passionate Schooling" by Dr. Alduino Mazzone in collaboration with Susan Laing (Now available from bookshops online and worldwide and from The Treehouse bookshop

ADVENT MARKETS - PARKING REMINDER

Parents must adhere to the parking requirements at the School. These requirements are part of our conditions for operating as a school and any breaches reflect negatively on the school. In addition, the School is respectful of our neighbours and wishes to develop and retain positive relationships with them – parents and visitors adhering to the parking requirements will assist us to do that. Both the Council and the Police may attend the School at any time and will issue fines for people who have parked illegally. The following parking rules apply:

Parking within designated carpark as a first option (i.e. Primary School carpark and High School carpark).

- ❖ Park on the street next to the curb, do not park on the grass.
- ❖ Obey all no-parking signs. Do not park on Narrawa Drive prior to the Library – parking on the street commences at the Hub on the way to the High School on the school side ONLY.

Please also be mindful of the following:

- ❖ Do not block residents' or school driveways under any circumstances. Use the cul-de-sac in Atanie Court for turning, rather than turning around in residents' driveways.
- ❖ Do not double-park.
- ❖ Do not park in the marked Bus or Drop off Areas.
- ❖ Obey the 40km per hour signs.

CRAFT NEWS

Another wonderful craft morning under the Hub where plenty of us gathered to continue making our Summer Maiden. I just love how everyone puts their own little piece of themselves into their creation despite all of the kits being the same materials. I love the community that we are, the nurturing we give each other, the conversations that flow and the support and friendship that is shared. It's always a lovely morning regardless of what we make.

Next week we have a Christmas Angel. We did have this kit last year but everyone was so engrossed in the finishing touches to their advent mats that not many people made her. She is a gorgeous small standing doll; the heads have been made easier this year with a pre-felted ball being supplied, so all you need to do is cover it with the skin fabric. You could stand her on your nature table or put some thread through the top of her head and hang her on your Christmas tree.

Kits will be \$12 and this includes all materials.

If you don't wish to make the Christmas Angel please feel free to craft whatever you like; you may have an unfinished project you need help with or just want to finish off, so please bring it along, don't let it sit in your linen cupboard not be enjoyed.

Hope to see you at the Hub.

Warmly Tracey



Vacation Care December 2017/January 2018

Bookings are now open for Vacation care. Please see the booking form and program in the email body.

Kylie Turner, OSHC Co ordinator

Ph: (07) 34309614

Email: oshc@samfordsteiner.qld.edu.au

Employment Vacancies

Part-time High School Classroom Music and Singing Teacher

Samford Valley Steiner School (SVSS) is seeking applications for a part-time classroom music and singing teacher. For further information, please contact Pep Wright via email pwright@samfordsteiner.qld.edu.au.

Closing Date: Friday 1st December 2017

The role description and information about the application process can be found on the school's website:

<http://www.samfordsteiner.qld.edu.au/employment-opportunities/>

School Contact Information

Phone:

3430 9600

Email:

info@samfordsteiner.qld.edu.au

Facebook:

www.facebook.com/Samford-Valley-Steiner-School-106275046117815/?ref=hl

Website:

www.samfordsteiner.qld.edu.au

Address:

5 Narrawa Drive
Wights Mountain QLD 4520

CRICOS Registration:

RSEGB T/A Samford Valley Steiner School **CRICOS 03326J**



CLASSIFIEDS

Please note: All Classified Advertisements are submitted by individuals for the community benefit. They do not in any way express the views, opinions, endorsement or policy of the school and should not be relied upon as such.

There is a flat \$5 charge for each advertisement and payment is required prior to inclusion.

Northside Fitness News!

Two reasons to join us at Team NF!

SATURDAY CIRCUIT AT CAGED FITNESS

Caged Fitness is an awesome outdoor gym - 408 Mt Glorious Road (approx. 4km out of Samford towards Mt Glorious on right hand side).

We are now there every 1st and 3rd Saturday, 7.15am. Includes rope climbs, cargo nets and monkey bars. Post workout coffee/ refreshments at The Shack!

Suitable for ALL FITNESS levels

YOGA WITH KIRSTY

We are delighted to share that as well as the existing cardio, boxing and strength classes, you can now stretch, strengthen and relax twice a week, in what have already become very popular classes.

Mon 9am – start your week with clarity and intention

Wed 6.30pm – the perfect mid-week wind down with relaxing postures, breathing and meditation (good sleep guaranteed!)

"Kirsty has created a class that offers a very gentle way to ease yourself into the practice of Yoga but also allows you to push yourself a little further if desired. I have been to both evening and daytime class and have enjoyed both - daytime to wind you up to begin your week & night time for calming the mind after a busy day. I would highly recommend these sessions especially in the hurried world we live in today, so come along you'll be so glad you did!"
Michele

For bookings and questions, contact Nick at nick@northsidefitness.com.au or 0434990572.

You can also book into both classes via the MINDBODY APP – just search for Northside Fitness - we look forward to welcoming you along!

Creative arts therapy: Sessions & Courses for Adults and Children

Creative arts therapy creates a space, where a difficult challenge or condition in the soul can be brought and explored in a gentle way. Using a range of artistic activities and arts practises, sand play, painting, drawing and form drawing, clay modelling, writing and conversation, an unravelling begins. This may happen over a series of sessions with both guided and more open activities. Art making generates inner warmth and nourishment, helping to restore balance where astrality presses too deeply on the soul. Reflective opportunities help to assist understanding, ultimately strengthening one's resolve to move forward by oneself.

This therapy is also most suitable for children. With the assistance and involvement of the parent/parents a series of sessions is structured to meet the child's needs. Drawing upon Rudolf Steiner's fourfold view of the human being a way is sought to support and lighten the unfolding challenges that have become a hindrance for the child. A therapeutic story or artistic reflection is offered to the child as a completion of the series of sessions.

Kate has had a background of many years working in the creative field, as a crafts and handwork teacher in the Steiner Schools system and is a qualified Creative Arts Therapist.MA (CreativeArtTherapies), Grad DipArt Therapy & Couns. MIECAT. Member ACA
Kate Sharp Mb: 0401884205
E: sharpcatherine1@gmail.com
www.katesharpартtherapy.com

Steiner Childcare - Rose Blossom children - Camp Mountain

Spaces available for children aged 2 - 5 years for 2018. "Providing the most favourable conditions allows the child to educate her/himself from the perspective of her/his own destiny". For 6 years we have provided care to many Steiner and non-Steiner families and

continue to improve our methods from year to year. Our 'home' is beautiful and Michaela and I strive for our days to be calm, rhythmical and life-enhancing.

Call Vicki Kearney after 3 pm 3289 3602

Looking for an Eco-Friendly Kitchen Renovation for 2018?

As a family within the Steiner Community, the team at Easy Living Kitchens would love to design and deliver a stunning New and Eco-Friendly Kitchen you'll be Guaranteed to Love.

Locally manufactured from local suppliers where available, with a commitment to eco-friendly and sustainable processes with a minimum negative impact on the environment using high levels of recyclables. Manufacturers that manage waste responsibly through numerous recycling programs including aluminum and metals, used oils and timber waste recycled back into energy. Easy Living Kitchens offer a great range of eco-friendly styles, finishes and functional solutions for any type of kitchen you can imagine or need.

To Book your Free Kitchen Design Consultation and have your kitchen renovation planning underway for 2018, contact us at <http://www.EasyLivingKitchens.com.au> or Call Us on 1300 650 681. Don't forget to mention "Steiner" to claim your Special Bonus as our way of saying Thank You...

Samantha (Class 3 parent) Easy Living Kitchens

Summer Jam

Kerry Beaumont (SVSS Eurhythmy Pianist, www.kerrybeaumont.com.au) is running a Holiday workshop for young keyboard players of all levels: December 11-13 or December 13-15

- play in a Keyboard Band - maximum 4 members
- sing with the band
- learn more about chords and how to use them in Pop Music
- play team music games
- minimum one year's playing experience required (no need to be able to read well)

For more information, please contact Kerry: 0400999622, kerry@kerrybeaumont.com.au

Bushcraft 101

Saturday 2nd December, 0900-1600

Over 18's only

Northey St City Farm, Windsor

\$100 (\$80 with healthcare card)

Finally, a program for the adults!

What is bushcraft? It's a term gaining traction at the moment, but what exactly is it? Is it nature awareness, is it survival techniques, is it conservation? The truth is, it is all of these...and more. In this one-day course, we will discuss the philosophy behind bushcraft, it's similarities and differences around the world, how it relates to (but not to be confused with) tribal cultures and how it can help improve your health and outlook on life. Bushcraft is not purely for use when in the wilderness, but can be applied to many aspects of modern life, practically, emotionally and spiritually.

It won't be all theory though, there will be opportunity to build shelters, learn to light fires with flint and steel, plus some nature awareness exercises including the incredibly simple yet powerful Sit Spot and a short introduction to bird language. True bushcraft needs to be practiced often, this short introduction aims to whet your appetite and open the doors to understand bushcraft and hopefully set yourself on your own journey into the wild.

To book, visit our eventbrite page...

<https://www.eventbrite.com.au/e/bushcraft-101-with-andy-currey-tickets-37717606376?aff=efbeventix#tickets>

or call/email Andy on 0450 287

739 andycurrey7@gmail.com

For Sale

Animato Acro ¼ size violin. Good condition. Full re-string 12 months ago and has had little use since re-string as my child then moved up in size.

Comes with 2 x ¼ size bows and Animato hard violin case. \$250. Call Judy on 0432 330 125.

Last Abseiling/Rock Climbing Sessions of 2017!

Saturday 16th December
Baden Powell Park, Samford
Morning session 0800-1200
Afternoon Session 1300-1700
\$50 per person

Special Offer for school families...use the discount code STEINER to get 20% off!

Looking to challenge yourself?! Join us for our last abseiling session of 2017 at one of our climbing and abseiling sessions ran at Baden Powell Park Scout campsite, Samford. We are available to any age group and have had kids as young as 6 complete the abseil, and adults enjoy themselves immensely alongside them! We generally find that 8 year olds and above tend to be the most comfortable, but if you're keen we'll help anyone as best we can to complete both the climbs and the 10m abseil as well!

With no prior experience necessary we build your skills and confidence throughout the session so you can have an enjoyable and rewarding adventure!

To book visit our eventbrite page...

<https://www.eventbrite.com.au/e/abseiling-and-climbing-adventures-tickets-39161471014>

or call/email Andy on 0450 287 739
andycurrey7@gmail.com

Rolka Creative Building Blocks have been locally made for more than twenty years and are a great alternative to electronic devices. Boys and girls of all ages (adults too) will love creating all sorts of wonderful structures while developing fine motor skills, hand-eye coordination, patience, imagination, interactive play and co-operation. The wooden blocks are educational, environmentally friendly, virtually unbreakable, no glue or attachments and have magical dimensions. Rolka are available in sets of 50, 100 or 150 and come in a calico bag with a fully illustrated Ideas Booklet. Call Richard on 3289 4505. www.rolka.net.au

Homeopathic consults

Cyena is a new mum at SVSS this year (daughter, Sage, is in StarGold) and is a Homeopath with over 8 years experience in practice. She works with families who prefer to use natural medicines to help with a wide range of ailments. Homeopathic medicine is completely non-toxic and acts gently, allowing children's bodies to recover without strain on their immune system. Homeopathy is holistic, taking into account the physical, mental and emotional aspects of the child's experience. Cyena practices classical homeopathy in conjunction with a naturopathic approach to health. Cyena offers consultations by phone, at her home clinic in Gaythorne or at the SOMA room in the Lifestyle Centre on Mt Glorious Road by appointment. Available for consultation throughout the Christmas break. Call Cyena on 0418792827.

Therapeutic Eurythmy

THERAPEUTIC EURYTHMY is a highly effective "exercise" therapy a holistic approach.

THERAPEUTIC EURYTHMY works in a specific manner deeply into the human body functions; strengthening and regulating powers of regeneration.

The individually developed plan is progressed in a series of one to one weekly sessions, at weekly intervals for adults.

THERAPEUTIC EURYTHMY is effective in various illness conditions and for children with learning and/or development hindrances.

THERAPEUTIC EURYTHMY was developed by Rudolf Steiner out of the Anthroposophical background to bring a new way of healing to the human being.

For enquiries or to make a booking contact:
Karen Foster, Diploma of Therapeutic Eurythmy
Phone: 0423620069
www.livingmovementnaturaltherapy.com.au