

# National Arts Conference 1-4 July 2018

Exploring the mission of the arts for human development



## **OVERVIEW**

The keynote lectures will be presented by Iris Sullivan and will cover the role of colour and the arts in human and soul development. In these lectures Iris will explore the question "why art?" from an anthroposophical perspective.

Over the three days, Iris will unfold themes including:

- Colour as a metamorphic development path;
- The science, art and religion of colour;
- The Steiner curriculum and consciousness in colour sequence;
- Rhythmical, sequential, metamorphic development and their repetition;
- How warmth, light, relationship and consciousness are expressed in physical/organic and soul development;
- Karmic necessity and freedom and why the karmic picture of development is the essential Steiner principle;
- Sensory development and life processes; movement and metamorphoses as a path that leads from fixed to etheric/living thinking.

#### The conference includes workshops in several artistic disciplines including music,

eurythmy, visual art, sculptural art, speech and practical arts/handwork.

#### Venue

Samford Valley Steiner School is situated on 20 acres of forested land in the beautiful, rural setting of Samford Valley, only 35 minutes from the Brisbane CBD. Address is 5 Narrawa Drive, Wights Mountain, QLD 4520.

#### Transport

Trains run to Ferny Grove Station, which is the closest station to Samford Valley Steiner School. Participants need to arrange their own transport to the school.

#### Enquiries

For all enquiries please contact Joan Weir, Marketing & Communications, Samford Valley Steiner School jweir@samfordsteiner.qld.edu.au or 07 3430 9600.

# THE PROGRAMME

Time	Sunday 1 <sup>st</sup>	Monday 2 <sup>nd</sup>	Tuesday 3rd	Wednesday 4 <sup>th</sup>
8 – 8.30am			Singing (Hall)	
8.30 – 10.30am		<b>Key Note Lecture</b> (Hall) Iris Sullivan		
			Morning Tea	
11am – 1pm			Morning Worksh	ops
			Lunch	
2 – 4pm		Afternoon Workshops		
			Afternoon teo	c
4.30 – 5.30pm	<b>Registration</b> (Hall)		Initiative Spac	e
6 - 8pm	Evening Performance (Hall)			

### **WORKSHOPS**

There are six workshops on offer: Visual Arts, Sculpture, Eurythmy, Speech, Music and Handwork.



You are able to attend two workshops in total – one in the morning and one in the afternoon (except for the Visual Arts workshop that will run in the morning and afternoon).

Each workshop will run over the 3 days, in either the morning or the afternoon. Please indicate your workshop preferences on the registration form.

The allocation of the workshops (including whether in the morning or afternoon) will be determined after we have collated the registration forms. You will be advised of your workshop allocations before the start of the Conference.

# **INTRODUCING THE KEYNOTE PRESENTER**

### Iris Sullivan



Born in Brisbane, Australia, I had great affinity to the warm air and water, which surrounded me. I longed to understand more of my relationship to the world and sought help through religious texts when I was 13. I found Rudolf Steiner when I was 15 and knew he was my eternal teacher. I travelled Palestine and Europe when I was 17 and found organized Anthroposophical work when I was in Edinburgh. I then Attended Emerson College where my journey with colour began in earnest.

I painted with Anne Stockton, then came to the United States, and finished my schooling in Psychology and art. I attended Rudolf Steiner College to complete a Waldorf teaching credential and painted for a year and a half until I gave birth to my third child.

Later I continued my education in Holland undertaking a four-

year journey studying the work of Liane Collot and completing a diploma in Art Therapy from Emerald Foundation. I continued my formal education to complete a Masters in Art Therapy. All this time I was teaching courses at Rudolf Steiner College on colour, light and darkness, Parzifal, biography, and art therapy. I also developed my artistic approach incorporating the laws of Light and Darkness and therapy into my artistic colour work.

I raised four children who all attended the Waldorf School, and more recently, I have been teaching in Waldorf high school and developing the arts curriculum to be as healing as possible. I have been teaching adolescents for the past 8 years in addition to travelling to New Zealand, Hawaii, Taiwan and the Philippines to teach about the understanding of how colour heals and works in the human organism, the Waldorf curriculum in relation to colour, and self-development classes on biography, fairy tales and colour.



"The starting point for a new life of art can come only by direct stimulation from the spiritual world. We must become artists, not by developing symbolism or allegory, but by rising, through spiritual knowledge, more and more into the spiritual world." *Rudolf Steiner* 



# **INTRODUCING THE WORKSHOPS**

# **Workshop 1** The Development of colour in relation to the unfolding soul and curriculum – with Iris Sullivan

In this workshop, Iris will take participants on a journey through the sequential development of colour as it relates to the unfolding soul and the curriculum. Seven colours will be explored in detail; three that lie before the light (related to the lower grades), the light (related to fifth grade), and the three colours behind the light (related to Classes 6, 7 and 8). This workshop will provide a wonderful practical expression and working of the content of the keynote presentations.

Note: This will be a series of 6 workshops, running during both the workshop A and B time slots. Participants choosing this workshop will **not** choose a second workshop.

#### Iris Sullivan

"Art is the movement between. Art is the new element, created in the moment between the future and the past. Our lives are meaningless without art to enliven and help find meaning in the moment. May this art inspire you to bring more art into your lives."

# **Workshop 2** Finding artistic form in clay by following a developmental impulse – with Tania Hungerford

Clay has a powerfully regenerating effect on human life forces. Working with clay strengthens our will. It is a creative, formative, forgiving and therapeutic material full of potential to not only give us joy, but to take us to our limits. It teaches us about ourselves and provides an experience, which can deepen our understanding of life and anthroposophy.

During this conference, we will begin by creating a simple seed like form, which we will develop, transform and complete in stages.



#### **Tania Hungerford**

Tania grew up in Germany where she was a student of the Waldorf School in Tubingen. She later moved to Australia, where she met her future husband and undertook training/work as a ceramic artist for 9 years. She studied Teacher Training at the Melbourne Rudolf Steiner Seminar and sculpture at Aurora Australis. A further sculptural study year in Heidenheim/Germany, biography training, a BA in SS/Counselling, a Grad Dip in Arts and a Masters in Art Therapy followed. Tania is a mother of two children.

For the past 22 years, Tania has been teaching in adult education at the Melbourne Rudolf Steiner Seminar. She is interested in the therapeutic/social aspects of education and the arts, in curriculum activities and in selfdevelopment work. Tania has facilitated workshops on many occasions to many different interest groups both nationally and internationally.

# **Workshop 3** Through Eurythmy experience movement and metamorphosis as a path leading from fixed to etheric/living thinking – with Jan Baker-Finch

We will take this thread of Iris Sullivan's theme and explore it through movement, working with patterns (forms) - both organic and geometric, poetry, and the evolution of the eurythmy gestures for the sounds of speech.

Prior experience is not necessary.



#### **Jan Baker-Finch**

After completing a languages degree, New Zealand born Jan Baker-Finch studied Eurythmy in Stuttgart and has been performing and teaching ever since and in more than a dozen countries. Since 1991, she has lived in Brisbane, working as eurythmy teacher at the Samford Valley Steiner School and beyond. Over the years, Jan has initiated a variety of performance projects with children and young people. As a performer, she collaborates with an eclectic Brisbane artist collective.

#### Workshop 4 Seek me in Gesture, Find me in Spoken Word – with Ron Caisley

Speech arises from gesture. We will strive to evolve gesture into living speech, breathing in the sounds and images and winging them onto the air. Each consonant and vowel has its own personality. We will meet them and let them help us to interpret poetry and prose with the aid of rhythm and imagination. Drawing from Rudolf Steiner's indications, we will activate the speech organs, work creatively and explore ways to develop children's speech.



#### Ron Caisley

I have been involved in Steiner education and speech work since 1979, when I began a 15year period working with my speech teacher. During this time, I have co-founded two schools, done class teaching for 35 years and taught adults and children speech and drama.

Performing in many anthroposophically based plays as well as writing plays for children and adults has been fulfilling. I conduct speech and drama workshops for teachers.

### Workshop 5 Music - Thinking about Feeling and Willing – with Eve Duncan

In this workshop, we will both sing and explore aspects of music that have a relation to Steiner's discussion of the development of humanity. Hopefully we can respond to the content of the keynote speech.

No music background is necessary.



#### **Eve Duncan**

Eve worked for thirty years at the Melbourne Rudolf Steiner School as music coordinator, instrumental, choral and classroom music teacher. Last year she received a doctorate composing an opera with a libretto given to her by David Malouf.

Eve was commissioned by the Rudolf Steiner Archive and Estate to respond to Steiner's work for the National Gallery of Victoria's exhibition of the blackboard drawings of Joseph Beuys & Rudolf Steiner.

# **Workshop 6** An experience and discussion of colour and gesture in handwork – with Margaret Skerry

Making a simple knitted doll or bear. Over the 3 sessions we will craft a little personality using your own choice of colours to express soul qualities. Hopefully we will discover the joy of working with our hands and the possibilities of handwork in education at any age. Plain knitting skills would be helpful but I can teach or refresh knitting for some, depending on group numbers. Please bring 6mm bamboo knitting needles and a bag for craft.



#### **Margaret Skerry**

Margaret has worked in Steiner Education since 1976.

She taught handwork for 12 years, did class teaching and then support education for 15 years. While teaching handwork to the trainees at MRSS, in 1993 she established a year-long Craft Curriculum Course which has been presented since then at Sophia Mundi and several other Victorian schools.

Margaret has a love of colour in art, craft and nature and recognizes the healing it can bring in individual and group developmental work.

### NATIONAL ARTS CONFERENCE 1-4 JULY 2018 REGISTRATION FORM

Name	
Position/Organisation	
Email	
Contact Phone	

<b>Registration Fee</b>	Early Bird (before 15 May)	Standard Fee (after 15 May)	
Conference Only	Early Bird Fee \$350 🗆	Conference Fee \$390 🗆	
Conference and Camping *	Early Bird Fee & camping \$410 □	Conference Fee & Camping \$450 🗆	
Workshop Preferences	Please list <b>4 workshops</b> in order of your preference: 1 <sup>st</sup> choice: 2 <sup>nd</sup> choice: 3 <sup>rd</sup> choice: 4 <sup>th</sup> choice:		

- Camping is available for 3 nights i.e. Sunday, Monday and Tuesday nights. Camping is in classrooms; please bring your own bedding
- Meals: Fee includes morning and afternoon teas and lunch. Participants are responsible for their own breakfast and dinner.

#### PAYMENT

Please pay by direct deposit to:

Samford Valley Steiner School BSB: 084 209 Account: 53 862 0260 Reference: [Your Name] ArtsConf2018

#### Please email your registration form to jweir@samfordsteiner.qld.edu.au or post to

Samford Valley Steiner School, 5 Narrawa Drive, Wights Mountain, QLD 4520. Registrations must be accompanied by payment.

#### CANCELLATION POLICY

Conference registration may be cancelled, less a \$50 handling fee, up to ten (10) business days prior to the activity in writing (emails will be accepted) with participants receiving a full refund less \$50. A refund will only be provided if written notice is provided to <a href="mailto:jweir@samfordsteiner.qld.edu.au">jweir@samfordsteiner.qld.edu.au</a>.

Registrations cancelled less than ten (10) business days prior to the commencement of the conference will not be refunded. To have a substitute attend in your place please notify us at <u>jweir@samfordsteiner.qld.edu.au</u> prior to the commencement of the event.

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